



01 | 2021

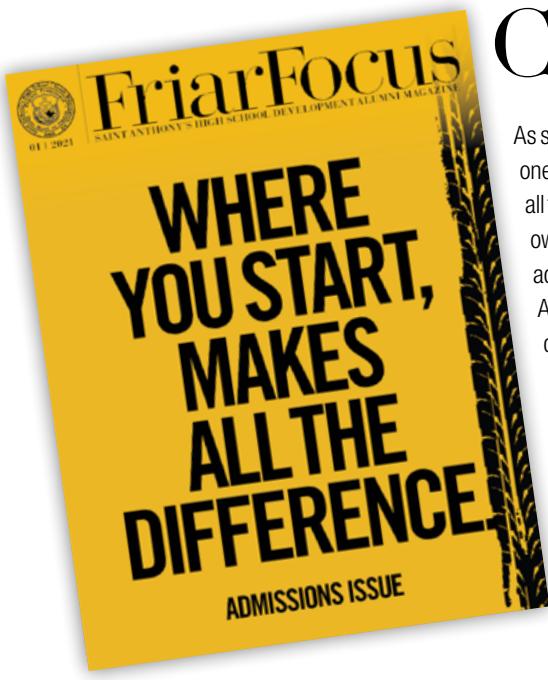
# FriarFOCUS

SAINT ANTHONY'S HIGH SCHOOL DEVELOPMENT ALUMNI MAGAZINE

WHERE  
YOU START,  
MAKES  
ALL THE  
DIFFERENCE.

ADMISSIONS ISSUE





# Cover Story

As students create their own path in life, where one begins their high school education makes all the difference. Preparing them to make their own choices and embrace the unknown to advance their understanding of the world. As through overcoming these challenges does one achieve greater insight, new knowledge and maturity. Ultimately creating their own trail and becoming thought leaders.

## Dates to Remember

**January 15 & 16, 2021** – Winter Art Show

**March 5, 2021** – Junior Ring Day

**March 18, 2021** – Mother's Guild Annual Fashion Show

**March 20, 2021** – Principal's Dinner

**March 25 – 27, 2021** – Spring Musical

**April 17, 2021** – Father's Guild Father/Daughter Mass & Dance

**April 23 & 24, 2021** – Spring Concert

**April 30 & May 1, 2021** – 49th Annual Saint Anthony's Track & Field Invitational

**May 3, 2021** – Saint Anthony's 37th Annual Golf Classic

**June 4, 2021** – Graduation Mass

**June 5, 2021** – Commencement Exercises

**June 13, 2021** – Feast of Saint Anthony

**June 15, 2021** – Saint Anthony's Hall of Fame Dinner (Athletics)

## Administration

**Brother David Anthony Migliorino, O.S.F.  
Principal**

**Mr. Paul Washington  
Dean of Faculty  
Director of Studies**

**Brother Joshua DiMauro, O.S.F.  
Assistant Principal  
Dean of Student Activities  
Prefect of Discipline for Freshmen**

**Mr. Robert Arrigo  
Assistant Principal  
Dean of Men**

**Dr. Christina D. Buehler '90  
Assistant Principal  
Dean of Women**

## Friar Focus Publication Team

**Mr. Don A. Corrao  
Director of Development**

**Ms. Denise Creighton  
Director of Alumni Relations**

**Mrs. Anne McShane  
Assistant to the Principal**

**Mr. Ray O'Connor '70  
Ray O'Connor Photography  
Contributing Photographer**

**Lucido+Koulian+Schmitt  
Design and Production**

## 2020 – 2021 Board of Trustees

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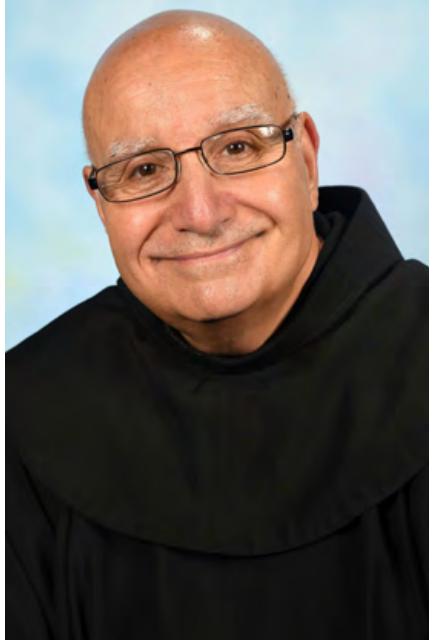
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# A Message from the Principal

Dear Families, Alumni, Friends, Students but most of all, the Class of 2025,

It is just wonderful to Welcome all of you to another edition of our FRIAR FOCUS. I am so happy to greet each of you especially during these most unusual times in our history. The entire world has been a bit shaken by the pandemic and all of us have realized the Importance of FAMILY in our Lives. It is now a time that each of us needs to concentrate on what really matters to all of us and that the root of all of this is God and the Family.

Here at Saint Anthony's High School, I am most proud to say that we have been rooted in those two very principles and we have put them into practice from the moment that we were told to shut our doors back in March of 2020.

Two days after we were told to shut our doors, the faculty and staff went into action and we were able to offer distance learning immediately. Saint Anthony's set the benchmark for so many schools. We were able to hold so many successful alternate graduation plans and ended the year with many successful stories.

Our reopening plans were received ever so well by all and we opened back up in September with safety protocols, 2500 iPads for all, in person instruction, extensive professional development for the faculty and a New Innovation center that is just off the charts. With all of that going on, we were able to offer tuition assistance to so many thanks to the generosity afforded us with our Padre Pio Fund.

Building on our success we welcomed over 560 new freshmen and 92 transfer students, we continued with our International program thanks to the willingness of our faculty who have gone above and beyond the call of duty. I am pleased to say that many of our hallmark events, Retreats, Homecoming, Pep Rally, Dress Down Days, Food Drives, Athletic competitions and other extracurricular events have all continued in a new sometimes challenging but very exciting way. Our Alumni Department has been able to have our annual Alumni All Souls Mass and our Development Office has been steadfast with the Padre Pio Fund, the Innovation Center, Friar Nation Fund and the new "Give Back Nights" at Vespa and DANG BBQ. Our Friars cannot be stopped by this pandemic!

Our school is based upon the Foundation of Catholic Social teachings. The two principles of Catholic Social teachings that are most evident to all here at Saint Anthony's are the Importance of the Family and the Dignity of Every Human Being. With God First here, we have managed to overcome many obstacles in providing a Quality Catholic Franciscan Education for All.

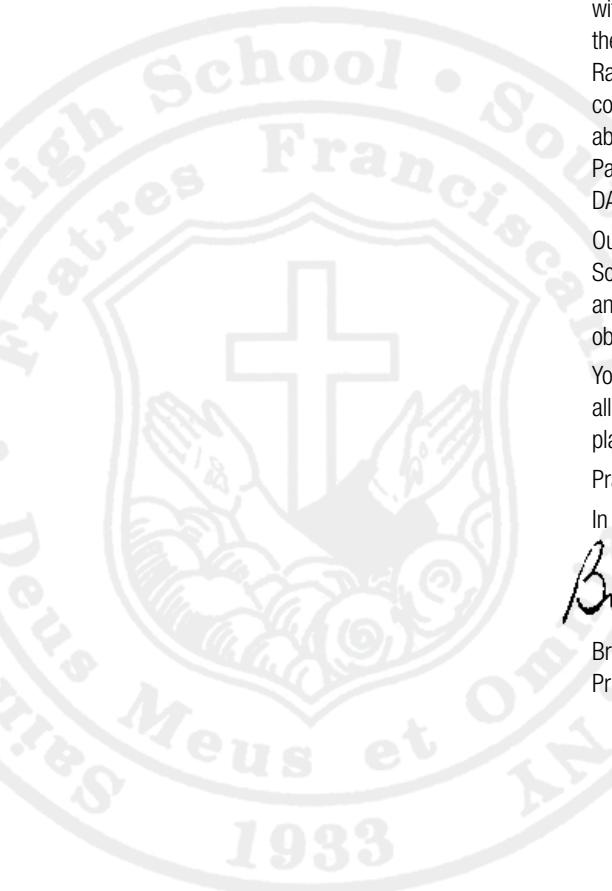
You are a most essential part of this wonderful Friar family, I now once again Welcome as I know you all will our newest Friars, the Class of 2025. Let us together make Saint Anthony's High School the place where every student not only finds a home, but also is able to provide a home for one another.

Praying for you, as you for me,

In Saint Anthony, Our Patron

A handwritten signature in black ink, appearing to read "Brother David Anthony, OSF".

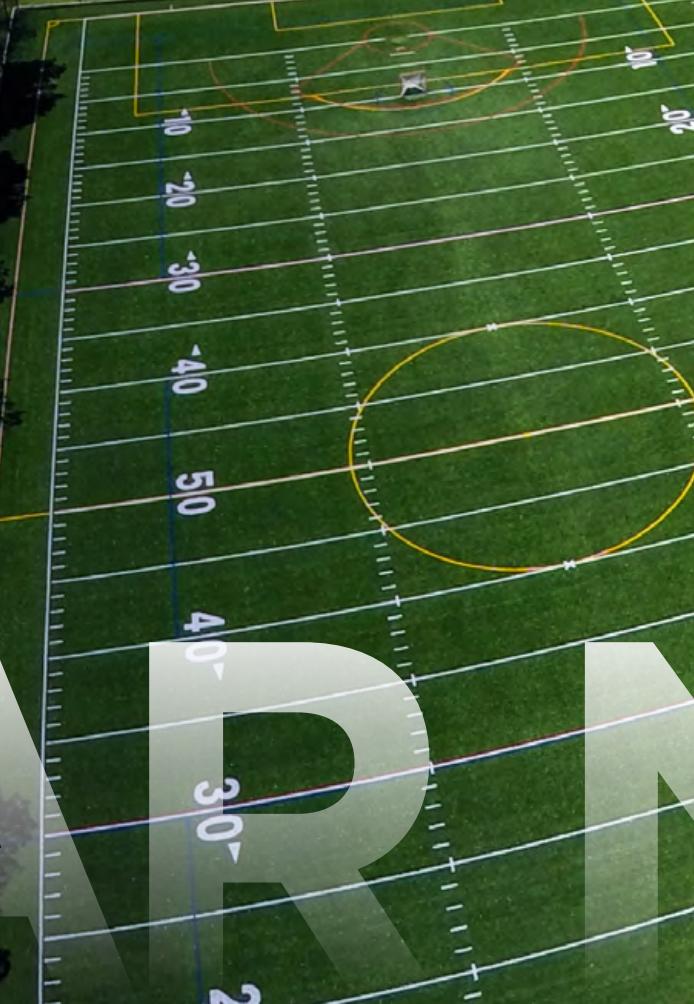
Brother David Anthony Migliorino, OSF  
Principal



# WELCOME

## Saint Anthony's High School Campus

- 1 Grotto
- 2 9/11 Memorial
- 3 The William & Christine Entenmann Science Center
- 4 St. Francis Hospital Medical Education Laboratory
- 5 Innovation Center
- 6 Academic Wing
- 7 Chapel of Our Lady of the Angels
- 8 Auditorium
- 9 Student Center
- 10 Sports Medicine Center
- 11 Archie DeMarco Baseball Field
- 12 Cy Donnelly Field
- 13 Richie Reichert Athletic Complex
- 14 Charlie McLaughlin Field
- 15 James C. Metzger Stadium



FRIARS

# CLASS 2025



VACATION

# O'Come Let Us Adore Him



Inspired to bring the beauty and true meaning of Christmas to our campus and the community, a life-size Nativity scene was constructed to welcome in the Advent Season.

Saint Anthony's is very grateful to Mr. John Chiarelli of Chiarelli's Church Supply & Religious Goods, Mr. John McDonagh of McDonagh Bros, Inc, Mr. Neal DeWaal, and Saint Anthony's Maintenance Staff and Mr. William Bradley, and the staff of Hickey WT Corp. for assisting us with the purchase, construction, and lighting of our new Nativity located at the southeast corner of the campus. If you would like to help defray the cost of the Nativity, please contact Mr. Don Corrao, Director of Development at (631)271-2020 ext. 284 or at [dcorrao@stanthonyshs.org](mailto:dcorrao@stanthonyshs.org) ■



## A Message from the Director of Development

Dear Friar Nation,

It is hard to believe that it has been twenty years since I started Friar Focus as the magazine for Saint Anthony's High School with the intent of capturing and sharing all of the extraordinary facets of this amazing school. Like many things in life, it's not how you start but how you finish. Like Saint Anthony's, Friar Focus continues to improve and evolve with each issue. Like Saint Anthony's there is no "that's good enough" rather "how do we make it better; more appealing, more interesting?"

As Director of Development, I need to be very frank with you about the realities of where we are and the goals and challenges facing Saint Anthony's in 2021. Last year, we were faced with the reality and hardship of having to cancel the Principal's Dinner, the 31st Annual Saint Anthony's Golf Classic, the Hall of Fame Dinner, and the Black & Gold Gala – all significant fundraising special events. This all came during a time when we had to allocate nearly \$2,000,000 for individual and institutional PPE and technology in order to open our school to 2,400 students in September.

Our goals and challenges in 2021 include:

- **Continuing to raise the necessary funds (\$500,000) for the new Innovation Center that is part of our Capital Campaign efforts. To date, we have raised \$246,826.**
- **Appealing to ALL of our alumni, present and past parents, grandparents, godparents, and friends to make your gift to the Friar Nation Fund to help advance our Franciscan mission in providing the best possible educational experience for our students.**

It is imperative that in 2021 we increase the percentage of participation amongst all our constituencies in supporting Saint Anthony's; the Franciscan Brothers, faculty, staff, coaches and most of all, our students.

When considering your gift to the Friar Nation Fund, I ask you to think about this: "How did Saint Anthony's change my life, my son's and/or daughter's lives, my grandchildren's lives, my godchild's life?

Enjoy your copy of the 20<sup>th</sup> Anniversary edition of Friar Focus and please help Saint Anthony's reach its fundraising goals and objectives this year.

"Many hands make light work"

With best wishes for a Healthy & Happy New Year, I remain

Sincerely,

Don Corrao



## A Message from the Alumni Director

Dear Class of 2025, Friar Families, Alumni and Students,

Wow has this been some year! Amazingly things here at Saint Anthony's are going strong! As you know, we were forced to close school on March 11th. By March 13th our students were able to participate in distant learning on their Ipads which were provided by the school. Thanks to Brother David and the entire Administration, we were safely back in school in September. It is wonderful to see the students in the hallways or eating lunch in the cafeteria or sitting in their classrooms seemingly thrilled to be there. It is wonderful to see our super dedicated and devoted teachers teaching their classes and doing so for the students who for various reasons cannot be physically in the classroom. What a devoted group of men and women we have as Faculty members. We, as Friars, are used to being together and we are doing everything possible to be together in a safe and healthy way.

I am so pleased to welcome the Saint Anthony's Class of 2025 to our Friar Family. Despite the unusual time we are living in, please know that your next four years at Saint Anthony's will undoubtedly be the best years of your life. As the Alumni Director here, I can assure you will always be a part of the Friar Family.

What does it mean to be a part of the Friar Family? It means that you will be a part of a community that will be there for you for the rest of your life. You will have opportunities here to learn and live the teachings of Saint Francis. You will participate in activities that will allow you to serve the less fortunate. You may also participate in athletics or Campus Ministry or our theater and music programs. Whatever you do, you will see that the Franciscan values are imbued in it all.

You will meet Franciscan Brothers, teachers, staff and students who truly care about the dignity of each Friar. This will not only be a part of your day-to-day time here but will continue even after graduation. Friars are always welcomed back with open arms and encouraged to be a part of the Alumni Association.

Granted it has been a difficult year for all but our hope is that in September, when you are ready to become a Friar, things will be getting back to normal and you and your fellow Friars will enjoy all of our classes, activities and athletic events as usual.

In the worst of times, the best of times is often exposed. I have witnessed a remarkable outpouring of love and support from our Friar Family. Our Alumni have stayed involved and have been enthusiastic about such things as our monthly Virtual Alumni Book Club. They have personally reached out to one another and checked up on those who might be struggling. They have donated much needed money to our Padre Pio Fund to help those who need financial assistance in order to stay here. With so many of our fundraising events being cancelled, we truly appreciate the help from our Alumni.

Saint Anthony's Class of 2025 – welcome aboard. WE are thrilled to have you joining our Friar Family and can't wait to see you here at Saint Anthony's!

Denise Creighton



# Saint Anthony's at the Forefront of Franciscan Catholic Education

by Paul Washington, Academic Dean

The last 10 months have felt more like 10 years for the majority of people in our country and our world, and Saint Anthony's is no exception. While many of us struggle to recall the normal routine that predated the pandemic, the ensuing quarantine, and all of the protocols and codicils involved in reopening in September, I do think it is worth noting the extraordinary steps taken by the entire Saint Anthony's community to maintain our commitment to Franciscan education through any and all obstacles.

Since last March, the sacrifices our faculty and staff have made and the mountains they have moved, all in their unwavering commitment to stay connected to our students, have been extraordinary. When we received the official word on Friday, March 13th that the campus would be closed for an extended period of time, the teachers were up at school the next day, Saturday, working on strategies to prepare for remote learning to begin that Monday. Not one teacher missed a beat.

In April, our teachers spent the majority of their Easter break attending Professional Development workshops hosted by our new Coordinators of Curriculum and Instruction, Ms. Katie O'Neill and Mr. Nicholas Vasilades. Throughout these workshops our faculty collaborated on strategies to promote student engagement, creative learning opportunities and alternative assessments. All of these discussions were anchored on a pedagogical vision statement that our faculty helped develop:

*"To cultivate collegiality, contemplation and compassion in our shared Franciscan vocation of capturing students' hearts in all facets of their experience and fostering their moral integrity while guiding them on their unique journey toward truth."*

As the school year wended to a close, we all prayed for a return to normalcy come September. However, following the wisdom of Brother David and



Brother Joshua, the school leadership hoped for the best and prepared for the worst. Before last school year was completed, the Administration began working on a reopening plan that among other things, included a rollout of 2,500 iPads to faculty and students.

As part of our preparation for using iPads for simulcasted instruction, we asked our faculty to come back to work to begin a new round of Professional Development on July 13th. After the briefest of summer respite, our teachers were back on campus for six weeks in the

summer navigating the uncharted waters of pre-recorded and simulcasted lessons to be delivered in class, to students in cohorts and at home, and even to our international Friars abroad. As daunting as this task was, the guidance of Ms. O'Neill and Mr. Vasilades proved again to be invaluable and we opened school in September as prepared as anyone could have ever imagined.

Thanks to the cohesive efforts of all in the Friar family, we have managed to keep our students and teachers safe and maintained the unique Friar experience in the face of constant twists and turns. While we all certainly yearn for the day that we can restore all of the live, in-person aspects of student life that defines Saint Anthony's, our community continues to display a resolve that is uniquely black and gold.

In November's National Honor Society Meeting, we invited 5 alumni essential workers to speak to our NHS members via a webinar. Even more incredible than the accounts that these heroes shared, was the incredible consistency with how they all cited their faith and commitment that they developed at Saint Anthony's as the key components to enduring the daily challenges they faced. They all spoke of seeds, either spoken, modeled, or sometimes both, that were planted by their Saint Anthony's teachers that germinated into the courage they have today. I have no doubt that the great work of our faculty is inspiring the next generation of hero Friars. ■



# *Christmas Concert*

# *Christmas Magic*

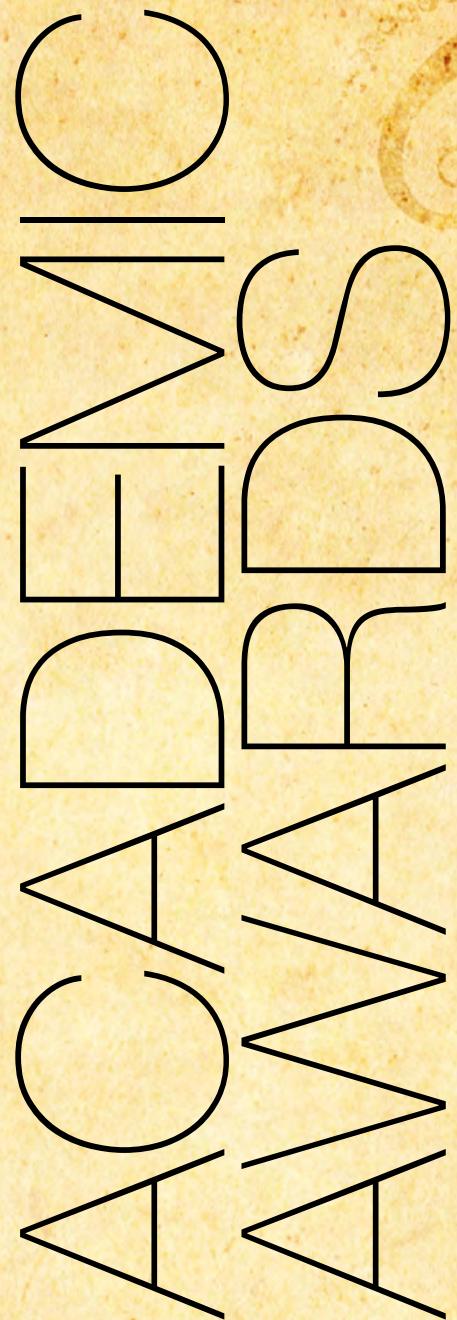


The events of 2020 could not deter Brother Joshua DiMauro, Mr. Christopher Farrell, Mr. James Tucker and Mr. Bruce Engel nor the Saint Anthony's Chorus, Orchestra, and Symphonic Band from performing yet another outstanding Christmas Concert albeit virtually.

It has been said that "sometimes music is the only medicine the heart and souls need." If you haven't had the opportunity to take in the Christmas Concert, please visit the website at stanthonyshs.org.

Let's hope and pray for some Christmas Magic in 2021! ■





In September 2020, Brother David Anthony Migliorino, O.S.F., Principal, and Mr. Paul Washington, Dean of Faculty and Director of Studies, presided over the 58th Annual Academic Awards Ceremonies at Saint Anthony's High School. Students were recognized for their academic achievements during the prior school year with Saint Bonaventure Certificates and Duns Scotus Certificates.

In addition, scholarships were awarded to the five highest-ranking students in each class. The highest ranking student in each class received the Maggie Fischer '00 Memorial Scholarship. The second highest-

ranking students received Frank and Frances Lule Memorial Scholarships. Adam Pomper '11 Scholarships were awarded to the third highest-ranking students. The fourth highest-ranking students in each class received the Lieut. Richard L. Brooks Memorial Scholarships. The James and Mary McInerney Family Scholarships and the Msgr. Peter J. Nolan Scholarships were awarded to the fifth highest-ranking student in each class.

Saint Anthony's was also proud to recognize the three seniors who were named as Semi-Finals in the 2020 National Merit Scholarship Competition as well as the four seniors who were named as Commended Students in the same competition.

The ceremony also recognizes three boys and three girls in the current junior class who have followed the teachings of Saint Francis in their contributions to student life at Saint Anthony's High School.

Congratulations to all of our students!

From top left:

#### **Class of 2021 Scholarship Awardees**

Pictured with Brother David Anthony Migliorino, O.S.F., Andrew Mullan, Daniel Mullan, Steven Cayea, Victoria Levy (not pictured), Michael Doboli (not pictured)

#### **Class of 2022 Scholarship Awardees**

Pictured with Brother David Anthony Migliorino, O.S.F., Aidan D'Alonzo, Noah Purow, Miles Meloni, Quinn Murphy, Ralph Silvestre

#### **Class of 2023 Scholarship Awardees**

Pictured with Brother David Anthony Migliorino, O.S.F., Thais Rody, Keegan Cazalet, Lauren Lynch, Rachel Kaplani, Paige Masi (not pictured)

#### **National Merit Semi-Finalists**

Victoria Levy and Andrew Mullen

#### **National Merit Commended Students**

Pictured with Brother David Anthony Migliorino, O.S.F., Sophia Lang, Joseph Pilewski, Molly May, Stephanie Mullan, Steven Cayea, Kyle Dunn, Contrad Stabile, Michael Doboli (not pictured), Charles Lau (not pictured), Kyra Faragasso (not pictured), Joseph Mocniak (not pictured), Julia Toscano (not pictured)

#### **Franciscan Spirit Award Winners**

Pictured with Brother David Anthony Migliorino, O.S.F., Trinity Williams, Megan Radigan, Aidan D'Alonzo, Brian Akalski, Colleen Radigan, Michael Morrell (not pictured) ■





# Friars Give Back

During the week of November 16th -20th, the Campus Ministry Office collected food for the less fortunate. The Friars completely outdid themselves and will provide meals for hundreds of families. The food was distributed through local Huntington parishes and undoubtedly brought great joy during this difficult time for many! ■





# Ava Dall Fearless



Ava Dall, a senior at Saint Anthony's has fought a fight that few are aware of. She is a competitive ski racer in Vermont but is not like the rest. In 2015 she had a severe health crisis, which left her on her deathbed, malnourished, and no one knew what was wrong. She defied all the odds, and this is how... I had a stomach Virus which never seemed to go away. Over the course of 5 weeks I lost 40 unexplainable pounds, I then became extremely weak and experienced severe stomach pain. Day by day it got worse and worse. My pain became excruciating. I couldn't even stand up because I was so weak, and if I tried, I would pass out. I was admitted to hospitals and saw dozens of doctors who took hundreds of tests, but everything came back normal. I was so emaciated that to stay alive, the doctors fed me through a feeding tube. My Grandmother was informed about a disease known as Dysautonomia. She believed this is what I had. My grandmother and mother begged and pleaded with every doctor to test for it. Due to it's a fairly new discovery and lack of research, no doctors really knew what it was or how to test for it, and instead of researching and learning about it they dismissed it as a possibility. My condition was getting worse and my vitals became more and more unstable.

I went on for 6 months as skin and bone, in unbearable pain, with no answers, and dwindling hope. When I finally received a diagnosis, it was exactly what my family had been claiming I had for months. The form of Dysautonomia I have is called Postural Orthostatic Tachycardia Syndrome (POTS). Dysautonomia is dysfunction of the autonomic nervous system, meaning that things that are supposed to happen naturally don't, like digestion, sweating, crying, sleeping, bowel movements etc. and POTS also pertains to blood flow, so my blood was not proficiently pumped throughout my body, resulting in passing out due to the inability to work against gravity to pump blood to my brain. I was

happy to have a diagnosis but devastated to find out that there is no cure. I had to spend another 2 months suffering before I could get an open spot at the Pain Rehabilitation Center at the Mayo Clinic in Minnesota. This program was my only hope of getting back my life.

Honestly throughout my worst of hospitalizations and before a diagnosis I felt bad for myself. All I wanted was to be outside, playing sports, surfing, skiing, and enjoying my life and I was stuck inside in excruciating pain with no answers. I believed in God, but I thought he didn't love me. I had only been to religion class and did not have a strong faith. Once I had been in rehab my mom wanted to start going to church so on Sundays we would leave the program and go to church...it just so happens that the Dalai Lama was getting treatment at the Mayo Clinic and attended the same Mass as us. After this we thought of the things to be grateful for and every day, we would say it. We started praying more and thanking God for saving my life, and my life and my faith strengthened. We then continued going to Mass at home and got more involved in the church.

I had been a strong, high level competitive alpine ski racer for years. However, as I traveled to Minnesota I had to lie on the floors of the airport, plane, bus terminal and bus. I was unable to sit or stand for any length of time. When I arrived at the Mayo Clinic the Doctors told me "You will never ski again."

Competitive skiing was what defined me, it was my passion and gave me a zest for life. I was devastated. I had been fighting in hopes of getting my life back, but now I was told that the life I wanted was unattainable. Eventually I came to realize that I had come this far, anything was possible. I made it my mission to return to what I love. I pushed through the pain in the hopes of a second chance at MY life. Every day was a struggle but with hard work and dedication I slowly gained strength physically and emotionally.

For months after discharge I worked independently as hard as possible to get myself to a position where skiing was even fathomable.

My first day back on snow was six months post rehabilitation. I could not have imagined a greater challenge. Skiing took a huge toll on my body, but I accomplished the impossible. Ski racing continues to be a huge part of my life. My mind and body were put to the ultimate test and I passed. There were 19 patients in the program at the Mayo Clinic, with my diagnosis. I am proud and sad to say that I am the only one who has maintained good health. My focus throughout the recovery process was on being able to ski. However, I came to realize that skiing was not the only thing that defined me. I can now describe myself with words of passion, grit, intelligence, hope, independence, and willpower, and it is thanks to this disease that I am able to identify myself with these traits. At Saint Anthony's my faith and relationship with God grew immensely and I am very faithful. It was not until this year when writing my witness talk for Kolbe Society when I realized the things that God had done to get me better. He sent a pamphlet to my grandmother's house, who is a nurse and a world-renowned nursing teacher and author. This pamphlet just so happened to tell of a boy with Dysautonomia and my grandma figured out that it was likely that I had the same thing. She did research and really came to believe it. When I got diagnosed, she was right on. What are the odds that she opened her junk mail and read a story of a boy who happened to have the same rare disease as me? This has really solidified my faith recently and opened my eyes to small blessings everywhere I look. I am so grateful to have had a passion like skiing at a time of such misfortune because it is what pulled me out the other side. I no longer look at this disease as a tragedy, but as a setback which I turned into an opportunity. ■



# SAINT ANTHONY'S HIGH SCHOOL 31<sup>ST</sup> ANNUAL GOLF CLASSIC

## MONDAY, MAY 3, 2021

HONORING  
**PAT FAZIO '83**

COMMISSIONER, COMMACK FIRE DEPARTMENT  
VICE PRESIDENT, SUFFOLK COUNTY CRIME STOPPERS



**BROOKVILLE COUNTRY CLUB**  
9:00am Arrival | 11:00am Shot Gun Start  
Breakfast/Lunch/Dinner

**HUNTINGTON COUNTRY CLUB**  
8:30am Arrival | 10:30am Shot Gun Start  
Breakfast/Lunch/Dinner at Brookville

**HUNTINGTON CRESCENT CLUB**  
8:30am Arrival | 10:30am Shot Gun Start  
Breakfast/Lunch/Dinner at Brookville

**MILL RIVER CLUB**  
8:30am Arrival | 10:30am Shot Gun Start  
Breakfast/Lunch/Dinner at Brookville

Golf format will be a modified scramble. Cocktails and Dinner, Brookville Country Club at 4:00pm.

Dear Parents, Alumni, and Friends:

I truly hope that you will be able to join us for the 31<sup>st</sup> Annual Golf Classic honoring Pat Fazio '83. The Classic has grown to be a wonderful and important event that provides much needed support for Saint Anthony's High School.

This year's Classic features four prestigious golf courses and post golf festivities at the Brookville Country Club. Please know that your support of Saint Anthony's Golf Classic will make a difference in the lives of our 2,400+ students. All proceeds from the Golf Classic will be directed to our new Richie Reichert '70 Athletic Complex.

Sincerely,



Brother David Anthony Migliorino, O.S.F.  
Principal



Ronnie Wright  
Chairman

## MONDAY, MAY 3, 2021 REGISTRATION

- Individual Golf Package \$550
- Golf Foursome \$2,200
- Classic Event Sponsor \$2,500
  - Includes Golf Foursome and Signage on all four courses plus special recognition in Evening Program
- Cocktails & Dinner Only \$135

### FOURSOME PARTICIPANTS

- ①.....
- ②.....
- ③.....
- ④.....

- Please assign me to a foursome.

### CONTACT INFORMATION

Individual Golfer or Foursome Contact Person

Name: .....

Address: .....

Phone: .....

E-mail: .....

### COURSE PREFERENCE Subject to Availability

- Brookville Country Club
- Huntington Country Club
- Huntington Crescent Club
- Mill River Club
- No Preference

### PAYMENT METHOD

- Check       Master Card       Visa       Amex

Name on card: .....

Card #: .....

Expiration date: .....

## SPONSORSHIP OPPORTUNITIES

Sponsors are important to the success of the Golf Classic. Each item can be underwritten on a corporate or individual basis. Your support is greatly appreciated.

- 31<sup>st</sup> Annual Golf Classic Sponsor\*\*\* \$15,000
- Golf Classic Gifts Sponsor\*\*\* \$10,000
- Golf Classic Signage Sponsor\*\*\* \$10,000
- Dinner Sponsor\* \$10,000
- Cocktail Hour Sponsor\* \$7,000
- Lunch Sponsor\* \$5,000
- Breakfast Sponsor\* \$5,000
- Brookville Course Sponsor\* \$5,000
- Huntington Course Sponsor\* \$5,000
- Huntington Crescent Course Sponsor\* \$5,000
- Mill River Course Sponsor\* \$5,000
- Golf Cart Sponsor\* \$5,000
- Bag Tag Sponsor\* \$5,000
- Classic Event Sponsor\* \$2,500
- Faculty/Religious Sponsor\* \$2,500
- Driving Range Sponsor\* \$2,500
- Putting Green Sponsor\* \$2,500
- Beverage Sponsor\* \$2,500
- Photography Sponsor\* \$2,500
- Tee Sponsor \$500
- Family Sponsor \$200
- Sorry, I cannot attend, enclosed is my tax-deductible contribution of \$ .....

\*Includes one foursome and signage on all four courses

\*\*\*Includes three foursomes and signage on all four courses

### CONTACT INFORMATION

Name: ..... Class: .....

Address: .....

Office Phone: .....

Home Phone: .....

Cell Phone: .....

E-mail: .....

### PAYMENT METHOD

- Check       Master Card       Visa       Amex

Name on card: .....

Card #: .....

Expiration date: .....

### CHECKS PAYABLE TO

Saint Anthony's High School | Development Office | 275 Wolf Hill Road | South Huntington, NY 11747  
(631) 271-2020 ext. 214 | dcorrao@stanthonyshs.org

# *Always Wear Your Invisible Crown*



**O**n October 18th, Saint Anthony's celebrated our fall athletes and our Homecoming Court at our first ever Virtual Pep Rally. Brother David, Brother Joshua, Mr. Farrell and Mr. Minucci planned the whole day perfectly to give our students the closest thing to our usual enthusiastic afternoon. Prior to October 18th, all Varsity teams recorded a message and acknowledged their Senior players. That was broadcast throughout the school and each team received applause (and sometimes a little woohoo!) from their classmates.

We then gathered in the cafeteria, the Seniors, Galloping Friar, Homecoming Court, Student Council, Brother Joshua, Brother David and those Faculty who were not in a Homeroom and we celebrated our Homecoming Court with a live crowning which was also broadcast through the building. This year's Homecoming King is Pierce Wheeler and Homecoming Queen is Lauren Heberer. We were all very happy with this year's winners!

It was a perfect day of Friar Spirit and Pride! Congratulations to all of our Senior athletes, teams and the Homecoming King, Queen and Court, all of whom are perfect representatives of our student body! ■



# Lockeration!

On Friday, December 4th, our Seniors were all in for Lockeration 2020! The Seniors were all decked out for Ugly Sweater Day and Brother Joshua provided some Christmas music throughout the building which made for a festive atmosphere. Each homeroom had their own space in the Student Center where they were able to create a panel to cover their homeroom lockers.

Themes ran from A Christmas Carol to A New York Christmas to Frosty the Snowman. The winning homeroom was Mr. Clauberg's homeroom which did a beautiful job on their Santa Clau is Comin' to SA panel.

Brother David, Brother Joshua and Brother Richard served hot chocolate and cookies to the Seniors. And as is the tradition, in his role as President, Joe Mazzuca had a head full of whipped cream before the event was over!

Thank you to all the Brothers and Faculty who made this fun event possible! ■



# 2020-2021 Friar Nation Fund

Please Make Your Gift to  
**Friar Nation Fund** Today.

Alumni & Parental Pride &  
Participation Matters

**By making your gift today, you are:**

- helping the Franciscan Brothers fulfill their commitment to academic excellence
- demonstrating your overall satisfaction with your Saint Anthony's experience
- advancing our Catholic and Franciscan mission
- providing financial assistance to deserving and need worthy students
- helping to beautify our campus

How many ways did you benefit from your time at Saint Anthony's? If you graduated from Saint Anthony's in the last fifteen years, it's a good possibility that you benefitted from the Friar Nation Fund in some way.

Now is the time to start thinking of giving back and demonstrating your support of Saint Anthony's for the role it has played in your life and that you want to be part of its bright future.

As a young alumnus, you may want to consider the following giving levels for Young Alumni:

From the classes:

- 2016 - 2020 - a gift of \$25
- 2011 - 2015 - a gift of \$50 to \$125
- 2005 - 2010 - a gift of \$150 or more



# Principal's Council

Alumni who have graduated over ten years ago, parents, grandparents, and friends of Saint Anthony's are encouraged to consider making a leadership gift to Saint Anthony's at one of the following levels:

> Saint Anthony's Club - a gift of \$25,000+

> Saint Francis Club - a gift of \$10,000 - \$24,999

> Principal's Cabinet - a gift of \$1,000 - \$9,999

By becoming a member of the Principal's Council, you will be invited as special guests to attend the following functions:

> Christmas Concert

> Principal's Dinner

> Spring Concert

> Commencement Exercises



# A Bird's Eye View



**O**n November 1, 2020, Saint Anthony's High School introduced the Drone Club to its students. Members of this club learn how to fly, build, and repair drones under the guidance of Mr. Rick Mescallado the SAHS IT Director. Sessions are held twice a week and members practice their flying skills at many of the school's various locations.

During their first few months, club pilots will utilize smaller sized drones safe for indoor use. These drones are fun to fly and race and have a remarkable range of distance. They provide novice pilots with the ability to get comfortable with controlling the drone and the FPV (first person view) goggles. These goggles give the students the perspective of sitting in the drone they are flying.



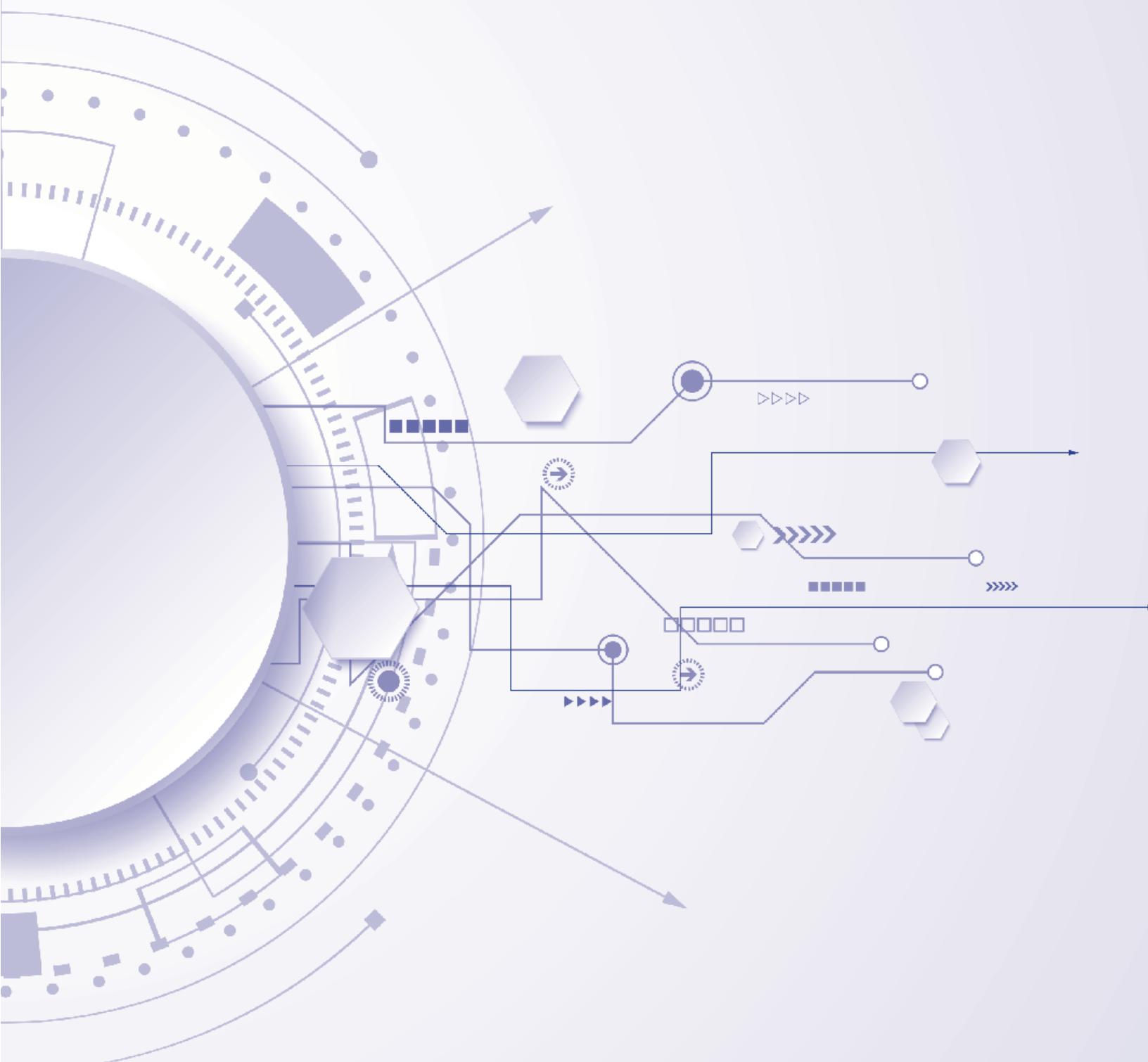
As club pilots progress, they will be introduced to larger, more powerful drone equipment capable of significant distances. They will also learn how to collect aerial media footage and edit via programs such as Adobe Premiere and Photoshop. This will enable them to explore their creativity while also developing valuable skills in an increasingly digital world.

For more information about this club please visit:  
<https://www.stanthonyshs.org/drone-club/>

# Friar-Quest

SAINT ANTHONY'S HIGH SCHOOL SCIENCE RESEARCH PROGRAM

2020-2021





## **Paul Paino**

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### Director of **FriarQuest**

Under the direction of Mr. Paul Paino, **FriarQuest**, The St. Anthony's Science Research Program has grown from ten ambitious students in 2011 to over one hundred eighty students in 2020. As entry-level members of our "Science Scholars Program", our ninth graders learn the fundamentals of research through in-house projects in Science, Technology, Engineering and Mathematics (STEM). They continue to advance through the program learning statistical analysis through social and behavioral science projects and they finish their first year with a creative investigation in biology or environmental science. Our intermediate "Science Scholars" master advanced techniques in our molecular biology, engineering or computer science laboratories or they move into the professional setting and conduct research as members of teams. Our most advanced students in junior and senior year participate either as members of teams or individuals in local laboratories, colleges and universities.

Ongoing outreach efforts have allowed us to form relationships with many prestigious research institutions including The Feinstein Institute for Medical Research, Harvard Medical School, SUNY Stony Brook Medical/Dental School, SUNY Stony Brook Garcia Program in Polymer Science, Cold Spring Harbor Laboratory, Brookhaven National Laboratory, St. Francis Hospital, Good Samaritan Hospital, The Composite Prototyping Center in Plainview, NY, Molloy College and Hofstra University. Mr. Don Corrao, Saint Anthony's Director of Development, continues to work with us in an effort to establish and maintain many of our professional relationships.

Our most advanced research students complete their **FriarQuest** science research experience by writing journal articles and presenting their professional research through national and regional competitions such as the Regeneron Science Talent Search, The International Science and Engineering Fair, The Junior Science and Humanities Symposium and the Neurological Surgery Health Science Competition.

**FriarQuest** continues to challenge our most creative and inquisitive science students and prepares them for the most prestigious colleges and universities in the nation.





**Abigail Athan** | Class of 2021

Hofstra University

Mentor: Dr. Nate Rigel

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Suppressor and Sequence Analysis' of Mutations in the Twin-Arginase Translocase Substrate Components

Unlike the well-known general secretion pathway that exports unfolded chains of amino acids, the Tat pathway is larger and transports completed proteins. To more properly understand how the Tat pathway functions in bacteria, this project selected for suppressors through antibiotic presence and temperature of two mutated strains, L73A and Y36N, placed on plasmids in *Escherichia coli*. Colonies that survived on raised temperatures on Bacitracin were tested to ensure they were viable suppressors. Eleven suppressors were discovered- five of the L73A mutation and six of the Y36N mutation- and made into microscope slides at their stationary and log phases. Cell morphology showed multiple suppressing mutations arose due to the wide variety of cell lengths compared to wild type *E. coli*. Antibiotic resistance tests revealed that Novobiocin was the only antibiotic tested to have resulted in significant differences between the original mutated strains and the suppressors, as the wild type and suppressors were unaffected by its presence. To further investigate, the genomes of two species of bacteria (*Bacillus subtilis* 168 and *Acinetobacter baumannii* AB5075-UW) were searched for proteins that could act as Tat substrates. Five significant proteins for each species' genomes were found. Other possible Tat substrates were sequenced in the laboratory, and compared to the nucleotide sequences of the Tat substrate they derived from by being searched for interesting patterns and mutations. 3D models of Tat substrates were generated to decipher the layout and function of the complex- several point mutations taken from previous research were mapped here.

**Steven Cayea** | Class of 2021  
High School Research Program at Brookhaven National Laboratory  
Mentor: David Biersach

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Efficiency of Data Compression Algorithms for Low-Cost Laser Transceivers

Currently, the simplest and most widely accepted way of transmitting messages is through the ASCII alphabet, which encodes keyboard characters into tokens with a length of 8 bits. This doesn't consider the frequency with which each character is used, as some letters are seen more often than others. David Huffman developed the idea to assign variable length tokens to each character of a string based on their relative frequencies, where even in back-to-back strings, the tokens can change, but all tokens result in a length that is less than 8 bits, with the letters appearing most receiving only three or four bits to be transmitted. The resulting string is much shorter than the traditional ASCII-encoded version, even with the necessary addition of a dictionary to hold these tokens. This experiment uses inexpensive and low-power equipment, including SparkFun RedBoards, a Raspberry Pi, and a low-cost laser transmitter and receiver, and seeks to demonstrate that Huffman encoding can save time in real applications. Its success proves that this usage can be scaled up to larger and more complex machinery and eventually capitalized on by a multitude of markets throughout the global economy, even finding its way to the battlefield. The implications of the possibility of using a more succinct transition method can shorten the surface time submarines need to send messages, decreasing their chances of being detected or having their messages intercepted. In the private consumer market, Huffman encoding lowers the total draw on the battery when sending messages that are decoded and saves space on devices when less bits are needed to store information.





**Kayla Dantini** | Class of 2021

Enzo Biochem Clinical Labs

Mentor: Dr. Dieter Schapfel

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Technology in Detecting HPV Positive Cells: Changing the Future of Cervical Cancer Diagnosis and Treatment

The application of the LoopRNA Probe to detect HPV utilizing *In situ* hybridization by light microscopy is a novel application. The method for detecting mRNA expression directly to fixed cells is a recently discovered scientific innovation in medicine which may be a revolutionary breakthrough in the treatment of Human Papillomavirus (HPV), a persistent infection which progresses to cervical cancer in ninety one percent of impacted females. HPV is located in squamous epithelial cells, currently detected through PCR HPV assays from gynecologic cytology samples or Pap tests, both of which detect abnormal cervical cells and cell infections. Utilizing the emerging technique of the LoopRNA probe, the mRNA in the squamous cell can be correlated to PCR-Based Method for HPV detection. Employing *In situ* hybridization of liquid-based cytology samples with the LoopRNA probes to localize and detect specific sequences of RNA and DNA will enable an early detection of HPV. Through early detection of the infection, the worldwide escalation of HPV to cervical cancer can be prevented. The study included ten different samples of Pap collections in a liquid cytology solution, with 5 positive and 5 negative PCR HPV cervical cells. The photomicrographs showed morphology involving the hematoxylin counterstain and the penetration of proteinase of the cell membrane which yielded a 100% correlation. Results did identify the LoopRNA probe as being capable of detecting HPV positive squamous epithelial cells.

**Brooke Davi** | Class of 2021  
Hofstra University  
Mentor: Dr. Rebecca Grossman Ph.D

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#### Motivation and Teacher Job Satisfaction

Those in the teaching profession face many challenges in today's education system. These challenges include performance pressure from school administrators, lack of preparation time, minimal personal time, and extensive administrative tasks. Teachers can become unmotivated due to these challenges. This, in turn, may affect their work rate and student performance. This study aims to determine how various types of motivation affect teacher job satisfaction in two large high schools. Based upon the Work Tasks Motivation Scale for Teachers (WTMST) and The Teacher Job Satisfaction Questionnaire (TJSQ), a survey was modified and distributed to teachers at a large Catholic and a large public high school. Mean responses were calculated and the responses were analyzed using a two-tailed t-test across four different categories: gender, age, years of teaching, and subject area taught. Preliminary results indicate that younger, inexperienced teachers seem to be more motivated to spend time in front of their students and seem more likely to complete complementary tasks such as supervising athletic competitions and attending school sponsored social events. Administrative assignments and, in some cases, tasks involving student evaluation were reported to be unnecessarily time consuming and inconvenient.





**Michael Doboli** | Class of 2021

Cell and Tissue Engineering Laboratory, Hofstra University

Mentor: Dr. Sina Rabbany

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### Computational Model of Experimental Data on the Role of Hypoxia for In Vitro Human Vasculogenesis in Endothelial Cells

Existing research shows the potential of Human Umbilical Vein Endothelial Cells (HUVEC) to form perfusable networks when placed on a matrigel tube formation assay. This result is important for describing and understanding in vivo human vasculogenesis. However, research has been unable to explain the formation of long vascular networks, a critical biological phenomenon that warrants explanation for any use in future bioengineering and medical applications. It is also known that the human embryo is placed under slight hypoxic conditions during embryogenesis, due to the high metabolism of mitotic cells and the low oxygen gas supply from the umbilical vein. The main research question of this study is whether the hypoxic condition causes long cell networks to form in a shorter time and on lower matrigel concentrations. A novel *in silico* computational model was created to predict the movement of HUVEC and ultimate formation of vascular networks in hypoxic conditions. Available experimental data regarding matrigel assays in hypoxic and regular conditions was analyzed and modeled. The model replicated the self-organizing ability of HUVEC through forming aggregates dependent on concentration of vascular endothelial growth factor (VEGF). This research showed that hypoxia is a key parameter for any model for human vascular network formation. It also revealed that a simplified model for cell movement can account for the differences noticed between the hypoxia and control group. The result demonstrates that the mechanism for vascular network formation is linked to hypoxic conditions, which may be used for engineering *in vitro* systems for clinical use.

**Kyra Faragasso** | Class of 2021  
Brookhaven National Laboratory  
Mentor: Dave Biersach

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#### Determining the Randomness of Beta Decay of Thorium using NIST 800-22

Currently, it is believed that radioactive decay events occur randomly. This project aimed to prove that assertion using the first three NIST 800-22 tests. These tests evaluate randomness through the analysis of binary data events. Tests include examination of the amount of events as well as the frequency of decay occurrences. Specifically, this experiment considered beta decay events of thorium. It was hypothesized that results would confirm the randomness of beta decay events. Throughout the experiment, a Geiger-Muller counter was utilized. A SparkFun RedBoard and Raspberry Pi were additionally employed for organizational and analytical purposes. Decay events were graphed and converted into a series of zeros and ones based on their graphical location. These zeros and ones were then used to perform the NIST 800-22 tests. In each of the tests, a p-value above 0.100 was determined. Based on this information, beta decay of thorium is, in fact, a random process. Each event occurs independently of all other events with no memory or pattern. These results allow for our hypothesis to be accepted. Findings may be used in the future to develop more accurate artificial randomizers and generators.





**Udithi Kothapalli** | Class of 2021  
MIT Lincoln Laboratory, MIT PiPact Program

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### The Effect of Material Density on RSSI Bluetooth Signal for Contact Tracing Purposes

COVID-19 has affected millions of people around the world. Currently, the only effective way to conduct contact tracing is to do it manually. Contact tracers have to go to each person infected with the virus and ask them to document their encounters. Many times, the patient will not remember everyone who they came in contact with making the manual version of contact tracing very inaccurate. Raspberry Pis are used to mimic a phone's bluetooth signal. This project investigates the correlation between material density and distance and its effects on the RSSI (Receive Signal Strength Index) values as well as the time intervals between the data points. The goal is to be able to use this data to create an algorithm determining the relationship between RSSI values and distance to make a determination as to what range of values would enable a more accurate contact tracing method. The experiment tested 3 experimental variables: a pencil case, a pair of jeans and one leather purse. The results depicted a strong correlation for the pencil case experiment: as the distance between two raspberry pis (one with no enclosure and one with a pencil case enclosure) increases, the RSSI values become more negative indicating a weaker signal. The strongest correlation was depicted in the 60 cm pencil case experiment where there was a perfect linear relationship between weaker RSSI and longer durations to receive the signal.

**Udithi Kothapalli** | Class of 2021  
State University of New York at Stony Brook, The Garcia Program  
Mentor: Dr. Miriam Rafailovich

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### Molecular Imprinted Biosensor for SARS-CoV-2 Detection

The COVID-19 pandemic has changed the world drastically, causing numerous infections and deaths. This project is attempting to develop an electrochemical biosensor, capable of detecting entire virions or virion-associated proteins, which can be applied for rapid point-of-care detection of SARS-CoV-2. This type of sensor was previously demonstrated to be successful in the detection of Zika virus, with excellent distinction between Zika and Dengue viruses. Our electrochemical biosensor uses the molecular imprinting (MI) technique on top of a gold substrate with hydroxyl-terminated alkanethiol chains to form a self-assembled-monolayer (SAM) and crystallize to the specific shape of a virion. The biosensor's specificity can be attributed to the cavities formed in the thiol layer based upon the size, orientation, and hydrophilicity of the analyte. The limit of detection (LOD) was found at  $\sim 2 \mu\text{g/mL}$  and the saturation point at  $\sim 18 \mu\text{g/mL}$ . Further investigation will yield imprinting smooth chips with the SARS-CoV-2 S protein and imprinting rough chips with H1N1 and SARS-CoV-2 virions for real-world application. Since the S protein has a comparable size and charge to the bovine Hb, we infer that the suggested accuracy and efficacy of the Hb biosensor can correlate with potential success in an S-protein biosensor.

**Victoria Levy | Class of 2021**

Good Samaritan Hospital Medical Center, West Islip, NY

Mentors: Amanda Pacheco, D.O; Robert Bramante, M.D.

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The Incidence of Clinically Significant Magnetic Resonance Angiography Findings for  
Transient Ischemic Attack Patients in the Emergency Department Observation Unit

No longer considered to be a benign event, a transient ischemic attack (TIA) is associated with a 90-day risk of a stroke in approximately 10% of individuals, with half of these occurring within 48 hours of the inciting event. One of the major diagnostic studies for cerebrovascular accident (CVA), magnetic resonance angiography (MRA) can detect hyperacute and minute ischemic lesions, aneurysms, arteriovenous malformations, and lesions in the posterior fossa. Through a retrospective chart analysis of 684 asymptomatic TIA patients sent to the clinical decision unit (CDU) for further workup over a 20-month period, this study serves to evaluate the incidence of clinically significant MRA findings following a TIA in the CDU. Given that 9.8% (n=67), 12.0% (n=82), and 7.5% (n=51) of patients had significant findings for only the neck MRA, only the brain MRA, and both the brain and neck MRAs, respectively, this analysis establishes this technique's efficacy and capacity in replacing prior workups such as carotid ultrasound. Thus, the regular implementation of MRA in the evaluation of TIA patients may allow for clinically significant findings to be diagnosed prior to their associated detrimental future implications.





**Molly May** | Class of 2021  
City University of New York  
Mentor: Dr. Christina Tortora

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#### On the Structural Causes of r-dropping in New York City English

New York City English (NYCE) is a distinct dialect which has resulted from hundreds of years of local linguistic history. As a contribution to the Corpus of New York City English, I explored the NYCE feature of r-dropping, the tendency of many speakers to omit the /r/ sound when it does not appear before a vowel (e.g., pronouncing mother as mothə). My research was conducted by eliciting speech through an oral interview with one speaker of NYCE and then systematically analyzing the presence of r-dropping in relation to the structure of the words. The linguistic factors specifically examined were: whether or not the syllable nucleus was a “schwa” vowel, whether or not the syllable was stressed, whether or not the syllable coda was complex or simplex, and whether or not the word was a “function” word. My study finds that these factors affect the tendency of r-dropping when combined with other factors. By focusing on structure rather than the subject’s demographic characteristics, my study makes significant advances to the current understanding of linguistic patterns in NYCE and contributes to the greater scientific goal of understanding the role that linguistic structure plays in dialect variation and language change.

**Stephanie Mullan** | Class of 2021  
Angion Biomedica Corp  
Mentors: Dr. Prakash Narayan and Anthony Pellicano

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Overexpression of Alpha-Fetoprotein and Osteopontin in Hepatocellular Carcinoma Positive Livers

Hepatocellular carcinoma (HCC) is the most common form of liver cancer and is the fourth highest cause of cancer-related deaths worldwide. Nonalcoholic steatohepatitis (NASH) is believed to be associated with a higher risk of HCC. Previously sought for along a cirrhosis diagnosis, or an advanced stage of NASH, new and common non-cirrhotic cases make diagnosing this cancer more difficult than ever before. Early diagnosis of HCC is key as it has a significantly better prognosis than late diagnosis. Diagnosing this cancer in advanced stages, as it mostly is, typically results in a large number of patient fatalities. New ideas are being proposed and researched to successfully diagnose non-cirrhotic HCC, one of which being testing serum levels of biomarkers. Two haptic oncogenes in particular, Alpha-fetoprotein (AFP) and Osteopontin (OPN) are complementary to one another and are thought to be beneficial in diagnosing HCC in non-cirrhotic NASH cases. By extracting RNA from the livers, synthesizing cDNA, and performing qPCR, serum levels of these oncogenes can be successfully measured. A significant difference in these levels in both HCC positive and negative livers will prove to be beneficial in diagnosing HCC in future patients, hopefully lowering it from fourth on the worldwide cancer-related deaths list.





**Diya Varma** | Class of 2021

New York University

Mentor: Dr. Emily Balcetis, Associate Professor of Psychology

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Do Social Media Advertisements affect Adolescents' food intake? An examination based on factors such as race and gender that may influence adolescents' food selections.

With no research that has documented the extent to which food advertisements affect adolescents' eating behaviors and with the influence of social media food ads on adolescents being unknown, the objective of this study is to quantify adolescents' exposure to social media food advertisements and identify the mechanistic processes by which these ads influence food intake. In addition, the study aims to evaluate whether exposure to racially congruent vs. incongruent Facebook food ads causes Black vs. White adolescents to choose snacks with a higher caloric value. In this study, it was discovered that Black adolescents are significantly more likely to choose the unhealthy food option as compared to White adolescents. It was also found that Female Black adolescents who view Black people holding food in social media advertisements are significantly more prone to choose the junk food option instead of the healthy food option. This is most likely due to a combination of the Media Rarity Phenomenon, the Mindless Eating Phenomenon, and the fact that there is evidence that females are responding to the content in the ads. When females see junk food in advertisements, they choose junk food at a higher rate than if they were shown non-food related advertisements. These findings are likely to inform interventions seeking to improve adolescent eating habits via effective communication strategies.

**Taylor Verdi** | Class of 2021  
The Feinstein Institute for Medical Research  
Mentor: Dr. John A Boockvar

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An Analysis of Glioblastoma Multiforme tumor size after the  
Introduction of Chemotherapy Drugs

Glioblastoma (GBM) is the most common primary malignant brain tumor, accounting for 16% of all primary brain and central nervous system neoplasms, which is a new and abnormal growth of tissue in some parts of the body (Thakkar, 2014). Originally, GBMs were thought to be derived solely from glial cells; however, evidence suggests that they may arise from multiple cell types with neural stem cell-like properties (Phillips, 2006). Glioblastoma, sometimes referred to as glioblastoma multiforme (GBM), is considered a grade IV tumor. They are the most aggressive, infiltrative, and they spread into other parts of the brain quickly. Patients were recruited from August 2009 to June 2010. Adult patients older than 18 who had recurrent or progressive malignant gliomas, in whom prior combined radiation treatment and chemotherapy with temozolamide failed, and who had a Karnofsky Performance Scale of less than 60 were eligible. A standardized MR brain imaging protocol was performed both before and after treatment. Patients then received a super-selective intraarterial cerebral infusion of mannitol (25% 1.4 M mannitol, 10 ml/120 seconds) followed by super-selective intraarterial cerebral infusion of bevacizumab (dose escalation from 2 to 15 mg/kg) within 3 days of baseline MR imaging. It has been shown that osmotic blood-brain barrier disruption intensifies the delivery of drugs to the tumor and surrounding brain, particularly when using therapeutic agents of higher molecular weight such as bevacizumab.





**Amanda Ferrante** | Class of 2022  
Avalon Nature Preserve, Stony Brook NY  
Mentor: Kayla Serina

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The Effects of Plant Browse by White-tailed Deer on the Population of Native, Non-native, and Invasive Plants and Their Species Richness

The overpopulation of *Odocoileus virginianus* or the white-tailed deer within many ecosystems has posed for various issues to arise pertaining to the availability of native plants, increased population of invasive plants, and lessened species richness. The white-tailed deer heavily prefer to browse native plants over the invasive plants due to many of them being unpalatable, thus diversity and abundance of native plants has significantly lowered. Within this study, individual 20 feet by 20 feet quadrants in Avalon Nature Preserve were analyzed for plant species richness and deer browse between the native, non-native, and invasive plants. Data collected was also compared to a previous assessment from 2010 found within, Avalon Park and Preserve's Plant and Habitat Guide in order to determine the effects the over populated white-tailed deer and their excessive browsing had on species richness in the present. The survey methods used to analyze each quadrant that was selected was done on a property that totals 187 acres. Evidence to support the claim that the white-tailed deer have caused great detriment to the native plant population and the species richness of the preserve was found in addition to evidence of evolution amongst the deer, as their resources became depleted by over browsing and invasive plant influx.

**Miles Meloni** | Class of 2022  
Hofstra University  
Mentors: Dr. Oskar Pineño and Cristianna Colellar

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### Designing and Implementing a Cost-effective Spectrophotometer

Spectrophotometers are optical instruments that measure light intensity of wavelengths for use of impurity detection, concentration detection, structure elucidation, protein characterization, and more. They can be applied to various fields such as physics, molecular biology, chemistry, and biochemistry, but come with a hefty price tag, ranging from between one thousand dollars to upwards of ten thousand dollars. Because of this, it is hard to gain access to a spectrophotometer without access to a lab, and the variety of uses a spectrophotometer possesses can only reach a limited number of people. Using an Arduino microcontroller and 3D printer, we were able to design and program an affordable and accurate mini spectrophotometer for use at home at a fraction of the cost of commercially available models. This device uses a photoresistor, LED, and 3d-printed darkroom to calculate the percent light absorbance of a sample, when compared to water. One application of the Arduino-based spectrophotometer is testing different sources of greywater, which is any wastewater from domestic use, excluding sewage. This could be used to determine the ideal reading for plant growth, allowing greywater to be used to a larger potential. Other applications include measuring cell density and protein concentration, both of which are standard tasks that most spectrophotometers can complete.





**Alex Won** | Class of 2022

The miRcore Institute

Mentor: Dr. Inhan Lee

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Focal Adhesion Pathway in Alzheimer's Disease Increases the Likelihood of Developing Cancer

The study examined the Dataset, GSE5282, a microarray RNA expression data for Alzheimer and Non-Alzheimer patients in six brain regions; entorhinal cortex, hippocampus, medial temporal gyrus, posterior cingulate, superior frontal gyrus, and primary visual cortex. Using protein association networks, genes were narrowed down to 250 most upregulated genes from the Alzheimer dataset. Through analyzing the KEGG pathway of common cancer, we found from the human papillomavirus pathway derived from the cancer pathway that the Focal Adhesion Pathway showed strong correlation to Alzheimer. Utilizing R programming, we visualized the dataset and calculated p-values, t-values, and relative expression level to find genes that affect Alzheimer and cancer. Implications of our findings suggested the role of Focal Adhesion pathway in both Alzheimer's Disease and other diseases, as well as possible mechanisms to combat its upregulation to aid the treatment and progression.

**Miah Margiano** | Class of 2023  
The iResearch Institute  
Mentors: Madhav Subramanian and Dr. Serena McCalla

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#### The Effect of Talazoparib on Small Cell Lung Cancer Progression

Small cell lung cancer (SCLC) is the most lethal form of lung cancer with a 5-year survival rate of <7%. Although treatments, such as the PARP inhibitor talazoparib, have been used alongside standard platinum chemotherapy for more advanced disease, significant improvements in the survival rate have not been accomplished. The goal of the present study was to improve the understanding of the transition to treatment resistance by identifying the enriched biological pathways and differentially expressed genes in the talazoparib treated SCLC samples. Four human datasets of the SCLC tumor cells were obtained from the study series, GSE138474. The samples from the series were characterized as datasets 1 and 2 (untreated samples) and datasets 3 and 4 (talazoparib treated samples). Analysis of the data revealed that the AKR1C2, PABPC1, PRDX1, RPL17, TSPO, SLC1A5, AKRIC3, and CEACAM5 genes had a higher expression in the talazoparib treated samples, suggesting that these genes are members of pro-tumor progression biological pathways. Future *in vivo* and *in vitro* studies involving mice is necessary to further study the upregulation of these genes in SCLC tumor cells. Increased knowledge on the genes identified may lead to the development of effective medications, therefore improving the prognosis for SCLC patients.





TOSHIBA | nsta

## Toshiba ExploraVision 2020



Madeline Diemer



Paige Masi



Thais Rody

**Class of 2023** | Coach, Mr. Paul Paino

### 1. "Artificial Gills: The future of breathing underwater"

**Madeline Diemer, Paige Masi and Thais Rody**

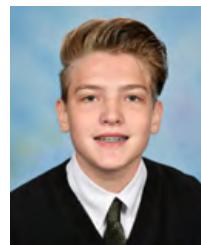
The main purpose of Artificial Gills is to make breathing underwater easy, safe, and reliable. A small, portable breathing utensil would enable people to spend a greater amount of time underwater while alleviating the need for scuba gear. In order for this to become a reality, you would have to remove the oxygen from the water. Removing oxygen from water is a process called electrolysis. Electrolysis occurs when an electric current passes through water, producing hydrogen and oxygen. This process is currently being used in submarines on a large scale. Electrolysis requires a great deal of power, so applying this process on a small scale would be a difference. However, there are many ways this problem can be fixed. Overall, artificial gills would be very beneficial in the community. Not only could this be used for recreation, but also to save lives in search and rescue missions, or emergency situations.



William Duguid



Alexandra Piteris



Ryan Elwood

### 2. "Resizing Carbon Capture: Bringing self-sustaining carbon capture and transformation to cities globally"

**William Duguid, Alexandra Piteris and Ryan Elwood**

Our proposal is a self-sustaining post-combustion carbon capture and storage unit that runs off of solar energy and converts the carbon dioxide from the atmosphere into a reusable fuel source. We are also proposing that our unit is size compatible to the rooftop of a typical skyscraper building. Our goal is to create a carbon neutral cycle of carbon dioxide being captured, turned into gasoline, used and released back into the atmosphere, and repeating these steps again. While there are many variations of the carbon capture and storage unit, our systems will be the most effective due to their quantity and effectiveness. The structure and processes are similar to present technologies except that the size is exponentially smaller and the fuel source is solar power. This new technology could be the start of a solution for global warming and maintaining a carbon neutral state for our planet.

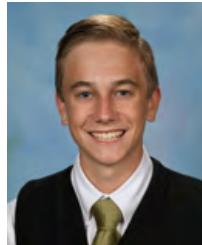
Each year the "Toshiba ExploraVision Competition" accepts approximately 5000 team proposals and identifies students who have the ability to look 20 years into the future and predict necessary changes in technology.

This year we were notified that we have four Saint Anthony's student teams in the National Honors Group representing those who finished in the top ten percent in the nation. Four teams from one high school is the most on Long Island!

*Congratulations to these national winners!*



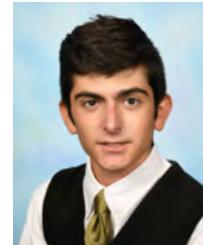
Miles Meloni



Matt Baldwin



Brendan Bulger



Anthony Martin

**Class of 2022** | Coach, Mr. Paul Paino

**1. "ASSIST: Artificial System for Supplementing Immune System Treatment"**

**Miles Meloni, Matt Baldwin, Brendan Bulger and Anthony Martin**

Medicine often faces an issue: When drugs are administered, they tend to go all over the body, not just in the necessary areas. This causes many of the side effects drugs have. However, with ASSIST, a solution to this issue is possible. Our team has created the plans for a series of biomechanical nanorobots that could transmit medicine only to the areas where it is needed. There are two phases: the first detects disease, and the second releases the medicine. This would mean the medicine would only be released in the areas that need it. This invention would be important for people who have a weakened immune system, since the medicine could function as an artificial supplement, but it would also be very expensive, and create an even larger gap between the life expectancy of the rich and poor.



Alex Rizzi



Ralph Silvestre

**2. "The Utilization of Stem Cells: Limb regeneration and formation"**

**Alex Rizzi and Ralph Silvestre**

Stem cells are the future of medical technology. Stem cells have the capability of differentiation, the ability to change into any type of body cell. The main goal of stem cell research is to use these cells as a source of replacement cell diseases, such as macular degeneration, spinal cord injury, stroke, heart disease, and diabetes. Our proposal involves the use of stem cells for the process of limb regeneration, a mechanism that is activated in response to amputation, also referred to as the loss of a limb. Currently, there is no cure at the moment for such a traumatic injury. Our technology will utilize a DNA strand in "SHOX" genes, which will be extracted and inserted into a receiving stem cell. Gene regulation of the DNA in the modified stem cells will initiate the regeneration process, and as a result, the limb will be regrown.



## The 2020 Innovators of Tomorrow Competition

Sponsored by Scholastic Publishing Company Inc.



Quinn Murphy | Class of 2022

**Concept:** My proposal is the L-STIR Printer (The Large Scale Technology Inventing Recycler), an innovative recycling chamber and 3D printer that would turn plastic waste into large useful creations.

Today, the world's amount of plastic waste is continually growing and has caused numerous negative effects on our environment. Many creative solutions have arisen to combat this issue, but I have a new solution. My proposal is the L-STIR Printer (The Large Scale Technology Inventing Recycler), a new type of 3D printer that would turn plastic waste into large objects of your own design. A much smaller and less advanced version of a 3D printer that can turn plastic waste into small objects already exists, but if you are going to try and make a difference, why not make it larger than life?

This device would be the product of a combination between the current plastic using 3D printers and a large polymer format 3D printer. The L-STIR would allow for users to insert plastic bottles and other plastic waste into the machine in large quantities, and soon after be able to utilize the plastic to make large creations. The L-STIR would be made up of a large, steel frame with the printhead being located on a moveable arm, which would be on steel rails. This printer would also contain all the parts needed to perfectly break down plastic waste and form it into strong usable plastic filament. First, all of the plastic waste would be consolidated into a hole in the machine, which would contain the chrome vanadium steel grinder. Once the attached aluminum metal lid is closed atop the hole, a button would be pressed and the process would begin. The grinder would automatically start to break up the plastic into small pieces. The plastic would then be sent along a belt where it would go from the grinder through a steel shredder. There, it would be broken down even further to insure that the plastic will melt down properly later. The plastic would then be relocated through the use of another belt to a removable bin.

After, the plastic fragments would be poured into a slot where the plastic would be fully melted down and then pulled into filament. This slot would be located on the side of the structure that the print head is located on. Once the plastic is fully melted down, it would be pulled into a spool by being pushed through an adjustable extruder. This extruder would be able to change its size through the printer's accompanying computer program to make spools of different sizes. As the melted plastic is pulled through the extruder, it would also be pulled through a mixture of hydrochloric acid and tulip powder which would make the spool even stronger. The spool would then be stored in rolls until it would be ready for use. Once the L-STIR is activated, the nozzle on the print head would engage in a process known as fused deposition modeling (FDM). In this process, the spool that is fed through the nozzle is heated to the point where it melts and can be extruded to form the computer-designed model. This model is made through a type of program known as a computer-aided manufacturing software package (CAM), which allows for a three dimensional design to be made on the computer. This design is translated into reality through the feeding of information to the print head.

Different from any 3D printer of today, the L-STIR would be able to make many different types of creations of many variable sizes. Large and useful objects such as boats would be able to be made quickly and efficiently. This could be done all while using the great amount of plastic waste which poisons our environment. The L-STIR would be very expensive to buy and create, with the estimated cost being \$10 million. The high price would account for the fact that it would be very large, made of high quality materials, and would be manufactured in high-tech facilities. However, this technology would be valuable to a large variety of people. Researchers, inventors, businessmen, and even students could find substantial use in this innovation as it allows users to create large scale items easily and also affordably. Consumers would not have to purchase additional materials, besides the tulip powder and hydrochloric acid, after the initial purchase of the machine as the plastic waste would serve as its main component.

The Innovators of Tomorrow Competition asks students to brainstorm problems that they would like to solve through the use of advanced manufacturing techniques. They are asked to think about how they might use advanced manufacturing to solve the problems that they identified, then choose one problem and solution to develop further. They are required to refine their innovation and describe the materials or combination of materials that they will need in order to create the proposed innovation. Finally, they are asked to consider the innovation from a business perspective.

Each year, students from all over the country enter the contest and compete for top prizes. Saint Anthony's High School is proud to have two of the five 2020 National Winners, Quinn Murphy, Class of 2022 and Sophomore, Miah Margiano, Class of 2023! They are the only winners from New York State. The other three winners were from other parts of the country. Each girl received a tablet computer from Scholastic Inc. and Saint Anthony's received a \$1000 grant for each student to be used for future research by the Saintm Anthony's FriarQuest Science Research Program under the direction of Mr. Paul Paino.

*The proposal submitted by each of the two students is presented below:*



**Miah Margiano** | Class of 2023

**Concept: Using a bacterium found in the rabbit digestive tract known as Clostridium autoethanogenum to convert carbon based pollutants found in the atmosphere into ethanol to be used as fuel.**

The increase in the burning of fossil fuels is the major cause of global warming and climate change. Each year, we release 40 gigatons of carbon dioxide into the atmosphere. Today, almost every gallon of gasoline is 10% ethanol. Ethanol is typically made from corn, sugar cane, or grasses. This production takes up a lot of land to grow, acreage that some argue is needed to grow food for the growing population of the world.

In order to substitute the amount of fossil fuels used by a significant amount, we would end up using all of our land to make fuels versus growing crops to feed people. However, there is a greener solution to this ever-growing problem. The answer lies in the waste emissions that come out of our factories and cars constantly. Using a bacterium found in the rabbit digestive tract, known as *Clostridium autoethanogenum*, it would convert pollution found in the atmosphere into ethanol.

My innovation is a machine that is able to extract carbon emissions from the air preventing it from further devastating our atmosphere. The rabbit-gut bacterium used in the machine utilizes an alcohol fermentation process and uses carbon dioxide as a reactant to produce ethanol. The ethanol produced from the fermentation process will then be converted into liquid gasoline, diesel, or jet fuel. This fuel will also be used in widespread transportation, such as trains and buses. The machines will be centrally located in factories throughout the world and on busy streets and highways, therefore reducing the rate of global warming. In addition to producing fuel, the carbon emissions can be used to produce a variety of products. By combining carbon with hydrogen and oxygen, a naturally occurring polymer material can be produced. The polymer can then be melted down and used for a variety of products, including home furnishings, insulation, clothing, and shoes.

The setup for the conversion would be similar to the equipment used in a beer brewery to create beer. This advanced technology has already been created by a company that is at the top of the field in carbon dioxide conversion and storage called LanzaTech. What the company does not have is a small and compact mechanism to attach to cars or other modes of transportation to reuse the carbon dioxide being produced. Materials for the device would include an auxiliary port that would allow the canister to be attached to the gas receptacle. This would be made out of a lightweight, yet durable and environmentally friendly material. There would also have to be a way to install the canister to the car, which would include a metal harness and magnets. The next thing would have to be a mechanism attracting the carbon dioxide molecules from the air and into the container. The canister would be detachable from the car allowing the person to take the captured emissions to a local facility, where it can be exchanged for either fuel or product.

The audience for this innovation would include the government, factories, labs, and the average consumer. LanzaTech (the company who would provide the carbon capture platform) has already received large investments from government organizations in both the United States and Japan. Additionally, in the UK, LanzaTech is a shortlisted applicant for a grant from the UK Department for Transport (DfT) through the Fuels for Flight and Freight Competition (F4C). Partnerships such as this make this a lucrative technology for any government agency willing to participate. Factories are under the watchful eye of environmental groups. With some measures already in place, there needs to be more advanced technologies involved. Factories can benefit by becoming a local facility for conversion and can also offer incentives to have clients use their location compared to others. Similar to the factories, scientific and hospital labs would be able to use the larger machines to produce ethanol, different fuels, and products from emissions collected by local consumers. This would allow different medical foundations and hospitals to begin more environmentally friendly processes on their own campuses.

The conversion canister could be provided by a local conversion facility and could be installed on site. This product is attractive to the average consumer who is environmentally conscious and worried about their carbon footprint. Most individuals would use this product since it helps to solve a growing environmental problem and would also benefit by exchanging the collected emissions for products or fuel.

A general price estimate for a start-up of this size would be anywhere between \$5-10 million dollars due to necessary experimentation and initial production of the cannisters. Additionally, there would need to be a partnership with LanzaTech to utilize their existing conversion equipment and the creation of more local facilities.

An upfront cost at this time for a consumer would be \$1500. This strictly is to cover the cost of the creation of the cannister. As time goes on and the technology becomes more available, the canister could be given to consumers for low to no cost.



## The Stony Brook Young Investigators Review

## 2020 Young Investigators Writing Competition

The Stony Brook Young Investigators Review (SBYIR) is pleased to announce the results of the 2020 Young Investigators Writing Competition! Our competition invited high school students from Long Island to write brief articles in newspaper or literature review format to describe and engage the public in scientific societal controversies. Specifically, students entering grades 10-12 explored dilemmas regarding experimental therapy, neutral algorithms, environmental policy, and sustainable engineering.

With our competition, we hoped to create an accessible and remote route by which students in the Long Island community could get involved in the sciences. Despite this being our first year, we were able to receive entries from 121 students hailing from all over Long Island.



### Release:

**Lauren Avilla**, St. Anthony's High School Class of 2021, is one of only 12 Long Island Semifinalists identified by the judges in the competition. Congratulations to her for her outstanding work! Her winning essay is presented below:

### **Localization, Authenticity, & Intersectionality – Ingredients to the Effective Implementation of Environmental Policies**

The key to unlocking success in environmental policy has always been guided by the singular concept of sustainability. It has proven the backbone of many federal environmental policies such as the Clean Water Act (CWA), Clean Air Act (CAA), and the National Environmental Policy Act (NEPA). Conceptually,

the practice of fulfilling the needs of now while simultaneously maintaining resources for the future present an idealistic, yet feasible fate for the welfare of the environment. However, environmental policy today has become subject to partisan issues deepening more of a divide than a united call to action. Priorities have shifted for the worst, often muddled in big business corruption and monetization. Focusing to localize environmental policy, ensure authentic communication between local individuals and lawmakers, and study such policy through a lens of intersectionality ushers inherent effectiveness that will ultimately equate in environmental prosperity.

Despite a history of numerous passages of environmental policies under federal administration, a simultaneous lack of local environmental policies has stifled long-term success. This historic top-down approach especially towards an already vast subject of the environment has prevented active, diverse, and local participation from voicing necessary and first-hand accounts regarding concerns from resource depletion to alternative energy sources. Such environmental subjects directly impact local communities. Without local representation, policies lack necessary input and subsequently only produce ineffective measures. The dominating influence of federal officials "... may be politically or ideologically motivated, or simply have a completely different idea of what conservation is than local populations whose lives and livelihoods are directly connected to the resource... [which is] why simply ceding management responsibility to the federal government does not yield good results" (1). Instead, a bottom-up approach to environmental policy must be the active force to drive out the fallacies of a historic top-down approach. Calling for local, environmental policies allows for individuals at the direct receiving end to be active in taking ownership in protecting their personal freedoms through an outlet that honors their voices and concerns. Local constitutions can and should uphold private property rights and prevent the infringement of said rights by corporations desiring land to fulfill environmental projects motivated solely by monetary greed. Additionally, local policies can prevent overspending for environmental projects. Unlike federally funded projects, locally funded projects can ensure the sufficient allocation of money towards only the vital assets needed to fulfill project construction. To reinforce the guaranteed success of a grassroots approach to environmental policy, a transparent communication between lawmakers and local individuals is needed.

In any form of policy-making, a relationship between a giver and a receiver is always involved. Unlike most sciences, environmental science is one that is incredibly interconnected and interdependent between nature and humanity. Therefore, environmental policy can prove detrimental when handled without taking into consideration the potential, long-held consequences of mindless legislation. Because environmental policy has gradually become subject to partisan issues, authenticity in motives for these policies has harmed more than it has benefitted. The scientific aspect of environmental policy has unjustly become disregarded in policy affairs. To mitigate such a lack of authenticity, environmental science experts must be at the heart of such legislation. Experts in this field can serve to infuse the science that was lost and be the bridge between lawmaker and local individual. Above all, policies must be language-

specific. Within the CWA, CAA, and NEPA is a vagueness in language that has opened loopholes for businesses to take advantage of environmental projects for their own monetary gain. Because of both the vast territory and vast relationships the environment encompasses, a clear, specific language regarding budget spending, allocation of resources, and time frames should and must be communicated to prevent loopholes wherein local individuals could be taken advantage of. Rooted in much of American history is this exact injustice. Understanding such a history will develop a holistic, humanized approach to environmental policy.

Fearing the potential impact of future environmental policy without first understanding the discriminatory history deeply rooted in environmental policy that has disproportionately affected communities is only counterproductive. Coined by Kimberlé Crenshaw, intersectionality refers to ways in which the interconnected nature of race, gender, and class overlap to create modes of discrimination. Though it is most used in social justice activism, environmental policy should never be an exception. The vast nature of the environment must not allow for the generalization of the experiences of those communities who are more affected by environmental stressors than others due to such intersectionality. To generalize is to be ignorant to the nuances of history and its appearances in environmental reality. Understanding the national systems that perpetuate the racial wealth gap inequality and even a history of housing discrimination (i.e., redlining) in relation to the disproportionate environmental disparities experienced by communities of color turns the myth of coincidence into the reality needed to be changed. Seen as environmental injustice, “[a]ge, poverty, and minority status place some groups at a disproportionately high risk for environmental disease. Such groups are exposed to hazardous chemicals or conditions at levels well above those for the general populations” (2). The history of not only concentrating minority groups into overcrowded ghettos, but unrestrictedly constructing factories emitting pollutants such as COX and SOX near those ghettos has been a generational health care issue, as Black communities have especially shown more susceptibility to respiratory diseases and even recently, COVID-19. A study ranging from 2003-2015 showed that “...the black population has a pollution inequity of 56%, while Hispanics have a pollution inequity of 63%. The white population and other races...are exposed to 17% less PM2.5 pollution than they contribute” (3). By unraveling the history connected to the rooted inequalities in environmental policy (or lack thereof), the process to a more sustainable future will be actively against perpetuating such injustices.

Localization, authenticity, and intersectionality can all work to potentially provide a both a holistic and nuanced understanding of environmental policies. By prioritizing the representation and voices of local and diverse individuals of the communities, a sustainable future will inherently proceed.

#### Works Cited:

- [1] J. Spencer, et al, Environmental Conservation Based on Individual Liberty and Economic Freedom. The Heritage Foundation, 2013
- [2] M. Gochfield, et al, Disproportionate exposures in environmental justice and other populations: the importance of outliers. American journal of public health, 101 Suppl 1(Suppl 1), S53–S63 (2011)
- [3] A. Freedmen, The unequal burden of air pollution. Axios, 2019



Cold Spring Harbor  
Laboratory



Massachusetts  
Institute of  
Technology



Stony Brook  
University



One of the primary goals of **FriarQuest** is to offer our students an opportunity to conduct research in a professional laboratory. The following world renowned institutions have participated in the Saint Anthony's High School Research Program.

275 WOLF HILL ROAD  
SOUTH HUNTINGTON, NY 11747

631-271-2020 X237  
[WWW.STANTHONYSHS.ORG](http://WWW.STANTHONYSHS.ORG)

**Brother David Anthony Migliorino, OSF**  
Principal

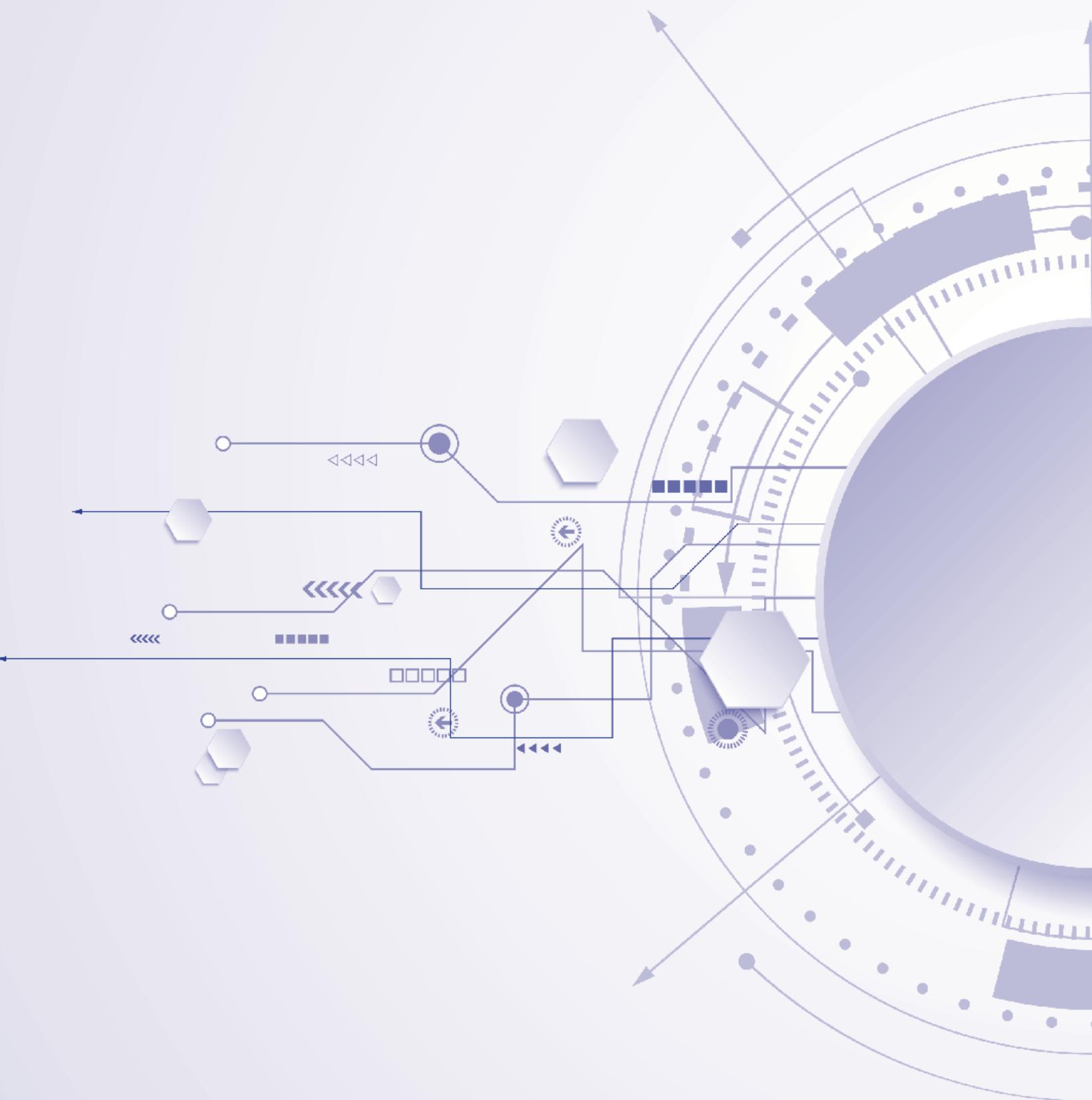
**Mr. Paul Washington**  
Dean of Faculty & Director of Studies

**Mr. Paul Paino**  
Director of Research

**Mr. James Medina**  
Science Department Chairperson

**Mr. Don Corrao**  
Director of Development







# Friars Forever Scholarship Fund

Through the generosity and leadership of the Heagerty Family Foundation, this Scholarship Fund was established to assist qualified students attain a Saint Anthony's education.

Mike and Mary Heagerty believe very strongly in the value of a Saint Anthony's education and want to see others benefit the way their children, Riley '10, Annie '12, Michael and TJ '16, did and are asking others to join them in this important and much needed endeavor.

The goal of the Friars Forever Scholarship Fund is for 100 Families to come forward and make a gift of one year's tuition (\$10,000+) to support and position the Friars Forever Scholarship Fund in order to assist the current and future Friars who may otherwise not be able to afford a Saint Anthony's education.

Please consider "Paying it Forward" by making your gift and becoming one of the hundred families to support the Friars Forever Scholarship Fund. We need 82 more families to join us. Thank you to the following individuals and families:

The Heagerty Family Foundation (Mike, Mary, Riley' 10, Annie' 12, Michael & TJ'16)

The Llerena Family  
The Hamer Family  
Catherine Castaldo Nobile  
The Hickey Family  
The Hogan Family  
Anonymous  
The Descovich Family  
The Stefans Family  
The Alter Family  
Anonymous  
Mr. Joseph Farrell & Family  
The Morrell Family  
Anonymous  
Mr. Dave Barnett '90 & Family  
The Enright Family  
Mr. Paul Irvine & Family

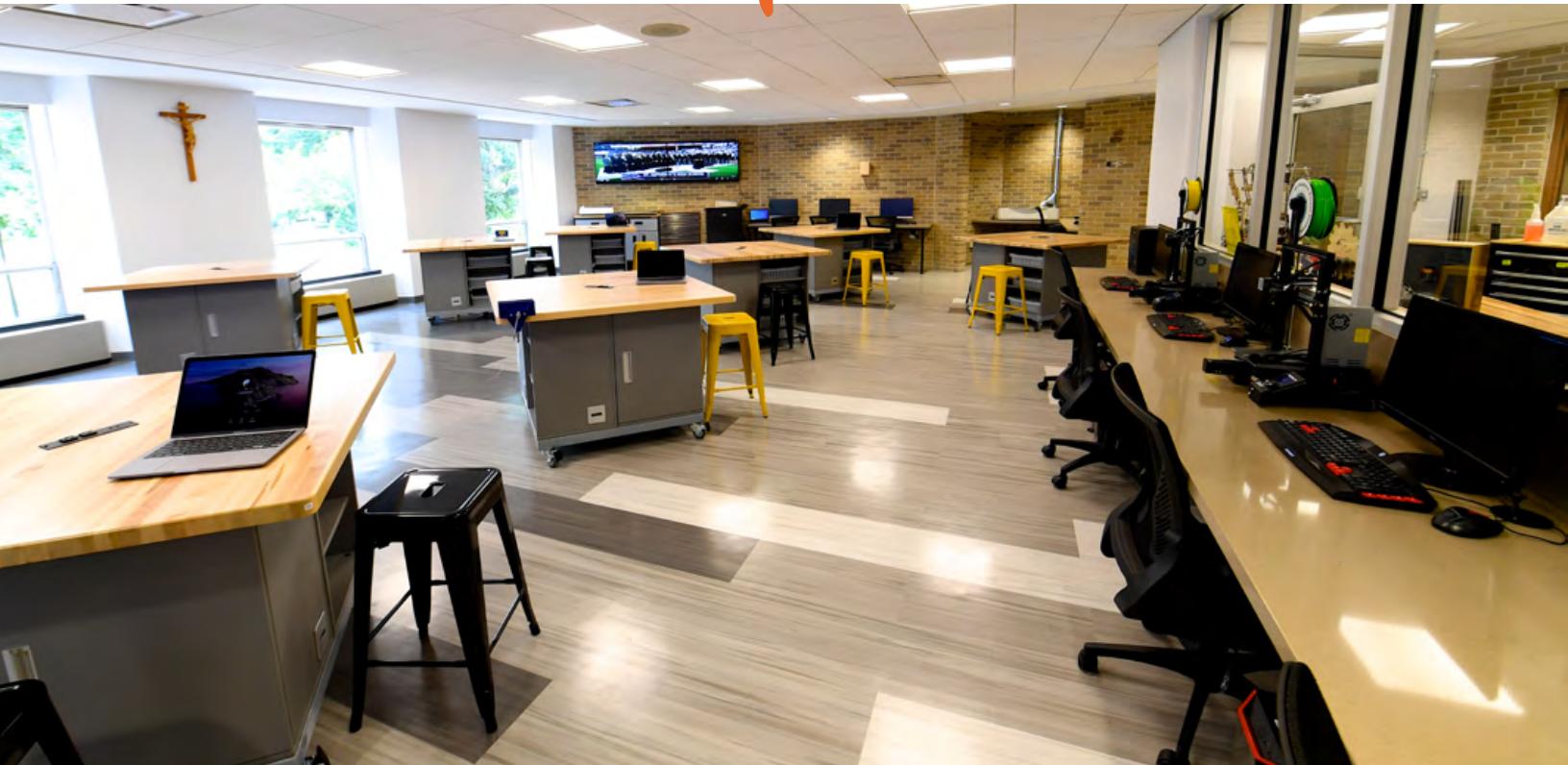
"Mary and I consider the years spent at Saint Anthony's as a most important period in our children's lives and we believe those years helped shape them into the amazing young adults they are today. We cannot think of a better gift than giving others the same opportunity. Please join us in growing the Friars Forever Scholarship Fund and help to make a difference in a future Friar's life"

—Mike Heagerty.

# Brains & Ideas

INNOVATION CENTER

## update



The Saint Anthony's STEM Initiative is all about giving students learning experiences that they just cannot get anywhere else. We believe that STEM education is about providing students with hands-on learning opportunities where students get to learn using state-of-the-art tools and equipment. We've always been at the forefront of this kind of authentic STEM Education. The William & Christine Entenmann Science Center has

given students a rigorous curriculum and access to state-of-the-art lab equipment for their hands-on experiments. The St. Francis Hospital Medical Education Lab has provided students early access to medical education equipment that most students would not get until they are well into a medical degree. These additions to our STEM program focus on discovering and experiencing scientific concepts for deep understanding rather than

just reading about these ideas in books. Now, with the addition of the new **Innovation Center** we can provide students with an even wider range of authentic learning experiences that will focus on building creative problem solving skills in the STEM fields.

The Innovation Center is a hands-on STEM Lab where students learn by doing. To become Innovators, students must learn to imagine, to design, and to create. And that is exactly what this space allows them to do. The Innovation Center allows us to enhance students' learning by giving them hands-on opportunities with cutting-edge technology and equipment. They don't just learn about STEM, they put their knowledge and skills into action. Students get real-world engineering experiences where they need to ask questions about the world around them, identify problems, devise solutions, and most importantly, try to implement those solutions.

Currently, the Innovation Center is used throughout the day for classes including our Engineering and AP Computer Science classes. Various clubs also use the Innovation Center both before and after school to meet, brainstorm, and build projects, including the Robotics

and Space & Aviation clubs. Students are also independently using the space on free periods to work on independent projects. You might ask yourself, "What can students do in the Innovation Center that they cannot do in a regular classroom?" and the short

answer is "Anything!" Students are creating software, websites, apps, and coding their custom hardware that they designed and built themselves to autonomously perform tasks. Students are creating professional, graphic and industrial designs that they have put on display to convey their ideas with the world. Students are developing 3D models of mechanical systems and structures which they are then able to construct using digital fabrication techniques including 3D printing or machining out of wood or metal using computer controlled cutting equipment (CNC). The Innovation Center allows students to imagine, design, and most importantly, create.

Saint Anthony's STEM Initiative is growing in leaps and bounds and we are just getting started. We have already had a few students take ideas and skills learned in this space into the real world. Students have built PPE for local hospitals during the pandemic and also started a small business while still in high school. As the Innovation Center continues to grow we hope even more students will find ways to make productive use of the skills they learn and the tools that they have access to. This space may serve as an incubator for an alumnus' small businesses or an opportunity for a student to connect with internships within the STEM field. We know that the Innovation Center is a key part of providing Saint Anthony's students with a strong STEM education and that will give them the tools they need to be successful and help shape our future world. ■



#### INNOVATION CENTER GIFT TABLE

Pledge/Gift Level	#Needed	Generating	Cumulative Total	Pledges & Gifts as of 12/13/20
\$100,000	1	\$100,000	\$100,000	0
\$50,000+	2	\$100,000	\$200,000	1
\$25,000+	4	\$100,000	\$300,000	0
\$10,000+	10	\$100,000	\$400,000	2
\$5,000+	10	\$50,000	\$450,000	2
\$2,500+	10	\$25,000	\$475,000	7
\$1,000+	25	\$25,000	\$500,000	6
\$25 - \$999	Many			16

#### INNOVATION CENTER NAMING OPPORTUNITIES GOAL \$500,000

CATEGORY	AMOUNT
Innovation Center	\$100,000
Innovation Center Lab Furniture	\$50,000
Machine Room	\$50,000
Digital Fabrication Center	\$50,000
Laser Cutter	\$50,000
Work Stations 8@	\$25,000 each
Building Materials	\$25,000
CNC Milling Machine	\$15,000
SLA 3D Printers 4@	\$10,000 each
Adobe Illustrator Creative Suite	\$10,000
72" Round Whiteboard Conference Table	\$10,000
LG/C9 72" Class 4K Smart TV	\$10,000
Hand Tools	\$10,000
LG/C9 55" Class 4K Smart TV	\$5,000
Large Format Printer	\$5,000
Desktop PC 3.0 GHZ 6 core 14@	\$5,000 each
Tablets/Laptops Intel Core 7 15GB 16@	\$2,500 each
Whiteboards 4@	\$2,500 each
Apple TVs/Chromecast 6@	\$2,500 each
Mill/Lathe	\$2,500
Table Saw	\$2,000
Miller Saw	\$2,000
Tool Boxes 3@	\$1,000 each
Drill Press	\$1,000
Sander/Grinder	\$1,000

# *Threshold of Hope Capital Campaign*

**William & Christine Entenmann Science Center**  
**Our future starts today**



## **PHASE III** **Innovation Center** – a need of \$500,000

- ## **PHASE II**
- William & Christine Entenmann Science Center**  
– ongoing and naming and dedication opportunities are still available
- St. Francis Hospital Medical Education Lab**  
– ongoing and naming and dedication opportunities are still available

- ## **PHASE I** **Chapel** – naming and dedication opportunities are still available
- Student Center**  
– ongoing and naming and dedication opportunities are still available

## Case or Rationale for the Balance of the Capital Campaign

Chapel of Our Lady of the Angels & Student Center (\$9m) | Science Center (\$8m) | STEM Program (\$2m)

### TABLE OF GIFTS NECESSARY TO RAISE \$19,000,000

**Goal: \$19,000,000**  
**Raised to Date: \$4,621,039**  
**Balance to be raised: \$14,378,961**

Gifts can be pledged to the  
**Threshold of Hope**  
 Capital Campaign over a  
 two-to-five year period of time.

Gift Level Pledge	Number of Gifts Needed	Number of Gifts Received as of 12/13/20
\$25-\$99	Many	166
\$100+	2,000	225
\$250+	2,000	65
\$500+	2,000	92
\$1,000+	1,000	106
\$2,500+	400	45
\$5,000+	300	31
\$10,000+	150	24
\$15,000+	100	11
\$25,000+	80	18
\$50,000+	20	10
\$100,000+	33	9
\$250,000+	10	1
\$500,000+	2	1
\$1,000,000	3	2

#### How Can You Be Part of the Campaign and Really Help Saint Anthony's?

##### MAKE YOUR GIFT - DONATE TODAY

Not everyone can make a Leadership or Major Gift. But, everyone can make a gift – gifts of all sizes are integral to the Campaign's success.

##### SHARE

Discuss Saint Anthony's and the Campaign efforts with family and friends and encourage them to join you in making a gift.

##### ADVOCATE

Help our students and alumni as they seek internship and career opportunities.



Please designate my/our gift or pledge of \$ \_\_\_\_\_ to:

- Chapel of Our Lady of the Angels       Student Center       Science Center  
 STEM Program       Innovation Center       Richie Reichert Complex

It is my / our intention that my /our pledge will be paid over a \_\_\_\_\_ year period.

Name \_\_\_\_\_

Alumnus Class of \_\_\_\_\_ Parent Class of \_\_\_\_\_ Grandparent Class of \_\_\_\_\_ Friend \_\_\_\_\_

Address: \_\_\_\_\_

I/we have enclosed a check made payable to Saint Anthony's High School.

I/we wish to make our gift/pledge using credit card:  Visa  Mastercard  AmEx

I give my/our permission to process my/our credit card  Monthly  Annually

Name as it appears on my/our credit card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**For information** on how you can give to the Threshold of Hope, please contact:

Mr. Don Corrao, Director of Development | **631-271-2020 ext. 284** | email: [dcorrao@stanthonys.org](mailto:dcorrao@stanthonys.org)



## Catholic High School Principal Recognition Day 2020

# Saint Anthony's Celebrates Brother David



# ANNUAL PRINCIPAL'S DINNER

IN GRATEFUL APPRECIATION OF  
YOUR COMMITMENT AND GENEROSITY TO  
SAINT ANTHONY'S HIGH SCHOOL

SATURDAY, MARCH 20, 2021

HOLY MASS | 5:00 PM

COCKTAIL RECEPTION | 6:00 PM

DINNER | 7:15

AT

SAINT ANTHONY'S HIGH SCHOOL .  
(PRINCIPAL'S COUNCIL MEMBERS ONLY)



As Chairman of the Fine Arts Department, Mr. Zachary Davino could not be prouder of the gifted and talented students here at Saint Anthony's High School. Here is a sampling of their extraordinary work. ■

# Everything has beauty, but not everyone sees it.

—Andy Warhol





# Appreciation for Goodness



**O**n November 24, thirty members of The Franciscan Youth Ministry (FYM) greeted every one of our students at each of the entry doors with the message Gratitude is an Attitude. Students were given a pen with that message on it to remind us all that we are truly blessed this Thanksgiving! ■

Make Me  
an Instrument  
of Your Peace  
Those who follow the  
journey of St. Francis.



# The True Meaning of Christmas



Three years ago, incoming Freshman Michael Lum was assisting the PB&J Club in delivering boxes to St. Ann's Soup Kitchen and often spoke to those running the program. He quickly found that the Soup Kitchen was very short of volunteers. Michael saw the need and made it his mission to make lives for those served by the Soup Kitchen just a little better. By the summer of his freshman year, Michael had created a large volunteer service program that the entire Saint Anthony's community could participate in.

Michael explained, "The main reason I wanted to develop this program is because I wanted to create a direct relationship between high school students and community members in need. Now, civic-minded students are able to serve and recognize people that they see every weekend."

By sophomore year the program was growing exponentially. With the assistance of Mrs. Miriam Lum as their Moderator, President Michael Lum and Vice President Trinity Williams got to work. The COVID crisis did cause some complications to the club's normal activities of Saturday food prep and distribution of hot meals, Christmas gift distribution and regular food drives which would bring bags of groceries to hundreds of Brentwood residents in need. Not even the COVID restrictions could stop Trinity and Michael, however, the two worked diligently to modify their activities so that they could safely provide for others. Mrs. Lum explained, "When COVID hit, the volunteers just kept coming. The students would meet Michael and Trinity very early on Saturday mornings and they would package groceries in the parking lot. Keeping socially distant. Every week it became more and more of a community effort. What was amazing is that Friar families with connections to restaurants, the SAHS Cheerleading Squad, a Friar with connections to the Girl Scouts of America and Brother Vincent and Campus ministry provided groceries for distribution. Our permitted volunteer crew was limited to 15 students per week but we were still able to provide necessary pantry goods to 100 families throughout the summer."

Their motivation is simple give to those who need. Trinity explained, "I look forward to going to the Soup Kitchen every chance I get because seeing all the smiles that form on the faces of the people is one of the most beautiful things in the world. I want to live a life where I am always reaching out doing everything I possibly can to make an impact in helping to transform the world to be a better place. Everyone deserves the basic necessities

that we often take advantage of from time-to-time: a warm meal, an abundance of groceries, clothes to wear every day... I want to do all I can."

The Soup Kitchen Program has been extended to students at Saint John the Baptist and Bay Shore Schools. This was due to the brainchild of Michael. Michael began offering service certificates to students from any school who were willing to put in the time and effort to join the cause. Initially, Michael, Trinity and Mrs. Lum believed they would get students who would come, fulfill their obligation for service and then they would leave. This was anything but what occurred. Mrs. Lum said, "The students who volunteer rarely ask for certificates or about the hours they will receive for their work. These kids are selfless, loving and hardworking. Long after they fulfill the requirement, these students keep showing up to work early on Saturday mornings or squeeze some time in with the residents before leaving to go to work. Seeing how excited the Veterans in their branch related baseball caps or the children who come with their parents week after week, the newly arrived immigrants are, their smiles (and the smiles of our volunteers) has been one of my best and most fulfilling aspects of my time at Saint Anthony's. These students are the quiet, steadfast heart of what being a Saint Anthony's Friar means and I'm thankful for them every day."

Michael and Trinity work diligently to recruit volunteers and gather donations. Both see such great personal reward from their efforts. Michael recounts, "My most memorable interaction was the meeting before Christmas last year. After the members' tireless efforts to wrap everything in time, we were finally able to hand them out. Each kid was allowed to come up to the stage in the basement of St. Ann's and pick any present they wanted out of the pile. Being able to see how our efforts were able to impact these children right in front of my eyes reminded me of the exact reason I founded the club."

Michael encourages all students with a drive and passion for a better Long Island to join the club. Trinity states, "As we know, Jesus has called us through his teachings to engage in actions of charity and treating others with proper respect and dignity (as we would wish for ourselves). With this opportunity we are taking one step forward into doing those good works and living our loves fulfilling that."

God bless, Michael, Trinity, Mrs. Lum and their army of volunteers. For it is in giving that we receive. ■

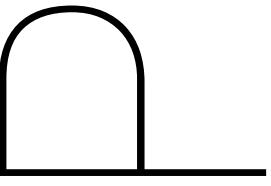
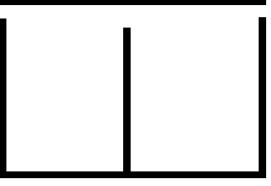
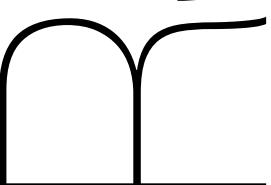
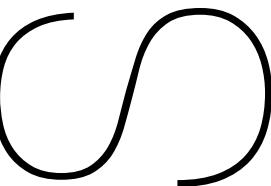
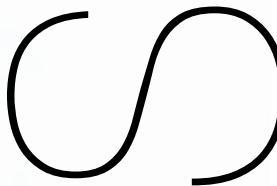
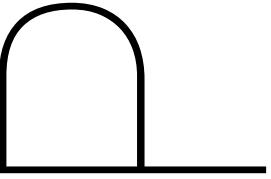
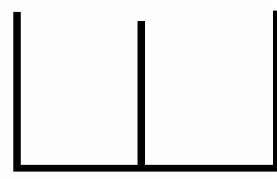
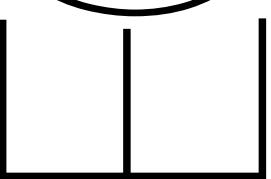
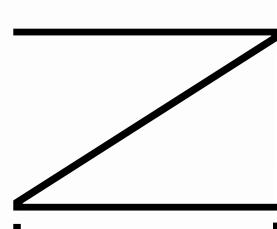
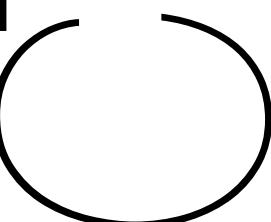
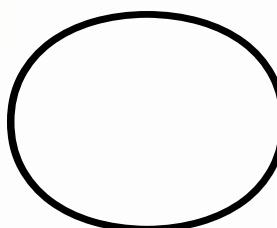
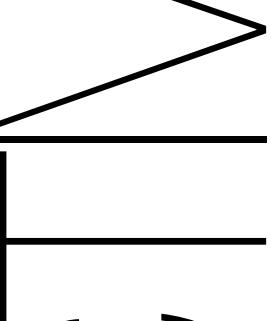
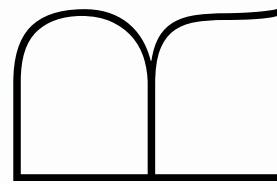
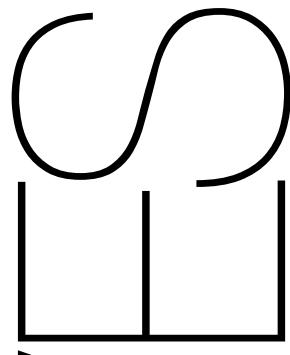




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*Be Children  
of the Church..."*

—St. Elizabeth Ann Seton





MIA AMATO

Roughly four years ago today, I was in the same shoes you are in right now. I was you, an eighth grader reading through all the senior essays in the 2017 issue of the Friar Focus thinking, is this a place where I see myself? Reading through the various types of essays students wrote I eventually came to the decision that I am going to attend

Saint Anthony's. That was the best decision I have ever made for myself.

Now you may be thinking, why did I choose to attend Saint Anthony's? As a middle school student I often felt that I did not belong, and I struggled with my own identity at times and finding myself. Walking through the doors of Saint Anthony's for the first time felt like a breath of fresh air, the warm and welcoming community made me feel right at home. The energy of the school hallways is electric, and every day I have been here I have always walked out learning something new. Throughout the years, I have had the pleasure of meeting so many new and wonderful staff members, who I have grown to have a personal connection with many of them. Having a personal relationship with many of my teachers made my experience here ten times better and helped me to become successful in all of my classes.

Another thing that drew me to Saint Anthony's was the amount of extra-curricular activities the school has to offer. There is truly a club for everything you may have ever thought of, and becoming involved in school activities is how I learned to grow as a person and where I found all of my closest friends and where I belonged. I am involved in many clubs within the Saint Anthony's community, but the two places where I spend most of my time are at Student Council or running on the track team. Both of these organizations have helped me to become more of a leader through our teamwork, and how driven each one of us is to succeed. Getting involved in athletics or clubs is the best way to begin to find your path and where you belong within our school community. There is a place for everyone to explore their own interests and passions here.

A vital part of our school community is our faith. The Saint Anthony's community has taught me and shaped me to grow in my faith so much. As a freshman coming into the school I didn't know how much I would grow to love Theology. The campus ministry and theology department contain some of the staff members at Saint Anthony's who have impacted my life the most and have taught me to grow in my faith. Saint Anthony's also offers various retreats, and religious clubs. I was a member of Clare Society last year and now this year I am a member of Kolbe Society and Lector Ministry. As a member of Clare and Kolbe Society, I am a retreat leader and have led many retreats and I have also been given the opportunity to show the underclassmen of the school my faith. Through these activities I have grown so much and developed my faith so much more. Another person who I have only known for a short amount of time but has already helped me become closer to God is Father Michael. Father Michael is our new priest here at Saint Anthony's and through our frequent talks and the warm presence he has brought to our school community, he has helped me grow in my faith so much. Being surrounded not only by the Campus Ministry programs, Father Michael, and our theology classes, but also all of the Franciscan Brothers have inspired me and have led me to choose God and my faith.

Now that I am a senior, I can look back and reflect on how great my high school experience was. I know that in the short few years I have been at this school, I went from someone who not many people knew, to now being a friendly face that anyone can say hello to at any time. Knowing that I have made my mark at Saint Anthony's makes me feel eternally grateful for all of the opportunities this school has brought to me. You too can make a difference and continue to make this school the wonderful place it is. Next year I am hoping to be able to attend the University of Virginia studying English, but for now I am holding on to my time at Saint Anthony's as best as I can, for this place is truly life changing.



STEVEN CAYEA

As I sit here writing my reflection during my last year at Saint Anthony's High School, I wonder why I waited until just three days before the deadline. I start to think about the last few weeks and what held me back from beginning earlier. It certainly wasn't for a lack of enthusiasm or the inability to recall any happy memories, but rather just a complete absence of free time. Join me on this investigation to discover which of the following suspects are the cause of my procrastination.

Was it my classes? Starting in my freshman year, I was able to take a tough curriculum of classes, a large component of my decision to attend. I advanced myself to take higher-level courses than I would have at my public school and there were more chances to take classes that fit my interests at Saint Anthony's. I certainly did not slow down my senior year, and with all my classes, I spend my time in class participating in meaningful discussions and then complete assignments at home to apply what I have learned. These past few weeks have proved that the level of learning has not adjusted at Saint Anthony's, regardless of the circumstances, and I continue to learn about what fascinates me.

What about research? In addition to my other classes, I also joined FriarQuest, the research program at Saint Anthony's, beginning with an introduction to the basics of engineering, social science, and biological research in my freshman and sophomore years. In the summer before my junior year, I was able to do research alongside undergraduate and graduate students with a microbiology professor at Hofstra University, thanks to connections formed through FriarQuest. That school year, I wrote a paper and entered several science fairs. Despite the pandemic, I completed an engineering and computer science project in conjunction with my mentor, a technology architect at Brookhaven National Laboratory. These past few weeks I have spent putting together my paper to enter it into fairs.

Can I blame my procrastination on sports? Saint Anthony's wide variety of sports and a spacious campus filled with phenomenal equipment, like our weight room, and plenty of space, with our great fields and our indoor student center, has given me the experience of being part of several varsity teams, including a shot putter on winter track and field, an outfielder in baseball, and a lineman in football. Thanks to Saint Anthony's great handling of the Covid-19 precautions and safety measures, many of our coaches have been able to resume practices and even games, leading me to playing with three sports this fall: football practices and throwing and baseball pre-season workouts. Being with my teammates reminds me of Saint Anthony's most valuable resource: the people.

Are clubs the true culprits? As president of the Saint Anthony's Leadership Team, the organization occupies a lot of my time, especially in a unique year, where we had to reimagine our events to keep them safe while also staying interactive. For example, I, along with the rest of the Executive Board, spent hours planning our Club Fair for the clubs around the school to set up tables in the student center for freshmen to learn more about them in place of our traditional carnival. Also, I have participated at many events around the school, such as our recent car wash or tours for prospective students and their families. All of the opportunities to spend time on campus has allowed me to create meaningful and lasting friendships.

Although the large amount of time I have described sounds daunting, I wouldn't have it any other way and I have always managed to meet deadlines while loving every moment I spend at the school and forming an extraordinary connection with my classmates as friends and teachers and faculty as mentors and role models. When deciding among your options for your four years of high school, I hope that you consider everything Saint Anthony's can offer to you: A Franciscan education, a supportive second family, and an endless list of activities. Hopefully, in less than a year, you too will understand the amazing problem of having too much to do.

Thanks to my rigorous curriculum, research experience, and valuable extra-curricular activities, I have the incredible opportunity to consider very prestigious universities to continue my studies, including my top three choices of Johns Hopkins University in Baltimore, Vanderbilt University in Nashville, and Emory University in Atlanta.

What would you say to an eighth-grader as to why he/she should come to Saint Anthony's High School?



BRIDGET CLARK

Let me count the reasons you should come to Saint Anthony's ...

It would be easy for me to point to all the obvious things that make this school such a special place. I could point to the rigorous and diverse academic program and say that's reason enough to be a Friar. I could talk about our successful alumni and the colleges that Saint Anthony's graduates attend, surely that would impress anyone choosing a high school. I could talk about our dominating athletic program and all the team and individual championships and awards that are won every year – who wouldn't be wowed by that? I could offer a tour of our facilities and show them how Saint Anthony's is a school like no other on Long Island. We could talk about the Innovation Center, science labs and the Dr. Cap body thing, or perhaps Our Lady of the Angels chapel which upon entering makes you feel like you have traveled to an Italian village to celebrate Mass. Maybe I would talk about the Student Center and the unique opportunities it provides for our chorus, orchestra and band, artists, and athletes. I could talk about all the great clubs and activities that Saint Anthony's has to offer – truly something for everyone and every interest. Or maybe I'd just show them a yearbook and reminisce about all the special events – Homecoming, Halloween, Christmas "Lockeration," concerts, plays, retreats, talent shows, car washes and many more – and describe the fun that we have at each. I could even mention how one hasn't lived until they've enjoyed a David's cookie and curly fries from the cafeteria.

I could easily talk about all these things and, in doing so, I would have no problem convincing an 8th grader that Saint Anthony's is the place for them. And while touching on all those varied topics would surely give any prospective student an idea of what Saint Anthony's offers, I would still not have shared with them the most important reason to become a Friar. It is not the academics, the sports, the activities, the building, or even the curly fries – it's the people.

The most important reason why anyone should come to Saint Anthony's is because of the people who make up the Saint Anthony's family. The Brothers, teachers, staff, and coaches are what make this school such a special place. They are extraordinary people who genuinely love working with students. They understand that the mission of the school is not just to prepare us for college, but to prepare us for a good, fulfilling life. They focus on each individual student, our academic progress, our spiritual growth, and our general well-being. They care.

Simply stated, I would tell an 8th grader who is considering coming to Saint Anthony's, "Just Do It" (after all, that was a campaign slogan that got me elected to the National Honor Society Executive Board last year!), and I would wish them luck. I would wish that they are lucky enough to have the same experience that I have had and that they are inspired by teachers and staff like those who have touched my life over the past four years. I wish that they might have the opportunity to experience, among many others, Ms. Ferrara's sense of humor (acquired), Mr. V's combination of understated brilliance and pure niceness, Stoveto's commitment to the craft of teaching, Mrs. Kennedy's genuine sweetness, and Mr. Kiernan's subtle sarcasm and wry smile. I wish that they will feel the love and support from someone like Mr. Anderson who is the living embodiment of what it means to care for others. And I wish that they will be motivated by someone like Mrs. Grottano (a legend!) who convinced a room full of nervous freshmen to "never cut corners" because "nothing comes easy." These are but a few of the many, many people that make Saint Anthony's what it is, a unique and special place. So, 8th grader, take the plunge, don the black and gold, it will change your life and you'll never be the same. I promise.

Next year I have applied to live in my parents' newly painted basement. If accepted, I plan on studying the sleeping patterns of young adults and hope to someday move back to the first floor. In case that doesn't work out, however, I have also applied to Lehigh University, Villanova University, University of Scranton, and Marist College, among others, with the goal of studying psychology – just to be safe.



LUKE CONNELLY

Preparing for my first day of freshman year, all I knew was that I was excited to start my high school experience at Saint Anthony's. I had heard so many stories about the campus and the environment since I was born into a family with two parents who were Saint Anthony's alumni and had two Saint Anthony's siblings. I was so eager

to start until I walked up to the back breezeway doors on the first day of school. I suddenly felt an uneasiness staring at the line of glass doors. I didn't expect to feel this nervous at a situation I had wanted to be a part of for so long, but the realization of being a freshman in a sea of thousands of students had suddenly dawned on me. Coming from an eighth grade class of 40 kids in a Catholic middle school and entering into the grand population that is Saint Anthony's was daunting at first. I wasn't sure how my first day would turn out, and I could only hope that there would be someone to guide me.

As my day went on, I started to observe the amount of effort the faculty put into helping the freshman students. Whether it was correcting the uniform or helping direct kids to their right classes, the teachers were going out of their way to assist the newest students. I started to see the other freshmen that I had trained with over the summer, as I wanted to be a part of the cross country and track teams at Saint Anthony's. The more help from staff members that I received and the more familiar faces I saw, the more I was able to focus on what the school had to offer me as a naive freshman. I joined sports, which allowed me to consistently meet with a group of my friends for practice. I saw teachers excited to start work with their new students and engage them in conversations. I saw clubs and volunteering opportunities, such as Friar Faithful, that allowed me to not only get acquainted with other volunteers but to help introduce students that knew less than me. With all of these resources and opportunities available to me, my transition from an anxious prospective student to a freshman was easier than I could have imagined.

From this experience, I was able to understand the aspects of Saint Anthony's that not only make it unique but make it the high school I was proud to have chosen. So, to address the question that every eighth grader will soon be asking themselves, "Why should you choose Saint Anthony's?" In my experience, the reason I believe you should consider Saint Anthony's is because it gives you the opportunity to invest yourself. As per the school's mission statement, if you can capture the heart the mind will follow. I believe this principle is why many faculty are willing to go the extra mile and engage students. This school rewards the effort you put into your endeavors, no matter the type of student. If a student wants to challenge themselves by taking an Honors or AP class and they want to excel, all you need to do is reach out to the teacher and you'll find that they are very willing to provide resources for studying. If you are struggling with a class, you can reach out to either a teacher or a student who has signed up for tutoring to help you. Some students might feel as if they only want to do well enough to pass in your classes and any student can choose that option if they want to. However, with the many opportunities to excel your learning experience, you will feel the most satisfied if you are a student who is open to investing in their work and ultimately leaving class with more than a general understanding of a topic. Being given the opportunities to display your talents, put care into your work, and go past what is expected of you transforms this school from a high school experience into a life lesson on dedication and character.

My experience at Saint Anthony has allowed me to explore many different interests because the environment is fueled by the desire to achieve more. I have been fortunate enough to participate in and find a passion in my sports of cross country and track. I have had the opportunity to challenge myself through Honors and AP classes, and subsequently learned my academic limits. I have even been able to participate in our school's band program, which led me to playing in our school's Jazz Band. However, these are only the experiences that I found satisfaction in at my time in Saint Anthony's. With the multitude of clubs, sports, classes, and volunteer opportunities you have the chance to mold your high school experience to be your own. Ultimately, wherever you end up going to high school, committing yourself to your studies and being dedicated to the aspects of high school that you really enjoy is crucial to a positive high school experience. However, I hope my testament showed you that the best place to find your own personality and achieve your best high school experience is through Saint Anthony's. Next fall, I hope to attend Penn State, Cornell or Bucknell University.



JADEN DIGGS

It has been a pleasure and honor to be a part of Saint Anthony's High School. I started in this school about two and a half years ago, I can never replace the large gratitude and sincere welcome I got from each and every student, teacher, security, staff, and Brothers.

My story is a little bit different than others being a transfer student, which means changing schools and later attending Saint Anthony's. I ended up starting in this school in May and finishing out my sophomore year. My first day in this school was relatable to a freshman on their first day of high school. Walking into this large building with more kids than my public school, everyone in uniform, Franciscan Brothers, and a huge staff made the hair on my head stand up. Only until the day I stood in the hallway with Mr. Washington, every student and facility member came up and greeted me and shook my hand. At that very moment I knew that I had found my home in this school. I have never received that in any other place I've attended.

When making my schedule I didn't know which extracurricular classes and clubs to join or take. The options that I had were amazing with every possible class that I was actually interested in and wasn't forced to take. On my first day there wasn't a worry about me getting lost going from class to class, from going to the student center or to the third floor. In my first period class all the students came up to me and wanted my schedule and number for any help that I needed. A student in that class had a meet up spot on each floor for us after class where he would walk me to my next class to make sure I wasn't getting lost. The only thing that made me worried was walking into the huge cafeteria, which of course shouldn't have been a worry. Everyone had noticed that I was now struggling where to sit, so I sat at an empty table for a total of 2 minutes before the table got flooded with people coming to sit and eat with me. I walked around with them meeting new people who I still currently have a friendship with and seeing the different types of food they offered. When we walked up to get lunch I instantly became astonished. Coming from a public school where it was not good lunch food and no real snacks or food to eat, I thought that I was in a deli. I've never seen skittles, soda, chips, ice cream, and anything else imaginable in a school cafeteria until then.

After getting used to people and teachers I finally was able to be comfortable on my own. Always raising my hand in class to either tell a joke and get the teacher to laugh or ask a question made me feel like I've been in this school for years. Every week I would walk downstairs to the admissions office and pay a visit to Mr. Basso and Mr. Washington. They wanted to stay in the loop with me of how classes were going, who I became friends with, how work out of school was going, and if I ever needed anything. Some days when I was free I would just go have lunch in their office with them and talk about my plans for the weekend and even get help with homework for class. It was never a day that I said in my head "I don't want to be here" except for test days! School later felt like home and I couldn't wait for the next day to come so I could put back on my school uniform and jump on the bus for school.

Being a senior in high school came up quickly for me. The last thing that I want to do is leave this school. It's memories that I cherish and friendships I could never get in any other school. I never thought looking from the outside of this school, that it would be a great match for me but I was completely wrong. I think that anyone considering attending Saint Anthony's, should definitely attend here. This school has so much to offer and a big open heart to each and every student to make sure that they are comfortable and enjoying being here. From traveling to other private schools and seeing how things were run, academic offers, and clubs, this school immediately jumped to my top list. I've never said this in my other high schools that I've attended, but I am having the time of my life and learning so many new things that I thought would never get broken down enough for me to comprehend. This place will definitely be missed and the memories that I have made will be cherished. I hope when I come visit on alumni day I see you students in the Friar uniform building the legacy that will better you. Best of Luck!

Hoping to attend St. Francis or Ohio State University.



ANABELLA LICATA

The idea of entering high school as a freshman can be a scary and an intimidating thought. As an incoming freshman, you may be overwhelmed as you decide which high school you believe is best for you. As a senior reminiscing back to when I was an incoming freshman, I remember having the same thoughts. As

I had these thoughts, I remember recalling what my father, an alumni of Saint Anthony's, used to tell me, "Once you are part of the Friar family, you are a Friar forever." As I stepped foot on campus for the first time, I instantly knew Saint Anthony's High School was really the best school for me. I am proud to say that one of the best decisions I have ever made was following my father's footsteps by attending Saint Anthony's. This amazing high school has brought me the best four years of my life!

Here at Saint Anthony's High School we do everything we can to make sure every single individual feels welcomed, loved, and cared for. As a member of Friar Faithful and S.A.L.T., both leadership clubs here at Saint Anthony's, I have had the privilege to welcome incoming freshmen and their families into our incredible school. When I meet new incoming freshmen for the first time, they are usually shy, but nothing compares to the feeling of seeing that same shy freshman in the hallway the next year with a huge smile on their face, walking to class with their friends. Why Saint Anthony's High School? The experience that Saint Anthony's High School has to offer is truly remarkable. In my opinion, it is an experience like no other! Saint Anthony's continues to provide challenging academic programs rooted in the Catholic tradition. By attending Saint Anthony's, you are promised a robust curriculum that consists of many levels of classes. In addition, Saint Anthony's strives to provide students with intensive college preparation. There is no other high school, like Saint Anthony's, that gives you the opportunity to achieve your highest potential academically and athletically.

If I were to describe Saint Anthony's in one word, I would definitely use the word "home." Saint Anthony's creates such a warm and welcoming environment to all students; No one ever feels left out. Many may worry about not fitting in at such a big school, however there is no such thing as exclusion at Saint Anthony's. With the diversity of this school, I promise you that you will find the right group of friends. In addition, the teachers at Saint Anthony's High school are nothing but the biggest help. Whenever you have a question, all you have to do is send an email to a faculty member, and they will get back to you within a couple of hours. Every teacher here is fully devoted to helping their students and bringing the best out of every individual student they have.

Saint Anthony's offers an outstanding artistic and athletic experience, as well as different clubs to get involved in. As an athlete for the Saint Anthony's Varsity Tennis and Softball team, I have met my best friends throughout high school, and have had the chance to experience many league championships, as well as two state championships! By playing a sport or joining a club at Saint Anthony's High School, you are automatically placed in a family. You are surrounded by people who care about you. You are guided by coaches and teachers that want nothing but the best for you! As a senior, I have realized how fast these last four years have gone by. I have come to realize how truly lucky I was to attend an amazing high school like Saint Anthony's. I am happy to say I enjoyed every moment, minute, and second of it, and for that I am forever thankful. Although I will miss Saint Anthony's High School greatly, I am looking forward to experiencing the next chapter of my life. I plan on attending either Villanova University, Boston College or Providence College.





SIOBHAN MONAGHAN

One of the first phrases you hear when you enter high school is, "The next four years will fly by." I didn't realize just how true this was until one day when I woke up and was getting ready for my last ever first day of high school. It's hard for me to believe that my time at Saint Anthony's is coming to an end in just a few months.

Although it is a bittersweet feeling, I will always look back on my time at Saint Anthony's High School and be forever grateful for all that I have learned and all the amazing people I have met.

I have attended Catholic school since I was in nursery school. From nursery to eighth grade, I attended Saint Patrick's School in Smithtown. Because of this, my faith has always been extremely important to me. I always had a strong feeling that Saint Anthony's was the school for me. Not only did my Dad attend Saint Anthony's, but my four siblings, and many of my cousins and other family members did as well. My parents always gave me the option to choose where I wanted to receive my high school education, but after visiting Saint Anthony's at the open house for the first time I immediately felt at home. Not only the faculty and staff, but the students all really inspired me to make the decision to attend Saint Anthony's. My first day of high school is a day I will always remember. Although I was nervous, I was more excited than anything else. I remember instantly feeling a sense of comfort and the schools Franciscan values shined through. The thought of coming from a small Catholic school with about 40 kids in a grade, to entering a huge school with over 2000 students was extremely intimidating at first. Despite my initial worries, I felt instantly welcomed and at home at Saint Anthony's. Through the dedication I saw in my teachers where they were always there to lend a helping hand, or willing to stay late or come in early to help with anything you needed I felt confident in my education. I can without a doubt say that Saint Anthony's has prepared me for college in every way.

The thought of entering high school can be extremely overwhelming. The process of deciding which Catholic high school to attend can also be intimidating. The best advice I would give to an 8th grader who is deciding whether or not to attend Saint Anthony's would be to follow their heart. Saint Anthony's motto is "Capture the heart and the mind will follow." Saint Anthony's will not only capture your heart like it did mine, but you will receive an education here that stands out from other schools. The education I have received in these last four years was so hands on and challenging in the best way possible. The faculty and staff here are one of a kind and have taught me so much and fully prepared me to take on life after high school.

The decision to attend Saint Anthony's was one of the best decisions I have made in my life so far. These four years have flown by way faster than I had anticipated. If I could do them all over again I would. I cannot thank Saint Anthony enough for everything I have learned and all the people I have made life lasting friendships with. Saint Anthony's has prepared me to apply to numerous universities such as Fordham University, Fairfield University, and The University of Miami. Classmates for Four Years, Friars Forever.



EMILIA PAZ

If you or someone you love is thinking about attending Saint Anthony's High School, I only have one word for you . . . run. Run as fast as you can!

*Editor's Disclaimer: The views expressed are those of the author and do not necessarily reflect the views of Saint Anthony's High School, its staff or administration. S.A.H.S. is not responsible for any injury which may be caused by the act of running. Be advised that running is strictly prohibited at Saint Anthony's during school hours. That is why we require all students to wear special shoes designed to inflict pain when exceeding 3 mph.*

I can imagine someone in administration might be cringing right about now, but I promise this will all make sense soon. I must be honest that in my case, Saint Anthony's wasn't really a choice. My two older sisters attended, and both have already graduated from college. Being much younger, I was able to see how much they loved this incredible school. All three of us attended public school through the 8th grade. I remember driving with my mom to pick up my sisters and wondering about what was inside. Little did I know, that behind these walls, 2,400 kids were being transformed into young adults.

While Saint Anthony's is a nationally recognized college preparatory institution, it is fundamentally a home. Friendly faces, kind smiles, and helping hands fill our hallways creating a welcoming atmosphere where everyone can become the best version of themselves.

In addition, everyone is free to explore their potential: from the art of acting, to working a 3D printer, every skill set will be amplified. We also offer dozens of AP college level courses in which we encourage every student to be a part of. This may sound a bit overwhelming, but there lies the very objective of our school: to challenge you.

Since I walked through these doors, I have taken 7 AP courses, performed in 5 theater productions, played a Varsity sport, attended a mission trip to Tennessee, became an officer to our 600 person chorus, joined 3 honors societies, became an All State Vocalist, and most importantly, had fun doing it. It wasn't until the COVID-19 shut down did I realize just how much I loved my school. On our first day back this September, I was filled with so much emotion that I ran with tears of joy through the doors of our beloved Saint Anthony's. I know all my fellow Friars did too!

Therefore, please forgive me as I conclude with my ever-witty pun: run! Run towards the abundance of opportunities here. Run towards new friends and incredible teachers. Run your own club; run for student council . . . run on our track team! Run towards your passion as if your life depends on it . . . because it does.

I hope to attend either Duke University, Tulane University or William and Mary University.



**ANGELO PRESTIPINO**

I remember when I was first accepted into Saint Anthony's High School, I was a nervous wreck. All I knew about Saint Anthony's was that it was a competitive school in both sports and academics, and that I had some big shoes to fill since my older siblings excelled in this environment.

High school can be a tough part of life for some people, but Saint Anthony's is more than just a prestigious school, it's a community where everyone is accepted and pushed to be their best self. I learned this quickly, and adapted as I needed to. This school is not all about pushing yourself, it's also about being yourself and not being afraid to do what you want to do. Every eighth grade student should come to this fine establishment as there are many things Saint Anthony's does better than other schools.

For starters, Saint Anthony's has a wide variety of classes available to all students ranging from traditional regular classes to APs to college level courses. The amount of education you will receive from Saint Anthony's is outstanding and will allow students to get ahead of the game. For those students who truly want to push themselves, they can apply to the National Honor Society, and be labeled as being among the brightest of their grade. I too, am a member of the National Honor Society, and we do a lot for the school besides getting great grades and representing the student body. We hold events, help run open houses and tours and are the voice for the student body. There are many opportunities for those who excel in academics, but there are also chances for the athletes to prove themselves.

Saint Anthony's High School is widely known for its outstanding athletic program, and rightly so. There is a range of sports for athletes from football and basketball to track and field. We even have a golfing and bowling team here at Saint Anthony's. There is a sport for everyone here, and each team has outstanding coaches, some of which used to coach college teams. You will always improve if you stick with a sport and reach goals you never thought were possible. But that isn't the most important thing about our athletic program, it's the bonds you create with your teammates and coaches. I played football and ran track at Saint Anthony's, and I have never had such a connection to my team and coaches. We truly treated each other like family, and competed and fought together like family. If you are looking for a competitive atmosphere to prove yourself, or just a place to excel the athletic program at Saint Anthony's is just for you.

If you are not into sports, then join a club! The clubs here at Saint Anthony's are very creative and have their own communities. There is a video game club, sports medicine club, acting club, any club you can think of we have. You can also create a club and promote your own club through posters and such around the school. There are other clubs and programs at Saint Anthony's that are designed to promote our school and help those who need help adjusting. Friar Faithful is a program that I am a part of that holds events, open houses and offers tours of the school. The S.A.L.T. Club or Saint Anthony's Leadership Team, directs a lot of events and offers advice for incoming students. This particular club is active even over the summer. Each member is assigned an accepted student and contacts them to offer advice and answer questions about our school. We even offer tutoring for those who need it. Students are tutored by other students who have passed a particular subject with flying colors, so we choose our tutors here very carefully so that help can be given properly.

Saint Anthony's High School is a wonderful school with an even more wonderful staff. The staff here are fully involved in their students' success and offer help with everything. Our guidance teachers offer good counseling and even help with the stress inducing process of applying to colleges. If you come to Saint Anthony's High School, you will love it. This school offers so much to its students, and makes everyone feel welcomed. You will not only excel here, but you will become a part of a second family, whether it be through the staff, sports or clubs, you will always be welcomed here and be able to be the best you can be.

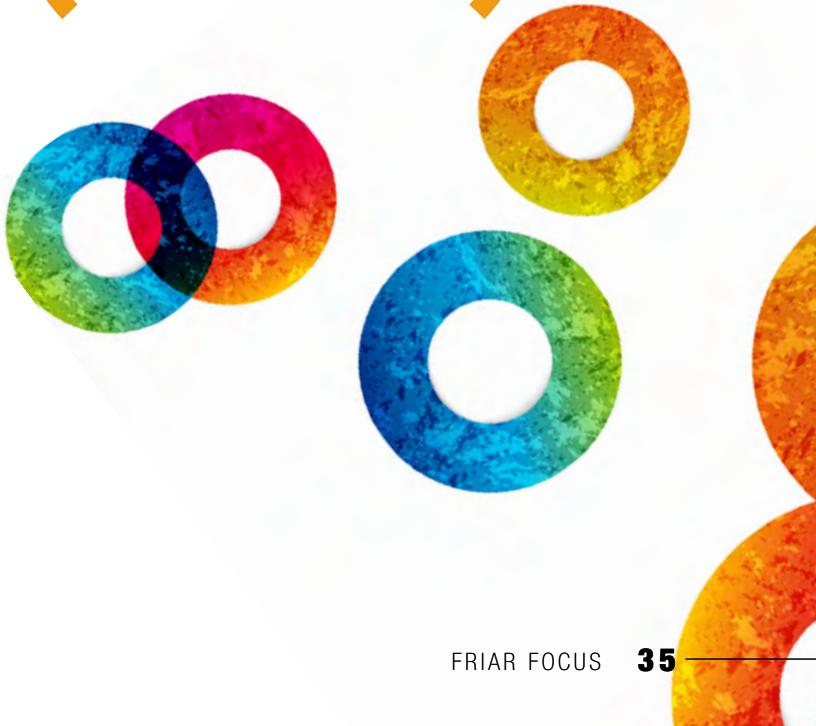


**KATHERINE ALTER**

Coming to Saint Anthony's was the best decision I could have possibly made overall for my college preparation. I am from Port Jefferson and attended the small public school there for my whole life and was very afraid of moving to such a big school. Port Jeff's elementary school and middle school were very different from Saint

Anthony's in size and strict enforcement of rules, and that worried me. I was torn about making this decision. I knew my future depended a lot on what I did in my high school years and how that prepared me for college. I decided to make the switch and take my worries head on, heading into a huge school, with people I had never met before, a uniform I'd never had to wear before, and classes taught by teachers I had never seen before. Looking back, entering this new school was a lot like entering college, a brand new space you must learn to adapt to. I am a senior now and as I reminisce on my years at Saint Anthony's I realize that throughout the years I was taught valuable lessons by the experiences with my Friar family. I am now more ambitious to try new things and go to college with the open mind that I was able to make my way through this new big high school. I was held at a high standard throughout my high school years and was taught the lessons that I will need in college. I remember the breakfast we had at the beginning of freshman year, my earliest memory from coming to this school, the principal at the time, Brother Gary, told our parents that their kids would come into school teenagers and come out mature young adults. When Brother Gary said this I remember chuckling to myself thinking about the fact that there would only be about four years that went by, poking fun at that statement thinking I would be the same person in four years. Looking back at that statement I realize that it couldn't be more true, the amount of change and character growth that I can see within myself and my classmates is truly remarkable. In just four years my Friar family have completely transformed me and all my classmates, more than any other school could possibly do. The Franciscan spirit and the Christian values that carry us through our high school years prepare us for not only college, but the rest of our lives. Saint Anthony's has prepared me with such Franciscan values to be able to use these in college and in the rest of my life and I am so thankful that I made the decision to attend high school here. I will like to attend Sacred Heart University or Marist College.

*How has Saint  
Anthony's High School  
changed your life?*





ABIGAIL ATHAN

If I was somehow able to introduce the person I am today, to my past "8th-grade me", she definitely would not believe that we are the same person. Saint Anthony's has been able to make me into the person that my younger self would have looked up to. With my father, three uncles, and several adult figures in my life having all

been passionate students at Saint Anthony's, 8th grade I feared the weight of carrying on this legacy. I wanted to be myself, separate from the name my family created for me. Going into high school I feared that this individuality would be taken away from me, but instead, the school gave it back to me tenfold.

I entered Saint Anthony's reluctantly. It was an entirely new universe I had stepped into. I wasn't quite ready to leave my old world behind, the world that held all of my childhood memories and friends – my middle school. Uniforms and theology classes were daunting, and I missed the comfort of familiarity. In spite of these fears, I took a leap of faith, and let go of what I knew.

The students and staff at Saint Anthony's don't see you for the middle school you came from, or the person you used to be, but for the person you are in the present moment, and the person you are working to become; I stopped living in the past, let go of it, and began living for today. Saint Anthony's granted me this new perspective, and a profound appreciation for the opportunities I have been given in life. I learned how to be a friend, and how to love a person for who they are now- with no strings attached. I met the most supportive, accepting, and encouraging group of friends here, who love me for the person I have grown into. Here, I found the freedom to start over, and I found myself surrounded by people willing to support and guide me on this journey.

Saint Anthony's isn't just the phenomenal facilities and equipment, but it is the people who are behind it. People across Long Island, who have taught me more valuable lessons than any class that could be taught. Students at Saint Anthony's refuse to be a part of any "clique" or fall under one archetype. Instead, I was surrounded by people who did not fear judgment but prioritized their own joys and passions over any "image". At this place I was able to let go of the fear of being labeled, or confined to one identity- my individuality was something that I could mold and create for myself and the possibilities were boundless. Excited upon this realization, I took this opportunity and ran with it. I tried out almost every club at this school and somehow ended up serving on two executive boards, as well as the student council before graduating. I am a "nerd", an "artist", a community member, and I am myself. To be me, unashamedly, authentically, and without fear, is the most beautiful gift this school has given me.

Quarantine was especially hard for me because I missed the physical place of Saint Anthony's – a place that in a way had become a vessel for my self-discovery and a new source of comfort in my life. I always spent more time at school than I did at home each day, and being back in that same routine is such a simple, but invaluable joy. I have created so many memories within the walls and classrooms of Saint Anthony's, and I replay them in scenes in my head as the reality of leaving after these four years' sets in. I know I am leaving Saint Anthony's this June as a completely different person, and that middle school Abby would be proud. This fall, I hope to attend University of Georgia, Tufts University or the University of Delaware.



WILLIAM BRANDINE

Where do I begin. From the moment I got accepted into the school, I knew my life would change. Obviously, I was unaware how my life would change, but I could feel the waters of time flowing into the sea of the unknown and was excited to see what possibilities lied before me.

Even to be given an opportunity to start over in a place filled with people of different origins made me excited to embark on this journey, filled with paths that younger Will wouldn't have been able to see.

Stepping foot in the school for the first time unfolded millions of different paths that enticed me to walk on, some of course better than others, but I was the only one to choose which one I wanted to go on. That's a part of the beauty of Saint Anthony's, all your peers around you step foot for the first time, thinking the same things as you do... where do I begin? Starting from the first friend you make, to the first person you bump into, you'll start your way through various paths that'll eventually all lead us into the same spot, the Graduation Podium at the end of our Senior Year.

To start over with the knowledge I acquired from Middle School and my time as a student in general, helped prepare myself for the hardships and struggles I'd face with that first step moving forward. Saint Anthony's was unknown territory, but it was unknown territory for all of us, which allowed for that reset button to be pressed and the sea of endless possibilities to be opened. Personally, I went into Saint Anthony's as an introverted simpleton who couldn't make a single friend if I tried. However, as time went on and I embraced the opportunities that matched my interests, I came across people that held the same goals and dreams as I had, and never have I felt more secure in an environment like those, where I could speak freely about my hopes and have others agree alongside them.

As I look back on my time as a Friar, it makes me realize how much I've changed over the years. Looking back at my old introverted self makes me wonder how much more could one grow in such a short period of time. I've come to embrace the people I learned to love around me, I've come to embrace the environment that was wrapped around my curious eyes from the moment I stepped through the doors on my first day, and I've come to embrace who I am, and what my goals are for the future of my life, or even the world. One day, maybe these hopes and dreams that've curated through my time at Saint Anthony's could become a reality.





OLIVIA CIROCCO

Over four years ago, I made one of the best decisions in my life. The minute I walked into Saint Anthony's on freshman orientation, I knew it was going to be my home. The experiences and lessons I have learned throughout the years will forever be a part of my life, a part of who I am, and have shaped me into the woman I am today and strive to be in the future. Saint Anthony's has given me so much opportunity to be successful and to strive for the best as Saint Anthony's is the best and only expects the best.

In the beginning, I found that Saint Anthony's is intimidating, with how big it is and the high expectations they set for their students. However, I found that the expectations they set for us, are expectations I will set for myself for the rest of my life. When you strive for the best, you can be the best Saint Anthony's has taught me to never discount what I can achieve and never take less than what I put in. Being a student at Saint Anthony's has taught me discipline.

Discipline and time management are two things I never thought to be so important and so valuable. Freshman year, I was overwhelmed and tired of balancing school work and after school activities, that it was not until the support of some of the faculty to teach me and get me to understand the balance between the two.

I was always told that my experience at Saint Anthony's is what I will make of it. When I entered Saint Anthony's, I was timid and knew no one. It took confidence for me to break out of my shell to join various clubs and to be an active participant in my classes to meet new people and make the best out of the Saint Anthony's experience. Saint Anthony's pushes its students to maximize their full potential. Next year, I hope to attend either Highpoint University or Villanova University. Being a Friar is something I will be proud of forever.



MICHAEL DOBOLI

Obviously a lot has changed for me in the last three years. That's not incredibly surprising; three years living under a rock would have accomplished the same effect. Though these days I spend most of my time in a basement, so maybe I shouldn't joke too much about living under a rock. I could provide you with all sorts of nuances about my Saint Anthony's experience, but that probably won't help you make a decision about whether or not this school is the right fit for you. A lot of things that changed my life specifically were unique to me, so it wouldn't be too pragmatic to mention them. Instead, I'll organize my essay around general principles that you could generally expect to get out of Saint Anthony's High School if you choose to go. Am I avoiding the essay prompt a little bit? Sure. But I wouldn't be kidding anyone if I tried to make it seem as if this senior perspective is about me. It's about you, the prospective parent/student. So, I might as well break this illusion now and get right into the heart of things.

As Nietzsche once wrote, "*Aus der Kriegsschule des Lebens — Was mich nicht umbringt, macht mich stärker*". Or for our non-German readers (which includes me), "*Out of life's school of war — What does not kill me makes me stronger*". I prefer the German one, since it doesn't remind me of songs and overused mantras. Also I get to namedrop Nietzsche without saying anything particularly profound. Regardless, I think this phrase can be applied in this context. Saint Anthony's does not provide an easy academic experience if you choose to challenge yourself. Teachers will give hard tests, hold high standards for their students, and aren't afraid to give poor marks if you don't meet them. Of course, this villainous view of the teachers is not whole, but my point is that if you go to Saint Anthony's and take AP classes, then you shouldn't expect a comfy middle-school-esque experience. If you choose this path, it will be long, stressful, and hard. But you will definitely become a smarter person at its end. By smarter I mean more capable at processing and storing information, making logical decisions, dealing with stressful situations, reading and analyzing texts, and critical thinking. This is just a small sample of the intellectual skills that will be developed, but my point is that by challenging yourself, you will find yourself becoming a more capable person.

I think the other thing that Saint Anthony's does quite well is exposing its students to a lot of different things. While in middle school, your opportunities are generally pretty limited, but at Saint Anthony's there are a TON of different activities. Of course, you aren't expected to try all of them (or anywhere near all of them), but just doing one or two seriously can make a big impact. In my opinion, it's probably better to do just a few clubs seriously than many clubs not-so-seriously. Regardless, one club that I think really was good for exposure was FriarQuest, the science research program which is directed by Mr. Paino. I actually read serious research papers for the first time in my life, and doing hands-on-research was also very interesting. My research journey doesn't end here, but I would say this is a pretty good start to it. If I never did FriarQuest, certainly my concept of what research is would be different. Of course, the purpose of this anecdote isn't to shamelessly promote FriarQuest, but rather to tell you that there are plenty of opportunities at Saint Anthony's campus to try out different things. And if there isn't a specific opportunity, you can almost always find a teacher who is willing to help you create it. And by the sheer size of the school, there will always be other people interested in participating. I've never heard a person once complain, "Well, I wanted to do an activity, but I couldn't find anyone else who wanted to do it". Of course, I've heard several other complaints such as, "I went to bed at 4 last night", "She gave us 40 minutes to do 50 questions", and "The class average was a 72", but I have never heard someone not being able to do an activity that they wanted to do.

I hope my perspective helps you in deciding whether or not this school is the right fit for you. My early action schools are MIT, UChicago, Caltech, Georgia Tech, and UMichigan, but I wouldn't judge this list too much. After all, getting into these schools is really a lot harder than applying to them ;).





KYLE DUNN

The academic climate at Saint Anthony's is what made me attend in the first place. The curriculum is incredibly flexible and encourages students to continue excelling at what they are good at while simultaneously attempting new things. I remember feeling incensed that a year of fine arts was a requirement to graduate. I've never been good at acting, singing or drawing, so why should I need to take one? I reluctantly chose Studio in Art and found it so relaxing that I signed up for it again next year. I'm very glad for having been made to take something I would normally pass by. At the same time, I was trying new subjects, I was able to accelerate in math and Spanish, subjects I was already adept at. The balance of foreign and familiar is special to Saint Anthony's and is a special part of the curriculum. The school boasts a robust offering of Honors and AP classes to take. There is also the science scholars program, where students take AP Sciences along with Science Research. This program allowed me to learn at world renowned laboratories over my summers and present my work at regional and state science fairs. I am very grateful for the analytical and curious mindset that these experiences have encouraged me to possess.

While academic opportunities were at the forefront of my school decision, I believe that athletics should also play a factor. I had played tennis all of my life before attending and decided to try out for the team. Most sports teams have a number of junior varsity teams and a varsity. I mostly saw tennis as a way to blow off steam after a long day but ended up making the varsity squad. The workouts and practices were tough and arduous, but made me into a better player. The coaches, many of which teach classes, are excellent. I really appreciated the camaraderie and brotherhood that came with being on a team, something I had never been a part of before. I felt happiest on the days where I came home after a day of learning on and off the court. I may add that all of these benefits can be expected independently of winning two championships.

Academic and athletic prowess are two quantifiable attributes that frequently show up on lists and rankings. These are two of the less important things that Saint Anthony's has to offer. Coming from a school with thirty kids in a grade, I thought it would be difficult to adjust to the social atmosphere of a massive student body. A sizable, warm populace allowed me to make friends across all grade levels. Saint Anthony's also offers a multitude of clubs to join. I found welcoming homes in the Science Olympiad and Quiz Bowl teams. Clubs are such a nice opportunity to meet people with similar interests while sharing yours. Days with club meetings were always the ones I looked forward to the most. I have not laughed harder and smiled wider than on the bus back from a Quiz Bowl match or the train from a Science Olympiad.

As I go off to college I can confidently state that Saint Anthony's has prepared me well. The mixture of academics, athletics, and a positive social atmosphere has allowed me to grow as a student and more importantly as a person. I am and always will be extremely appreciative of the experience that Saint Anthony's has provided me. I can't wait to bring many of the new interests and skills I have gained while studying here to a college campus.

Next fall, I am hoping to attend University of Colorado Boulder, Stony Brook University or Binghamton University.



JUSTIN GAMBARDELLA

It's crazy to think that just four years ago I was a terrified freshman at Saint Anthony's High School. I felt like a fish out of water, as I was making the transition from a small school district, with an average graduating class of 180, to crowded hallways and uniforms. Not to mention starting the day off to the sound of Brother Joshua's notorious cowbell! I had no intention of attending Saint Anthony's and leaving the same people I had been going to school with since kindergarten. However, my parents had taken it into their own hands and insisted that I give it a try. You see, my father and my two overachieving older siblings are proud Friar Alumni! Looking back on these last four years I have no doubt that my parents guided me in the right direction, as our "College Preparatory High School" title certainly lived up to its name.

One of the first lessons Saint Anthony's would teach me that would prepare me for college came from the legendary Mrs. Grottano. She is my favorite teacher of all time and is also the only teacher I've ever shared with my father! Mrs. Grottano taught her freshman year Global Honors history class as if it were a college level class. She taught us how to take well-organized, effective notes. At first, this was a challenge for me, as I wasn't accustomed to having to put this amount of work in to succeed in any class. She introduced me to outlining, the method I still use to take notes today, and will definitely continue to use in college. Outlining not only improved my handwriting but more importantly provided me with a real way to organize my notes which made preparing for tests much less challenging. Besides the lessons she taught us, she always showed her students love and made the intimidating transition much easier for me.

In addition to Mrs. Grottano and the other wonderful teachers here, the challenging courses offered also stand out as exceptional college prep. By the time I graduate, I will have completed 5 AP courses and 3 dual enrollment college level courses. The remainder of my courses were all Honors level. A schedule with this kind of academic rigor is not available at many high schools and will serve me well as I get ready to enter college.

As I mentioned earlier, as a freshman I was intimidated by the size of Saint Anthony's. However, I soon realized that all my classmates were in the same boat. I couldn't imagine actually going to school without my close-knit group of public-school friends, some of whom I even consider family. But taking this step and trying something new helped me to both grow as a person and grow up, providing yet additional preparation for the college experience. Also, in what other public high school would I have the opportunity to attend classes with international students from countries like Spain, Russia, and China? Every day that you walk the halls here, you can meet someone new. And yes, some of my Friar friends live much further away than the neighborhood! Although the distance may be greater, the connections I have made at Saint Anthony's both with teachers and classmates run deeper than relationships I knew were possible to make as a 17-year-old.

I will forever be grateful for my parents "forcing" me to leave my comfort zone to come to "Friar Land". This decision leaves me equipped with new-found knowledge, strength and skills. Not to mention a new set of friendships that I will always cherish. (Classmates For Four Years, Friars Forever!) When I get my diploma in June, I will know that Saint Anthony's has prepared me well for the next four years of my life at whatever college I choose. Some of the schools I'm applying to are Villanova University, The University of Notre Dame, and Wake Forest University!



LAUREN HEBERER

The best possible way I can fit the multitude of ways in which Saint Anthony's has changed my life, without writing a novel, is by presenting them in three ways; Faith, determination, and community. Throughout the last four years, a day has not passed in which my faith, increased determination, and sense of

community has not been available to me in some way. With these three concepts at the heart of Saint Anthony's High School, and now my own heart, my life has drastically changed for the better.

I have always been exposed to the Catholic faith. I was baptized and brought up understanding my religion and the 'key facts' every Catholic should know. Although, it wasn't until I entered Saint Anthony's where I went from knowing my faith, to believing it. Transitioning from a public middle school I was nervous about being in this very different atmosphere. However, I soon noticed that Saint Anthony's gives their students every opportunity to develop their faith, and it is up to us what we make of it. From learning the Chorus Latin hymns to the daily Angelus, faith is the driving force of everything that happens at Saint Anthony's. For example, one of the most resonating lessons I have learned was during my freshman year retreat in which I was told, "As long as God is your number one priority, everything else in your life will fall into place". This advice has changed my life and my perception of what truly matters in the world. Friends, family, academics, and athletics will all fall into place with faith as my priority. With this advice and the strong sense of faith present to me at Saint Anthony's, I will hereafter continue to learn and develop as an involved Catholic with God in the center of all I accomplish.

In addition to its faithfulness, one of the most incredible aspects at Saint Anthony's, is the amount of people who want to see you succeed. At every phase of my time in high school, there were endless faculty, friends, and teammates who pushed me to become a better version of myself. Saint Anthony's is built up of an environment of students and staff who are always striving to do their best. From almost every student joining various afterschool clubs, to academic awards given after every semester, there is never a question of the determination of a Saint Anthony's student. And after being immersed in this environment for four years, it was nearly impossible to not follow in the footsteps of my peers. I have become determined to try my hardest in everything I do, which I know is an attribute I will thank Saint Anthony's, for the rest of my life.

There is something completely unique about the sense of community that is given at Saint Anthony's. To be completely honest, a better word to describe the love every student and alumni has for one another, is a family. Saint Anthony's has given me the opportunity to meet hundreds of people who for the rest of my life I will share a connection with because of our irreplaceable high school years together. I cannot imagine the person I would be today had I not attended Saint Anthony's and met the incredible people I have been so lucky to learn from. Together we form an endless bond that will carry us into adulthood and any paths we may cross. Because of the community I was able to receive, I am more confident in myself, meeting new people, and connections I will have even after graduating.

If I were to see my senior year self in the eyes of my eighth grade body, I would not recognize the girl walking down the hall. Through faith, determination, and a sense of community, Saint Anthony's has completely changed me, in every aspect of my life. I am now able to look at the world with a new lens, and see all of the opportunities available before me. Therefore, I will take these lessons and gifts high school has granted me and continue to grow spiritually, mentally, and in love with my Saint Anthony's community.

I hope to attend one of these colleges next fall – Fordham, Northeastern or Boston College.



MICHAEL LUM

The summer before starting at Saint Anthony's, I remember receiving a call from a SALT representative to talk about the school and ask questions. While I knew the call was coming, I didn't have any questions. After all, my older brother Thomas was at the school already and my Mom was a teacher- what could I possibly want to

know? Looking back to that day, I realize that Saint Anthony's isn't just a building on Wolf Hill Road, or the sports and clubs that it offers, but it is the spirit that only comes from the experience of your four years at Saint Anthony's.

I've been a product of Catholic education since I was in pre-school. Uniforms and prayer have always been a part of my life, but my four years at Saint Anthony's has taught me to look beyond all of that. From that very first day in the auditorium, I realized that I needed to make my path my own. These years have taught me independence, responsibility, how to be autonomous, and how to be part of the Friar family, all at the same time. Most all freshmen begin with nerves that could be compared to a magnitude seven earthquake, but as the days turned into weeks, we all became part of a rhythm. Throughout the school year, we all found our individual selves and grew into the responsible people we are today.

My path really came into view as I began volunteering for clubs such as the PB&J Club, and then when the Soup Kitchen Service Program developed, so did my understanding and purpose. I've met so many students from my own school and other schools. More importantly, I've learned to serve people in the community. I've learned to give my time to others and to see what is really important.

I'm so thankful for my time and experiences that Saint Anthony's has enabled me to experience. I look forward to continuing my education and service in college and hope to spread the message of love and faith Saint Anthony's has taught me throughout these past four great years.





MATTEO MENDOZA

Ever since I started looking for high schools throughout 8th grade, I've always known I would feel most comfortable and welcome at Saint Anthony's. With a very large campus and diverse student body I knew this high school will give me the tools to be who I want to be. On the first day of freshman year, as usual, I was very introverted

and felt it would've been harder than I thought to begin making friends. That changed quickly during my first homeroom class, when I made my first friend here at Saint Anthony's. It immediately made me feel ten times more comfortable with the school and new people. I've always noticed that from one friend comes a couple others, and I truly believe Saint Anthony's has shaped me to the very extrovert person I am today.

There's no doubt Saint Anthony's is a large Catholic school, which comes with a couple challenges, as always. From students to faculty, it can be overwhelming at times, usually because of the pressure of feeling like you need to talk to everyone you see. That's how I felt my freshman year, and it's really what I tried to do in most of my classes like chorus for example. Every day I was very excited to come to school, talk to my friends, and even meet new future friends. Mid-freshman year is when I really changed from intro to extrovert, and I began talking to people of all grades. I never felt uncomfortable or unwanted, everyone in the end really made me feel very welcomed no matter what grade they were in. I made friends who were sophomores, juniors, and even seniors who helped me a lot to adapt to such a new school. A lot of times that would get to my head.

Before Saint Anthony's I came from a much smaller school very different from where I am now. Other than my friends and acquaintances, it was a majority of my teachers who really made sure I was on the right path growing up in high school. Now looking back, like for most people, high school in general isn't the easiest at times. I've had my ups and downs, but I've learned that my worst moments are my best lessons in life. Since freshman year I've always auditioned for the Saint Anthony's Theatre Company's shows, yet sophomore year was the year I felt I lost myself as a person, to be frank. It was the one year I didn't partake in any of the shows, and I will forever regret that, yet that made me notice how much the SATC helped my true self be. My instructors Mrs. Gash, Mr. Wilson, and the Cordinas would never give up on me and I always say I don't know where I'd be without them. Altogether, they truly gave me the confidence and determination to make my positive steps ahead in life. I hope to attend either the Fashion Institute of Technology or Pratt Institute.



SEAN MORAN

Saint Anthony's High School has given meaning to my life in so many unbelievable ways that I would probably need to write a book to tell all of them. Since I currently do not have the time to write a book I will get to the most important points of how Saint Anthony's has changed my life.

Waking up in the morning is not a challenge for me because I know I have the privilege of putting on my uniform and going to one of the best Catholic high schools in the country. One of the main reasons why I love going to Saint Anthony's is because of the connection that I have with others in the building. Whether it be teachers, staff, students or custodians, I have created strong relationships with many of these people who have had a major influence on my life. For me, it has always been important to get to know the background of every person to see how I can learn from them and how they might be able to learn from me. There have also been so many great experiences at Saint Anthony's that I would not have received in a public school. Schola (the select chorus) is one organization that I am part of that has had a major impact on my life. Having the opportunity to go to various places, even as far as Italy, was something extraordinary. The best part about these types of trips is building strong relationships with my peers and at the same time exploring new places. Most of the time we have the advantage of viewing behind the scenes because we are part of such an amazing school. Some examples of this included singing the national anthem for various professional football and baseball games in addition to getting our own private tour at West Point to name a few.

The overall faith at Saint Anthony's has also changed my life because I had never experienced anything like it coming from public school. The religious experiences that I had at retreats, Mass and other events have really strengthened my faith. Many of the Brothers at Saint Anthony's have also taught me a lot about faith, good character, and important life lessons.

Having the privilege of participating in the athletic program that Saint Anthony's has to offer has also played an incredible role in my life. The relationships that I have developed with teammates on the varsity tennis team have been wonderful. Being on a team with a great coach has really pushed me to be the best player that I can be. As a team we push each other every practice and every competition to play the best that we can. The determination of our team has led us to win the championships in our conference for the past two seasons.

At first, when I heard the idea of attending a private Catholic school where I would have to wear a uniform every day, I was very skeptical and uninterested in attending. Over the last few years I realized that if I would have stuck with that same mentality and stayed in public school, I would have made the worst decision of my life. I view putting the uniform on in the morning as a symbol of true love for my school, a love that has transformed the way I live my daily life. The opportunities and people at this school are truly one of a kind and I am so grateful that I was able to experience them to my own personal liking. I was also worried about not making new friends at Saint Anthony's but this thought soon left my head. I have met some of my best friends at Saint Anthony's that I will have forever in my life. Saint Anthony's has truly given meaning to my life and has molded me into the mature person I am today. I cannot give enough credit to the school itself and everything in it for guiding me in the right direction.

I plan on attending Villanova, Salve Regina University or Stetson University.





DANIEL MULLAN

Saint Anthony's has prepared me for college by creating an environment that encourages growth and success. What separates my school from other high schools is the relationship between teachers and students.

Not only do teachers care about their students, but students care about their teachers as well. It is not uncommon to see alumni roaming the halls and saying hello to their former teachers during the holiday season. This dynamic teacher/student relationship is key in developing students that want to succeed.

A key component of this relationship is the teachers' willingness to put aside everything to help their students. Many of my teachers offer extra help for whenever their students need it either before or after school. This is very beneficial for the students struggling to follow the coursework, but the teachers don't stop there. For students that are doing well in class, teachers will often find ways to engage them more and deepen their understanding. For example, after taking the accelerated Algebra 2/Trig/Pre-calc class as a sophomore, my teacher saw that I was not getting challenged, so she pointed out difficult problems for me to try in class. At the end of the year, she took it a step further and helped me skip straight to Calc BC, where I would learn much more. My teacher was right, and I learned a lot in that class, even getting a 5 on the AP Exam.

Just like how the teacher/student relationship is critical in the success of the students, Saint Anthony's coaches and athletes have a very similar relationship. Our coaching staff works hard for the entirety of each season and in the off season as well to make sure that our athletes improve. Consequently, our school is nationally ranked in many sports as are some of our individual athletes. In my experience as a cross country and track athlete, our coaches work hard to make sure that our athletes have the ability to reach their full potential. For example, over the summer when everyone is on vacation, my coach keeps me and my teammates up to date with detailed training plans. By listening to my coaches and following their instructions, my teammates and I have developed discipline as varsity athletes and we continue to impress each season.

Just like how academics and athletics are important to some students, many others at Saint Anthony's are heavily involved in the arts department. Our music program is very popular; we have one of the biggest music programs and some of the best overall musicians in the state. One reason for this is that our music teachers split the ensembles into sectionals so that personalized attention can be given. Under the guidance of my orchestra and jazz band conductors, I've been able to participate in state-wide music festivals yearly, leading to my acceptance into the All County Band as a clarinetist. Following this success, I was inspired to practice my instrument more often and even pick up a new one!

As our principal Brother David says, "Faith comes first, and everything else will fall into place". With the infectious nature of the Franciscan brothers, it's no wonder this is true! The Friars have faith in each other and faith in God, which only helps to strengthen our bonds. This unique environment is the secret behind the success of the Friars, making it a standout school. At Saint Anthony's, I have learned discipline, passion, and the meaning of hard work and practice. If not for my experiences with the coaches, teachers, and staff at Saint Anthony's I would be a very different person: someone less prepared, less motivated, and less capable. Thank you Saint Anthony's, for giving me the tools to triumph in college!

I hope to attend the Naval Academy next year, Carnegie Mellon or Penn State.



MICHAEL-ANDRE ODUSAW

To be a Friar is absolutely amazing. I'm happy that I have been attending an outstanding school since my freshman year of high school. I'm happy and satisfied with all the people I have met and became close with. I am more than happy I decided to attend this school.

Before I arrived to attend Saint Anthony's High School, in the 8th grade, I learned a lot about the school and attended the open house and if there is one thing that I learned before coming to the school from many people was that it is important to make friends. Making friends was quite an easy task, but finding the right ones that will be right by your side was the difficult part. Despite it being difficult though, it was also natural. I talked and was friends with a multitude of people my freshman year and now, in my senior year, I am more than satisfied with the very few friends I have. I'm glad I met the people I am close with in this school. They have definitely been an important part of my growth as a person.

Since I have been attending this school, there is one aspect of the school connecting to my life that has really meant a lot to me, and that is the athletics. Since I was a child, I have been playing soccer week after week after week and still going. When I was in 8th grade, I had high hopes to play for the school soccer team in Saint Anthony's High School. When I was a freshman, I made the team and have been playing on the team for the remaining years of high school.

During the years attending this school, my junior year was the most impactful year of my high school experience. During my freshman year and sophomore year, I didn't trust anyone and I believed that no one will be there for me or have my back at a time of need, but that point of view changed junior year. This year, on the soccer team, I realized the amount of love and respect we had for one another. For the first time in my life, I actually felt like I was part of a team. Overall, I guess you can say that I am a quiet kid and in result, I never got invited to a particular event, I never really was included in certain situations or talks, and I missed out on a lot of news. It never bothered me, but it was just something I realized since I was in middle school, but my junior year of being on the high school soccer team really made me feel like I have a second home.

Despite being quiet, I was still invited to a lot of events, my teammates sat by me when they saw me alone, I was involved in many situations and conversations, and I felt loved by all my teammates and coaches. I fell down multiple times that year, but I always had my friends, teammates and a coach named Don Corrao who always, always, always brought me back into the light from the darkness I was in and cared for me like a father. At this point, in my junior year of school soccer, I realized that I never have to go through things alone like I used to. I realized that there are always people out there who care about you. On top of what I learned from being on this team, we also won the 2019 League and State Championships which is an achievement I will never forget.





SEBASTIAN DEMARCO-WEINSTEIN

Struggles. We all have some struggles that we go through every day. Struggles are not impossible to overcome. They just take some time, effort and maybe some help to get through them. Coming from public school where I was practically babied every day to a

Catholic college preparatory high school, I struggled a lot. Within minutes of entering the school as a freshman on my first day I had realized that I was not in public school anymore. I was not used to being told what to do and when to do it. This new reality was a bit of a rude awakening for me. I myself am a bit of a perfectionist so coming from a nonchalant public school I was not aware of the work I had to put in to receive the same grades I was used to receiving. I remember the first words of my first period social studies teacher like it was yesterday. She said "I want you to be the best, but if you don't want to be the best then I can't help you".

The teachers at Saint Anthony's are unlike any other teachers at other schools. They will be there to guide and help you but they will not baby you. In a class of forty kids the teacher does not have time to check up on every single kid to see if they understand the lesson. Instead you will have to speak up if you do not understand something. This was something that I was not used to and especially not comfortable doing. Over time I have learned that in order to get the grades that I want to become successful in life I have to work for them. I can assure you that "in order to get what you want in life you have to work for it", is one of the best life lessons I have learned at Saint Anthony's high school.

Gravity is a very strange concept. Every day that we wake up we are forced to fight the force of gravity. As Christians we believe that the devil lives in hell which is deep down in this Earth. The force of gravity pulls us down towards the middle of the Earth which is supposedly where the devil lives. Every day the devil tries to lead us down the wrong path in life but coming from a Catholic high school it is easy to resist that urge. We can resist that urge through prayer. Saint Anthony's has taught me another valuable lesson in life which is that God is always here for you and through the power of prayer we are able to speak to him. Throughout my years at Saint Anthony's I have become more and more religious. I have learned to pray by going on the Saint Anthony's retreats and just by saying the class prayer before each period. Like I said us humans face struggles every single day. Two big struggles that we face as students are school work and tests. I have had some very overwhelming days but I promise you that the power of prayer has helped me get through those days. Little did I know that Saint Anthony's has taught me another valuable life lesson which is that no matter what God is always here for each and every one of us and we can speak to him through prayer.

At first, attending a new school seemed scary but within minutes of being at school I made lifelong friends. The thing that I didn't realize was I wasn't the only one who didn't know someone. Therefore I had started to make conversation with a couple kids next to me. The good part about a big school is that when you meet new people and become friends with them, you become friends with their friends. Before you know it you have a friend group. Another great thing about Saint Anthony's is the variety of clubs and sports that they have to offer. When you join a club or make a team you slowly start to make a little family with the kids in that club or team. I myself play hockey. So even though I was out of my skin scared for the freshman year, I knew a couple of kids so it made the situation better. After I had made the team, the rest of the players and I started to become more like a family than a team. We had our post game victory ritual of playing "Havana" by Camila Cabello and we would always protect one another out on the ice. So at the end of my freshman year I had made friends with so many people but the great thing about being in such a large school is that you meet new people each and every day of every year.

Another example is how I met another group of people my junior year. Even though I had no idea who this girl was or even if she went to my school until the beginning of junior year, we became really good friends and even ended up going to junior prom together. Little did I know I would meet one of my best friends

my junior year of high school but that's the beauty about Saint Anthony's. But in order to get to know these people I had to step out of my comfort zone and socialize with them. Stepping out of your comfort zone to socialize with strangers is one more life lesson that Saint Anthony's has taught me and I strongly believe that in a world of social media and cell phones that the ability to actually pick up your head and talk to others, puts one at a better chance at succeeding in life.

Now I am in my final year at Saint Anthony's and I'm not going to lie to you. I am a little scared yet also excited for college. While writing this essay, I realized that I am already at a higher advantage at succeeding not only in college but in life. Saint Anthony's has taught me that I need to work for what I want, socialize with others to make friends and most importantly, that no matter what God will always be here for us. One of the best parts about Saint Anthony's is that I will always have my Saint Anthony's family. I will have brothers and sisters to visit whenever, life-long friends that I can talk to for daily advice and to hang out with and a strong relationship with God which has formed over the years at school. Not only has Saint Anthony's changed my life by teaching valuable lessons but it also has given me a second family and a second home that I will always have no matter what.

I hope to attend Adelphi, Fordham or NYU.





ASHLEY BERGER

for college. The school was noticeably different even before I officially walked in the door as a freshman.

As soon as I was accepted to Saint Anthony's, I hit the ground running with summer reading and assignments that were due the first day of school. Freshman class selection was also so different. The head of each department was available to answer questions that I could ask, as well as my parents. There was a strong and consistent theme across the teachers, counselors and advisors: take the most challenging course load you can handle. As a result, I signed up for more honors classes than I ever would have in public school, where I was slated to take regular classes. I was nervous to do so but I ultimately was able to get good grades and move on to AP classes. If I didn't take the honors classes early, then I wouldn't have been able to take the AP classes later on. This was critical for my growth and I didn't know that before Saint Anthony's.

Saint Anthony's provided me with guidance and resources throughout my entire high school experience. In public school, my sisters felt it was optional to take the PSAT early, or the SAT. At Saint Anthony's it seemed like it was part of the curriculum for everyone to take those tests as early as possible and multiple times. My advisors guided my schedule selection with an eye towards the college application process, as opposed to with an eye towards 'next year'. Rather than just trying to get by, my peers at Saint Anthony's were largely 'Type A' go-getters. 'Fitting in' at public school seemed to mean 'not standing out'. 'Fitting in' at Saint Anthony's meant pushing myself to be my best.

Saint Anthony's helped me tremendously during the college application process. Instead of one counsellor, it was more of a team of people who worked to help me find the right colleges to apply to and how best to present myself on the application. For example, my advisor gave me recommendations regarding which major to apply to at each 'reach' school to increase my chances of acceptance. She explained how I could switch majors once enrolled. My dad said that this advice is 'gold'! My family has called Mr. Corrao over the years for advice and assistance in achieving my goal to participate in the Science Research program. Without him, I would have just taken my regular classes and not had that super valuable experience. In addition, I received great advice from my teacher regarding how to write my college essay. She really influenced my approach and how I could gain the reader's attention immediately.

There are so many examples of how Saint Anthony's has helped me prepare for college. Had I not gone to school at Saint Anthony's, then truthfully, I would never have known what I was missing. It's one thing to hear the stories. But I was lucky enough to have lived it, made friends there and loved it. I know that I will owe a great deal of my future successes in life to Saint Anthony's and of course to my parents who made it all possible for me! I am considering: Stony Brook University, Binghamton and Hofstra.



TARA BRADY

never imagine the person that I am today because of how Saint Anthony's helped me to grow.

I qualified to take an Advanced Placement course during my freshman year, and it propelled me to new heights as a result. My qualifications allowed me to be selected to the Science Research Program. Through this program, I was able to work with Stony Brook University hospital in research to further a cardio-oncology database. I worked with doctors who allowed me to shadow them and go on rounds within the hospital. I was like a medical student, with the doctor telling the residents to explain certain things to me. It was such an incredible experience that opened my eyes to the medical world. I would never, in my wildest dreams, have thought that I could do something like that. Mr. Paino, the head of the Research Program, pushed me to email doctors and inquire about openings, and it was because of him that I was able to work with Stony Brook Hospital. It helped me to discover that I love helping people and that the joy that comes even from working behind the scenes is such an incredible thing.

Saint Anthony's changed my life because it was through the teachers and people that I could grow and find the person I am meant to be. I was a little shy as a child, and even though as I grew older I became more outgoing, it wasn't until Saint Anthony's that I was no longer shy. The teachers were so inviting and helpful that I didn't feel awkward asking them to explain something or ask for their advice on studying more effectively. The people and friends I've made have helped me to grow as a person. I also had an invisible wall around me, but the people at Saint Anthony's helped me become vulnerable. Every time I turn a corner, people say "Hi Tara" with a big smile, and even if they don't know me, they still smile and say hello. It is truly a welcoming and loving environment. As you go through your four years at Saint Anthony's, you will get to know almost everyone in your class, and they will get to know you! You will create relationships with your peers that will last beyond your four years here at the school.

Saint Anthony's vast majority of clubs allowed me to join what interested me. In particular, the equity club at Saint Anthony's sparked something in me that changed my life. I never really understood the difference between privileges amongst people, but the equity club opened my eyes. I learned how drastically different people are treated sometimes, and it was through learning about it from a perspective different than my own, that made me realize that I'm incredibly interested in social justice. I started reading the news and various articles from all different perspectives, trying to see how I could make even the tiniest difference. I learned that I could make a difference in life, even if it is just me. Saint Anthony's helped me realize that it only takes one person to change the world. Saint Anthony's has helped me to grow as a person and allowed me to take advantage of the countless opportunities that I wouldn't get anywhere else. It showed me that growth is possible. It's a slow process, but the flexibility to take classes that spark an interest in me or join/create clubs is essential. It is a place where no matter what place someone is at in their life, they will come out a changed person with values and a fire to change the world.

I hope to attend either George Mason University or Trinity College Dublin.

How do you believe  
Saint Anthony's High School has  
prepared you for college?





THOMAS CREIGHTON

Throughout my time here at Saint Anthony's High School, I've always been supported and challenged by the teachers around me who helped prepare me for college both academically and socially. The rigorous AP courses and the willingness and ability of the teachers to help and engage the students has allowed

me to feel prepared and excited for the challenges that college may offer.

In my sophomore year, I enrolled in AP World History as I was concerned to jump to AP classes in my freshman year. I found this class truly engaging and discovered the difficulty of AP and college-level classes. I quickly learned how to manage my time and create a steady and efficient work ethic to adapt to the challenges presented to me. As a junior I enrolled in AP United States History and AP Language and Composition, AP United States History helped me to better understand the important history of this country while becoming a better informational writer. As far as AP Language and Composition was concerned, I was initially worried about the amount of work and the intensity of the course, however, I found the course helped to guide me to become a better writer and better understand what I could expect in college courses.

Contrary to what I initially thought, the course was very manageable due to the assistance of the teacher, Mrs. Tufano. The work itself was a welcome challenge and Mrs. Tufano was extremely supportive of all her students. No matter how lost I was in the course, I was always able to recover and find a better understanding of the subject material with her assistance. This supportiveness wasn't exclusive to Mrs. Tufano, however, she has been the most helpful to me through such a difficult course. Nearly every other teacher has been available to help their students as needed in whichever topic they struggled with and they would find the support needed in those subjects. Many teachers host extra help sessions and are always approachable and willing to do what's best for their students.

Thankfully, these challenging courses and guidance from my teachers have not only taught me academically but also necessary conversational skills that I believe will be very helpful in whatever college I may attend. These together only scratch the surface of the college preparatory environment as beyond these skills, the clubs and culture of Saint Anthony's helped me and many of my peers grow socially. These social, communicative, and academic skills that have been instilled in me are directly correlated to my experience at Saint Anthony's High School.

I am currently considering attending Notre Dame University, College of the Holy Cross, and Fordham University but I am currently undecided about what I would like to study.



JOSEPH EVANS

In the words of my principal Brother David, we must focus on "Faith first, service and volunteer work second, academics third, and, if we follow this correctly, everything else will fall into place".

This saying is what I believe helped shape me into the student I am today, and more importantly, the person I will be in college and for the rest of my life.

Saint Anthony's has given me the tools and resources to become the best version of myself, while also preparing me for the next step in my life, college. Living by these three philosophies: faith, service, and academics, has transformed me into a person who does not fear the new experiences that college will bring, but a person who is excited to take on every day with an outlook that greets these experiences, whether good or bad. I owe it all to the school that I was able to call my second home for four amazing years.

Starting with the first principle, faith is the foundation for all other things that we do at Saint Anthony's. Although I had come from a Catholic grammar school, I did not feel the same connection to my faith back then that I do now, and I am happy to say that it has changed the way I approach each and every day. Even if you are someone who, like me, was not strongly connected to your faith, I implore that You come to Saint Anthony's with an open mind on the aspect. Being true to my faith has prepared me for life, but more specifically college, as my faith is a defining characteristic of who I am. I take pride in my faith and it has made me outgoing and I am glad to say has guided me throughout my years in high school and throughout my college process. It has been so influential on my life that a vast majority of the colleges and universities I am exploring are Catholic institutions. Faith has been a prolific feature in my college search and I know that it will guide me to achieve amazing things in college.

In regards to the aspect of service, I could not imagine a better school to attend than Saint Anthony's. The amount of clubs, ministries, sports, and opportunities that the school offers is immeasurable. Not only are they a great way to make friends at the school, but they are great for preparing you for school. In my experience, I was part of the rowing team for three years and made some of my best friends through that, while it also strengthened my mental toughness and outlook on life. Another way I was involved in service was through a special needs camp that Saint Anthony's volunteers at in Esopus, New York. This week changed my life immensely and I attribute the way I am as a person to this amazing trip. It changed my life so much that I even wrote my college essay on it. Because Saint Anthony's offers so much to do in the service aspect, where we can serve God, our community, our school, and ourselves, they not only help build character and create the person who admission counselors and professors will get to know in college, but is a fun way to make friends and build a college resume that will stand out from others.

Finally, the aspect that people refer to as holding the most weight in the college process: academics. Academics is third, not because it is least important, but because as long as you follow the other two and "capture the heart, the mind will follow". Although Saint Anthony's is mainly known for their great sports teams, the academic opportunities the school offers are like no other. With the various numbers of honors and AP courses, a student can truly challenge him or herself in the classroom. I was even lucky enough to take Honors anatomy and physiology, where I will be starting college with eight credits without even stepping foot onto my campus next fall. Along with the core courses, Saint Anthony's offers courses in the arts that will truly change your outlook on life. In my experience, I was able to travel with the chorus on a pilgrimage to Italy. This was an experience that changed my life and continues to do so. Being able to take classes that challenge me, while also having teachers that would assist you with anything, played a major role in preparing me for college.

I wouldn't trade away my last four years at Saint Anthony's for anything. They truly altered the course of my life in the greatest way possible and have prepared me for every hurdle that comes my way. I do not feel that any other high school could have given me the experiences Saint Anthony's did, and it is for these reasons that I feel so blessed to have attended. I look forward to what will come next, but will always have a special place in my heart for Friar Nation.

I hope to attend Notre Dame University or Villanova.



JOSEPH MAZZUCA

I can wholeheartedly say that Saint Anthony's has changed my life in so many ways- and for the better. Growing up the youngest of 5 children, I saw my siblings before me as they embarked on journeys that I too would experience. Whether it be passing their road test or getting their first jobs, I looked up to them and saw the example that they set forth. One of these journeys was attending high school at Saint Anthony's. Since I was in elementary school, I looked forward to getting my chance to become a Friar, a title that I believe is something to be honored. From my first day as a freshman in 2017, I immediately knew I was in a building that would soon grow to become my second home. As I now begin my college application process, I have no doubt that Saint Anthony's has prepared me for college. The values, lessons, and experiences that I have been fortunate enough to learn over the course of my high school years have shaped me into the person that I strived to be as a freshman three years ago.

Coming from a small, Catholic middle school with a class size of only 40 students, I knew my transition into Saint Anthony's would be extremely different than what I was accustomed to. However, my excitement to begin my high school career made me eager to take on all that high school had to offer. I believe that one of my best decisions I made throughout my time at Saint Anthony's was simply getting involved in every activity that I could. It would be these very activities, clubs, and sports teams that allowed me to mature and become the best possible version of myself. Being on the Saint Anthony's cross country and track team taught me values of hard work, determination and sacrifice. I became extremely close with my teammates, and our special bond is something that I know I will cherish forever. One amazing aspect of Saint Anthony's is that there is a long list of clubs and organizations that anyone could be a part of. Whatever interest you may have, chances are, there is a club for it! One organization that I am a part of is the Student Council. Last year, I was elected to serve as the President on the Executive Board, and this is something that I strongly feel has prepared me for college. As a member of the Student Council, other members and I organize many different events that take place around the school. Graduation, prom, pep rally, and homecoming setups are just a few of the many activities in which we stay after to help enhance the Friar spirit around the school. Whether it be through sports or organizations such as the Student Council, the many extracurricular activities that Saint Anthony's has to offer has certainly aided me as I will soon begin my college career. The standards that I learned working with my peers to problem solve and accomplish great feats allow me to do so as I meet and work with students from all over the country in college.

At Saint Anthony's, Brother David has often said, "God first, faith and service second, academics third." Reflecting back since my first day in freshman year, I have noticed these values embodied within the school community. The chapel is at the center of the school, and its doors are always open for students, faculty and staff to sit down for quiet time with God. This aspect is something that I love in particular about Saint Anthony's. When I start college next fall, I will be surrounded by classmates with different backgrounds and beliefs. I will be tested on my moral values, and will have to make decisions on my own as a responsible adult. However, coming from Saint Anthony's, I know that I must place God first in my life. Once I do that, everything else will all fall into place, and there is nothing that I cannot do without God. Faith and service go hand in hand with the church, in that if I make God my top priority, I too will partake in many different services to help those less fortunate than myself. The emphasis on schoolwork at Saint Anthony's is something that I believe is specific to the work ethic of my classmates. During my time at school, I learned the importance of not only just submitting work on time, but submitting work that you are proud of. I understand how crucial it is to put effort and time into the work that you do, in all aspects of your life – not just in academics. This is just another way that I feel Saint Anthony's has prepared me for college.

The relationships and commitments that I have formed over the years at Saint Anthony's are extremely important to me. They are the reasons I wake up every

morning, excited to come to school. Though I will be sad to be leaving them behind, I am ready to begin a new chapter of my life in college. I feel blessed to have been given the opportunity by my parents to be able to attend Saint Anthony's, and I am grateful to have taken in all that it has to offer. I know that with God at my side, and with all of the values and lessons that I have taken from Saint Anthony's, I am more than prepared to enter college. I am currently hoping and planning to study biochemistry at Providence College, Villanova University or Notre Dame University. I look forward to what my future holds for me, and I encourage all to allow the principles of Saint Anthony's to enter into your hearts and minds.





ANDREW MULLAN

For me, the decision to come to Saint Anthony's for high school was one of the toughest choices of my life. It was also the most rewarding one I could have possibly made. After taking a tour of both Saint Anthony's and Chaminade in the fall of 2016, I had my heart set on becoming a Chaminade Flyer. My parents, however, knew that

Saint Anthony's was a better fit for me and pushed for me to attend high school here. I didn't understand why, but I was told that eventually, I would understand. I reluctantly agreed, and what followed was nothing short of spectacular. At that time, I had no way of knowing the plentiful bounties that Saint Anthony's held and how much of an impact the school would have on me.

On my first day of freshman year, from the moment that I walked into SA, I was met with welcoming smiles and greetings from SALT upperclassmen whose only goal that day was to make sure my transition to Saint Anthony's went as seamlessly as possible. This experience quickly set the tone for the next 4 years, as I soon came to realize that the Franciscan joy and spirit that captivated the school was perfectly aligned with the way that I wanted to live my life. This spirit helped me to realize that high school, college, and even life as a whole aren't necessarily about the achievements or the grades that I get, but rather the relationships I build, the knowledge I gain, and the life lessons learned along the way. In this regard, even more than academically, Saint Anthony's has truly prepared me for future success in college and in life.

I would be remiss to describe how Saint Anthony's prepared me for college without bringing up its academic rigor. Even as early as my freshman year, Saint Anthony's offered me what no other school could: a chance to push myself to my limits and see just what I was truly capable of doing. I was accepted into the Science Scholars program and, in addition to my honors classes, I started off in both AP Bio and AP World I. Though this was certainly a large leap from my relatively easy middle school classes, I thrived under the new challenge and soon realized that even that wasn't enough for me. The subsequent year I took 3 AP courses and exams, and during my junior year, amidst the coronavirus pandemic, I successfully completed 5 AP courses and took 6 exams. These courses, although difficult and stressful at times, have prepared me well for the challenging workload that I will assume as I move on to college.

In addition to its academic opportunities, one of the most invaluable elements of my education at Saint Anthony's was the unwavering support of my teachers. Whether it was wanting to skip forward a year in math to be able to enroll in Calculus 3, taking some courses that didn't fit in my schedule independently, or just being able to take part in some of the newly created courses that were developed during my time at SA, I was never told no. I was met with eagerness and passion by my teachers who supported me in these endeavors, and took almost as much of a stake in my learning and success as I did. The support and encouragement from those teachers truly made all the difference and helped me to maximize the potential that I have always had.

As I get ready to move onto college next year, I look back at my decision to attend Saint Anthony's with no regrets. The friends that I've made, the teachers I've met, the skills I've learned, and of course, the Franciscan spirit, will remain with me wherever I go. I am not only academically prepared for college and whatever life throws at me, but spiritually prepared as well. In closing, I would like to leave you with the Franciscan Peace Prayer, something that has truly resonated with me during my time at Saint Anthony's and will continue to serve as a model for me throughout my collegiate and post-collegiate life:

Lord, make me an instrument of your peace:  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.  
O divine Master, grant that I may not so much seek

to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.  
Amen.

Next year I will be attending the Webb Institute.





PAUL SAMPINO

You could call me a new person. Ever since I joined the Saint Anthony's family in my freshman year, I have grown in almost all areas of my life. The opportunities that Saint Anthony's has provided me with have given me many great experiences and memories that will last forever.

The Cross Country and Track teams have given me the opportunity to be in a position where I want to succeed. While running, my team and I have competed in many league and city championships. During each race, our goal is to always better our times. This has given me a drive to constantly improve no matter what I am doing, whether it be on the track or in the classroom. The feeling of accomplishment when I hit a new Personal Record is one that makes me always want to do my best.

The competitive and challenging sports programs at Saint Anthony's are only a small portion of what the school offers its students. My experience singing with the chorus has afforded me with the unique opportunity to visit numerous cities, cathedrals, and museums in Italy. These beautiful landmarks have caused me to gain a desire for success in my education. I wanted to learn everything about the history of Italy, so in my history class I made sure I studied as hard as I could to learn all the information wholly. This desire for knowledge led to my drive to success in my education. I have become a person who wants to learn every thing he could, not only in history, but in my other classes too. I learned the desire to succeed in everything so I will be able to apply what I have learned in my classes to real-world situations.

Now that I am a Senior, I have a full comprehension of the future implications of my education. The interesting classes and opportunities that Saint Anthony's has supplied me with have given me a new love for learning. I hope to continue that love of learning as a student at Villanova University, Providence College, or Sacred Heart University.



TYLER SCAROLA

During the summer before my freshman year of high school, I had to decide between staying at my public school and attending Saint Anthony's High School. This was not an easy decision at first, as my public school has great academic and sports programs, and I had grown up with all of the students there. It was only after I attended that first

Saint Anthony's Open House when I realized what the school had to offer. I was amazed by the school's athletic facilities: multiple turf fields, the weight room, and the student center track to name a few. I was also captivated by the state of the art science lab rooms, the impressive art department, and the extensive list of clubs and school-run organizations that were open to all students. The short list of reservations that I had at the start was pushed aside because I knew that I could not let the opportunity to experience Saint Anthony's pass me by. Saint Anthony's High School has prepared me for college in numerous ways, but most important to me, is the fact that I've been a part of a variety of extracurricular activities, honors programs, and unique courses.

I'm a firm believer in surrounding yourself with people who have the ability to push you to your limits, to help improve your skills in different facets of life. When I arrived at Saint Anthony's High School, I was eager to immerse myself in a highly competitive environment, with the hope of achieving new academic heights. One aspect of the academic experience at Saint Anthony's that I find the most impressive is that you have the ability to design your very own course list, tailored to your interests and strengths. I was able to take a number of AP level courses freshman and sophomore year, which was something I wouldn't have been able to do at public school. Having taken 11 AP courses in total, I strongly believe that I have a better understanding of what career path I want to follow going into college. In addition, having had experience conducting my own research through Saint Anthony's for four years, making technological innovations and pursuing social science studies, I am confident that I can bring something new to college level research programs, wherever I choose to attend.

It's rather unusual, I've been told, for someone to be equally committed to education, athletics, and the arts, but I find several common threads among them: each involves a level of dedication, a passion for meeting goals, a genuine interest in other people, and an earnest desire to improve oneself. Throughout my time at Saint Anthony's, I have been on a sports team every season: soccer in the fall, track and field in the winter, and tennis in the spring. I am also a member of 4 honors societies and a number of service organizations and clubs. Being on three varsity teams throughout the school year was extremely rewarding, but it also came with its own challenges. It was very difficult to balance my coursework and study time with sports practices and games, especially because I was dedicated to achieving success in both areas. Saint Anthony's academics are put before athletics, but being there for your teammates and working to reach your goals each season is equally important to me. I believe that knowing how to manage my time effectively will save me a significant amount of stress when I make the transition to college. Having worn different hats throughout high school, I am confident that I can apply myself in college to the same effect, and still achieve success in all that I do.

One thing that Saint Anthony's has taught me is that the ability to step up and lead is predicated on one's capacity to sit back and listen, hear the views of others, and put one's ego aside in pursuit of the greater good. Through the benefit of experience and the wisdom shown to me by the kindness and patience of others at the school, I've come to see that every part, big or small, ought to be played to its fullest, and that every person – be it on the sports field or in the classroom – contributes to the overall success of the whole. Learning how to be an effective leader is indispensable if you want to find success in college or in any career path. Whether it's through serving my school community as part of the Saint Anthony's Leadership Team, or serving as a mentor for prospective Saint Anthony's students as part of Friar Faithful, I believe that the school has provided me with the tools necessary to become a better leader. Observing the kindness, generosity, and genuine warmth of my peers and teachers has demonstrated to me the type of person I want to become in college and beyond: one who will strive to go far but will always put my family and my values ahead of myself. I hope to attend University of Michigan – Ann Arbor, Notre Dame or Binghamton University.



ERICA ANNELL

Throughout my four years of high school Saint Anthony's has endowed me with endless opportunities. I was granted the experience to participate in the science scholars program and get involved in independent research. Through this program

I completed AP Biology, AP Chemistry and two years of research. Being enrolled in independent research, and AP Chemistry was my most defining and rewarding moment here at this prestigious school.

The science department is extremely incentivizing in everything they do and creating a Research Program was nonetheless rewarding in several aspects. Each Friday morning, research was administered before school and in that time frame is when we worked diligently to create an impeccable project. The first project we worked on was an 11 page paper for Toshiba on "regrowing limbs, tissue, organs and bones using stem cell technology". This paper took several months to complete and involved conversing with a mentor such as Mr. Paino. However, this project is extremely valuable as through the struggles, distress and dedication our project placed top 10 percent in the nation. Becoming aware of this achievement as a freshman was indescribable as I had finally come to a realization that this prestigious school was where I belonged as this school challenged me to achieve goals that I perceived were unattainable.

Alongside of Research being an extremely defining aspect of my high school experience, the completion of AP Chemistry simultaneously is as defining as research. After completing AP Biology freshman year I knew AP Chemistry was my next challenge. I had completed the summer assignment for AP Chemistry and was fully prepared to take this rigorous course my sophomore year. Letting my doubts get the best of me I dropped this course at the beginning of sophomore year and completed honors chemistry in which I learned the fundamentals of chemistry at an honors level and excelled significantly. After completing this course I decided to give AP Chemistry an additional chance my junior year as I knew in my heart that completing this rigorous course was what was best for me. This class became one of my favorite classes that I have ever taken, it provided me with challenges, success and faith. Each new chapter provided me with stress and tears and often tested out my faith as I never believed I was capable of excelling, however through my peers and Mr. Scott I achieved outstanding grades, regained faith and belief in my capabilities and even found a passion for Chemistry. This course and experience is one of my most defining aspects at Saint Anthony's High School as I truly established who I was and what I had a passion for. Today as a senior I am enrolled in my third year of chemistry , as I am enrolled in Organic Chemistry.

Through Saint Anthony's high school I have experienced endless opportunities and rewards that I am forever grateful for and wish to relive. This reputable school has assisted my developing as a person, a friend, a student and as a believer in God. Through my experiences here and becoming involved in Research and AP Chemistry, these experiences can easily be identified as my most defining moments. I strive to fulfill my passion for science and math by majoring in both mathematics and Chemistry.

I hope to attend either of these two schools – Colgate University or Northeastern.



ANTHONY CAPOGNA

A Forever Family...

For as long as I can remember I was told that my high school memories would last a lifetime. I was told that the people I meet will become family, and that even after I graduated I would be a "Friar Forever". Of course, I was skeptical of this.

I truly didn't understand how a quick four years of school could impact a person that much. But, at each family event, whether it be on my father's or my mother's side, I was reminded that Saint Anthony's will always be a special part of me. I was told that it may not seem like it now, but there will be a moment that you just know that the Friar family is forever.

Now, nearing the end of my time at Saint Anthony's and reflecting on all I have had the opportunity to participate in, I can see why everyone's experiences here have left a lasting impression on them. For me, my defining moment did not take long as it only took 7 months into my freshman year to realize that Saint Anthony's was a family forever.

One thing I was always told once I got to Saint Anthony's is to join as many clubs, sports, and groups as possible. I believe that coming together with a group to achieve a common goal will bring you together no matter what. For me, I figured that playing ice hockey was one of those ways. After a week of tryouts and anxiously waiting to hear the decision the coaches made, I worried that I would not make the team. Before the first day of school, the list was posted. I made the team.

The season was going exactly as planned. I got to meet a bunch of new friends and learned a lot on and off the ice. We had a winning record and were going in to the playoffs as the number two seed. The first game of the playoffs fell on the day of my parents 25th anniversary. Before the game, our head coach, Coach DaLuca, gave us a speech talking about having each other's backs and doing whatever it takes to win for the person next to you. Like we had done the whole season, we knew that now, it would be crucial. It was during the first period when I had a breakaway to tie the game at two-to-two. With a defenseman behind me, he threw his stick and tackled me to the ice. At first I didn't realize what had happened because I did not feel anything, but when I looked at my right leg, I realized that this wasn't a small injury.

The coaches sprinted to me as I laid flat on the ice. They soon discovered the great agony I was experiencing. I was stretchered from the locker room and was rushed to Stony Brook Hospital. In the ambulance with my mom and dad, I didn't know what to think. Earlier in the day I was given the news that I would be a part of the varsity roster for the upcoming baseball season. My parents were also in shock but tried their best to calm me down. When we got to the hospital, I immediately got an x-ray. It was discovered that I had a fractured tibia and fibula which would require emergency surgery. After waiting in this room for almost two hours, someone knocked on the door. It was Coach DaLuca. Coach assured my parents and I that everything would be okay. He waited by my side for two hours and truly did a great job of calming down the situation and making things better for the time being. It was on that day, April 12th, 2018 that I realized Saint Anthony's is a family forever. To this day, the coaches continue to reach out and assert their concern about my past injury.

Saint Anthony's truly gives you the opportunity and inspires you to reach your maximum potential. It has been a blessing to be able to attend Saint Anthony's for four years and I would not trade that time for anything else. I am beyond grateful for all of the Coaches, such as Coach DaLuca, for developing me into the person I am today. Without them, I would not have learned valuable lessons that will last me a lifetime.

I am looking to attend/play baseball at University of Scranton or Catholic University and studying Finance.

*What was your defining moment here at Saint Anthony's High School?*



CHRISTOPHER CARNEGALE

It is difficult to choose just one moment that qualifies as "defining" from such a special place like Saint Anthony's High School. I remember sitting in the cafeteria for the freshman breakfast and feeling the "freshman nerves" pulsating through my body. Then Brother Gary got up to speak. He spoke with such a passion about the school and the Franciscan Brothers. He gave a powerful address, stating that we would be "Classmates for four years, but Friars forever." His message "Capture the heart and the mind will follow", was both eloquent and captivating. It diminished my nerves and made me excited for what was to come.

My freshman year was filled with moments and opportunities that transformed me into the person I am today. During eighth grade at course selection day, the crew coach approached me and asked me if I would be interested in the sport. I figured it was something new, and a great way to make friends, so I signed up for the Learn to Row Camp offered as part of the Friar Summer Sports Camp. I fell in love with the sport immediately and have been part of the Crew team since that point in time. As part of this team, I have been able to compete at many regattas and to travel with an amazing group of teammates. It was a tremendous honor to receive the MVP Novice Award that year. In my junior year, I was selected to compete at The Head of the Charles in Boston. I have learned a lot from being part of this team, and I have since been offered positions with college teams. I have also been a member of the Swimming & Diving team at Saint Anthony's. The sports programs offered by Saint Anthony's have provided me with opportunities to not only challenge my physical abilities, but to learn about teamwork, dedication, and the value of an amazing support network as well.

During my freshman year, I also had incredible musical experiences that will provide lifelong memories. These musical experiences were defining moments for me, as I had never performed in such public arenas before. The first was playing as part of the Rock and Roll Club at Pep Rally. This really took me out of my comfort zone, as I performed with this group in front of the entire school. The second opportunity Saint Anthony's provided was to travel to Italy as part of the orchestra. This trip combined musical extravaganza, new friendships, and made me appreciate my faith at a new level, as we played concerts at beautiful churches and the Vatican. The trip to Italy made me admire the world from a faith and historic perspective that I had previously only heard about in class.

I have been truly blessed to have been given these experiences at Saint Anthony's High School. I am forever grateful to my teachers and the Franciscan Brothers for supporting me both academically and spiritually. The school has taught me to understand the true meaning of life through my faith. It has been a privilege to be part of this school community, and it is with tremendous pride that I call myself a Friar. The support and unconditional love that I have experienced at Saint Anthony's High School have influenced me to study Psychology in college. I hope to attend Siena College, Colgate University, or Iona College next fall.



LOGAN D'AUST

My defining moment at Saint Anthony's High School was when the boys' soccer team won the state championship in my junior year. After a tough season and being given the fourth seed, we faced the number one seed Chaminade in the first game of the playoffs. I will never forget the intense feeling we all shared on the field that day,

no one wanted it to be the end of our season. After 4 months of grit and hard work we were a brotherhood and from then on there was no stopping our team. This game was the turning point for our team when we came out with a victory of 1-0. Not only were we fighting for our first state championship since 2014, our Coach Gene Buonaiuto announced he would be retiring after 35 years as head coach. Winning another state championship was something we all wanted to give Coach. On November 10th, 2019 we faced Archbishop Molloy at St. John's University for the New York State Championship. I cannot put into words the feeling my teammates and I shared that day, but it is something I will never forget for the rest of my life. Lifting Coach Buonaiuto with the Championship trophy in hand was exactly what Coach deserved. Although I have had many great memories throughout my four years as a Friar, winning the state championship game that day is by far my favorite. In the fall I hope to attend Manhattan College, Catholic University or Sacred Heart University.





BROOKE DAVI

It's pretty amazing how certain people in your life can inspire you to do remarkable things. The desire to emulate someone, all while discovering your own path, is an experience that forms powerful bonds between people.

As an active member of the school community at Saint Anthony's, I decided to join the National Honor Society at the end of my sophomore year. While I was in the NHS, I was in awe of the work ethic of the board. They always put their best effort into everything, making every event meaningful and memorable. As I watched them pass the torch from year to year, I knew I wanted to be next in line.

The application process involved three steps. After every step included an elimination. First the written application, then the interview, and finally a speech in front of the entire NHS before the inception of the final vote. This NHS election tradition has been in place for as long as anyone can remember. But on a random Wednesday in March 2020, that all changed.

The pandemic halted everything, including the election process. Every day at home, sitting at my desk in my room and staring at a screen, was a challenge. Almost a month into quarantine, virtual school was the new normal. The world had changed, the future unknown. One day, to my surprise, I received an email from Mr. Washington that the NHS election was still on. I wondered how this would possibly work under our current circumstances. Nevertheless, Covid-19 would not stop me from running.

A few days after my zoom interview, the two presidential finalists were announced, and I was one of them. Feeling nothing but butterflies, I began to draft my speech. I wrote, edited, and revised it dozens of times. I recorded myself over and over again delivering my speech until I thought it was good enough to submit. Then my parents, four siblings and I waited. A few days later, the New Board video was up and ready to be viewed. I sat in front of my computer, anxiously reloading my screen. I pressed play with my family by my side. The names were read off: technology director, publicity director, treasurer, secretary, and then vice president. "Shhhh!" I whispered to my siblings. "This is it." And then, I heard the following: "And the new NHS President is... Brooke Davi!"

My room exploded. My family erupted behind me, yelling, cheering, hugging. I was elated.

Even though the election did not physically take place at school, this was my defining moment because it involved all of my passions in one: education, Saint Anthony's, healthy competition, leadership, community, and family.

My hope is to attend one of these three schools in the fall, Cornell University, University of Michigan or Boston College.



SOFIA LICATA

My defining moment at Saint Anthony's High School was winning New York States for the first time in Saint Anthony's history for both tennis and softball. Since I was a little girl, being an athlete and being part of a team have been important aspects of my life and have provided some of my proudest moments. I started

softball as part of my town's team in third grade, and my family has always played tennis. Saint Anthony's High School has given me the opportunity to continue my athletic journey and take that journey to a new level: making the Varsity A tennis team and JV softball team as a freshman, and as a sophomore making the Varsity teams for both sports.

Playing a sport develops social, physical, and organizational skills, which improves people's abilities to become part of a team and provides a main goal of achievement. For me, playing tennis and softball at Saint Anthony's High School has opened my eyes to amazing opportunities and experiences. I have learned how to deal with different people through the school's diverse community, which will help me later in my life when I attend college and start working. The competition here with sports at Saint Anthony's has pushed me to be the best player I can be. The level of competition always challenges me, as I am never satisfied with my skills, thus pushing me to my greatest potential. Most importantly, playing a sport here at Saint Anthony's is not about winning and losing; it's about having an automatic family. The environment we create here is a home like no other. I have met great teammates along the way who have become my best friends. Even if you're not involved in a sport, there are many different opportunities that Saint Anthony's offers to become part of our Friar family.

With all this being said, I will forever remember the memories, friends, and family I have made here at Saint Anthony's. Winning states was a defining moment for me as it proved that hard work does pay off. My teammates and I continued to work hard while facing adversity, teaching us that anything can be done when you really want something and work hard for it.

These defining athletic moments have been made even more special having had the opportunity to spend my four years here with my twin sister. People imagine twins as half of a whole, which implies we are "not enough" on our own; or, we must be a pair to count. Of course I am an individual; but honestly, there is some truth to this. When starting high school, we thought of ourselves as a pair. Now that our journey here is ending, we have realized that we are two different individuals with unique qualities. Saint Anthony's has taught us how to differentiate ourselves while still being best friends. While many twins go on separate paths to self-identity, I never felt the need to go down a different road than my twin sister. As I get ready for college, the idea of becoming known as Sofia Licata reflects who I am becoming. Saint Anthony's has guided me in ways no other high school could have. I have found myself in clubs, sports, and in academics. Being here has been an amazing part of my life's journey. I take heart knowing that I come from a great school that has given me the tools to create change in the world and do amazing things in life!

I hope to be attending Villanova, Providence or Fairfield University.



STEPHANIE MULLAN

Four short years ago, I was in the same place as many of you. I excitedly opened up my acceptance letter from Saint Anthony's High School, and for the first time ever, I considered leaving my public school. As a very nervous and introverted eighth grader, this decision was hard for me. I was scared to leave a small school where I knew everyone and go to a big school where I knew no one. I had some reservations about the change, but with some convincing from my older sister and parents, I was ready to begin this new chapter of my life.

I always thought that my parents pushed for my siblings and me to go to Saint Anthony's because of the academic opportunities they offered. Unlike at my public school, I would be able to start taking AP classes as a freshman, fulfilling my craving for a challenge. I continued to take the most challenging courses that the school offered and was given the opportunity to learn in state of the art science labs, the brand new Innovation Center, and the Saint Francis Medical Lab. I was able to push myself to much higher levels than I would've anywhere else and received an excellent education in the process.

While my time at Saint Anthony's is coming to a close, I've come to realize that these weren't the reasons that I was sent to this high school; they were just really great bonuses. Saint Anthony's does, in fact, provide one of a kind academic, artistic, and athletic opportunities, but when I think back on my high school years, I'll remember the Friar Family, where we are classmates for four years but Friars Forever. My eternal love for Saint Anthony's comes from the students, teachers, and Brothers that make up the school. Saint Anthony's has so much to offer, but without these incredible people, it wouldn't be the same place.

The community aspect of Saint Anthony's has never been as clear as it's been this past year. While schools were closed for months, I spent countless hours locked up in my room and staring at my computer screen, trying to teach myself six different classes. Treading through my difficult courses at home, alone, was one of the most difficult things I'd ever had to do in my life. I did all of my work but reaped none of the rewards, which left me feeling empty. I found myself constantly looking through old photos from school on my phone, reminiscing about times when the halls were bustling and filled with their usual excitement.

I spent all summer waiting for the day that I would be in the bustling halls again. I was so excited for Senior Orientation day, and when the day finally came and I pulled into the school parking lot, I truly realized why my parents sacrificed so much to send my siblings and me to Saint Anthony's. The moment I saw all of my classmates again made the struggles of the previous months all worth it. Walking past Brother David's smiling face into the building, alongside my best friends, reminded me that I was home again. I was so excited to be back around students and faculty, who truly dedicate their whole lives to making Saint Anthony's the welcoming and familial environment that it is.

There has not been a single day of my senior year that I haven't walked into Saint Anthony's with an ear-to-ear smile on my face. Going to Saint Anthony's was the best decision I ever could have made, and I still thank my parents every day for the opportunity that they gave me. I had the best time as a Friar for the past four years and I'm honored to be able to call myself one for forever. In the fall, I plan to attend either Molloy College, Sacred Heart University, or Scranton University.



DIYA VARMA

Over the past four years of my high school career, Saint Anthony's has truly grown to be a place that will have a special place in my heart forever. Although at first I was hesitant to attend, I am thankful that my parents pushed me to go to school here, because Saint Anthony's has honestly become a second home to me. Every teacher,

figurehead, and student has undoubtedly helped shape me into the person I am today, and I feel like a different person, four years after being a scared eighth grader, feeling uncertain of what I wanted to get out of the next four years. After my journey at Saint Anthony's, I can definitely say that each and every desire of what I wanted to get out of my high school experience has been satisfied and exceeded.

From the first time I entered the bustling halls of SA, a myriad of opportunities were open for me to explore throughout high school. By being a part of numerous clubs and societies, like Friar Faithful and the National Honor Society, I have been lucky enough to meet and engage with a multitude of people who share the same interests as me. Through these opportunities, I have also been able to learn from others who possess dissimilar or contrasting views than I have, which have undoubtedly prepared me for the variety of perspectives that exist in the world and the reality of it beyond a high schooler's perception of the world. All of my experiences have instilled in me values and a belief in something bigger than myself that I would not have encountered elsewhere, which I will be eternally grateful for.

Through all these experiences, my most defining moment that I have had at Saint Anthony's was founding the Saint Anthony's American Red Cross Club. As a ninth grade student, I was nervous of the prospect of leading a group of students, but at Saint Anthony's, the faculty and staff encourage everyone to pursue anything and everything we put our minds to. Saint Anthony's has supported me in every aspect of my high school career, whether educational, extracurricular, and even activities outside of school. With this constant encouragement, I was able to strive for my goals and was able to establish an amazing club. Through this group, I had the pleasure of meeting so many students older and younger than me that all have a passion for using their personal capabilities and strengths to help other individuals in our community and beyond. The variety of communities that exist at the school, as a whole, form the essence of an important aspect of what St. Anthony's truly is, a large, diverse community bonded together by supportive relationships which make up the heart of the school.

Looking back at these past four years, at the experience I have been privileged to have and the relationships I have formed with almost every person I have encountered, I can absolutely say that I could not have asked for a better high school experience. Saint Anthony's has left me with nothing but amazing memories and preparation for college and for the rest of my life, and I will continue to cherish my time at Saint Anthony's after I graduate. Among other schools, I am applying to Northeastern University and the University of Michigan as a Pre-Medical student. Wherever I end up, I know I will carry the lessons Saint Anthony's has taught me.





Saint Anthony's High School is in its 9th year of partnership with UTP High Schools. Each year, hundreds of international students from over 30 countries study at Saint Anthony's and UTP facilitates the program.

When these students come to the US, they are hoping to enjoy the true American experience, attending high school and living with local families. The connections the students make with friends and family are often deep and long lasting. This year, during the COVID-19 pandemic, these bonds were felt more than ever. When our international students returned to their home countries, they received a heartfelt video message of caring and support from their domestic peers. In turn, our international students gathered to ship thousands of medical grade masks to the US to support their school, host families and local hospitals.

Many of UTP's host families often have their own biological children at Saint Anthony's. Students Jack and Catherine Iorio have been hosting since they were freshmen and will be graduating this year alongside their international student, Xiaofeng Cai (Fiona) who has been here since her freshman year. The Iorio family says hosting Fiona has been a really great experience and helped them to learn about another country. Mr. Iorio said, "It feels good to help Fiona and in turn, she is helping us too."

# With a Warm Welcome



The Bowden family has three daughters of their own, all of whom have attended Saint Anthony's. They have hosted several students from Korea, Hong Kong, Mexico, China and Vietnam. Mrs. Bowden recently stated, "The experience of hosting is priceless. It's made the world a little bit smaller – in a good way. It's a real win-win and it's been a gift to take care of these students." Student Anh Nguyen from Vietnam was with the Bowden family and is currently studying overseas until she can return in person to Saint Anthony's and Mrs. Bowden can't wait until she comes 'home'.

If you are interested in learning more about hosting a student, please contact us at [host@utphighschools.com](mailto:host@utphighschools.com), [www.utphighschools.com](http://www.utphighschools.com). Hosting may also offset your tuition for your own student, as financial stipends for hosting may be paid directly to the school for your own child's tuition. Conditions apply. ■



# Chapel Dedication Opportunities

Our Lady Of The Angels Chapel sits at the physical and spiritual heart of our school and serves as a unique place of worship for students, alumni, faculty, families, and friends who call Saint Anthony's home.

Thanks to the continued generosity of our cherished donors, and the talented craftsmen and artisans who brought this dream to fruition.

To make a gift/pledge to name or memorialize any of the Chapel Naming Opportunities, please contact: Mr. Don Corrao, Director of Development at [dcorrao@stanthonyshs.org](mailto:dcorrao@stanthonyshs.org) or call 631.271.2020 ext. 284

CATEGORY	AMOUNT	CATEGORY	AMOUNT
Sanctuary	\$100,000	Hymnals	\$25,000
Altar	\$100,000	Vestments	\$25,000
Blessed Mother Statue	\$50,000	Apse Garden	\$15,000
St. Joseph Statue	\$50,000	Assistants' Chairs (2)	\$2,500 ea.
Mural/Fresco	\$75,000	Credence Table	\$10,000
Stained Glass Window (Front Entrance - Saint Anthony)	\$50,000	Pews (48 available for dedication)	\$5,000 ea.
Tabernacle	\$50,000		
Saint Anthony's Statue	\$50,000	Stations of the Cross (11 available for dedication)	\$5,000 ea.
Sacristy	\$25,000	Chalices (8 available for dedication)	\$2,500 ea.
Organ	\$25,000	Exonarthex Garden Benches (4 available for dedication)	\$5,000 ea.
Bell	\$25,000	Candle Holders for Altar (6)	\$1,500 ea.
Ambo (podium)	\$15,000	Benefactors	\$5,000 ea.
Confessional (2)	\$15,000 ea.	Patrons	\$2,500 ea.
Monstrance	\$25,000	Archangels	\$1,000 ea.
Processional Cross	\$25,000	Angels	\$500 ea.
		Presipio Figurines	\$2,500 ea.



CATEGORY	RESERVED BY	CATEGORY	RESERVED BY
Bell Tower & Cross	Katter Family	Clerestory Window ( <i>continued</i> )	Saint Matthew (Dr. Nancy Bono & Family)
The Master Teacher Statue	Nicholas & Maria Pitch, Jr. and Family		Saint Olaf - In Honor of Arne Meberg (Meberg Family)
Celebrant's Chair	In Memory of Dolores S. Ruggiero		Saint Patrick (Adams Family)
Crucifix	Mr. & Mrs. William J. Christie & Family		Saint Peter In Memory of Dr. Peter Clark (The Clark Family)
Altar Stained Glass Windows	Angel (Pauze Family) Angel (Salerno Family)		Saint Philip (Lagana Family)
Mother Elizabeth Ann Seton Statue	Dedicated to Louis & Clorinda Pelosi		Saint Rita (Lagana Family)
Clerestory Window (36)	Blessed Mother (Alter Family) Blessed Per Giorgio Frassati (Franciscan Brothers) Blessed Solanus Casey (Franciscan Brothers) Fra Angelico - In Loving Memory of Josephine & Thomas DiMauro (DiMauro Family) Mother Cabrini - In Loving Memory of Frieda Barnklau (The Catalina Family) Saint Agnes - In Loving memory of Agnes McCarthy Bach (Bach Family) Saint Anthony (Anastasio Family) Saint Anthony (Gentile Family) Saint Augustine Zhao Rong (Franciscan Brothers) Saint Augustine of Hippo (Franciscan Brothers) Saint Barbara (DeSousa Family) Saint Barbara (Heagerty Family) Saint Bernadette (Pagliughi Family) Saint Bernadine of Siena - In Loving Memory of Henry Herte (Herte Family) Saint Catherine of Siena (Franciscan Brothers) Saint Charles Borromeo (Adams Family) Saint Charles Lwanga (Franciscan Brothers) Saint Donal of Ogilvy, Scotland (Buckley Family) Saint George - In Loving Memory of James Argentine '05 Saint Isaac Jogues (Franciscan Brothers) Saint John Fisher (Dunphy Family) Saint Leo Karasumaru (Franciscan Brothers) Saint Lutgardis (Franciscan Brothers)	Presepio	Saint Sebastian (Pomper Family) Saint Sophia (Lagana Family) Saint Therese of Lisieux In Loving memory of Therese Herte (Herte Family) Saint Thomas More In Loving Memory of John Gabriel (The Gabriel Family) Saint Victor (Losquadro Family) Saint Victoria (Garofalo Family) Saint Vivian (Gentile Family)
		Holy Water Font	In Honor of Richard & Priscilla LoNigro (LoNigro Family)
		Endonarthex Garden	In Memory of Derek Romeo Ansaldi Family
		Exonarthex Garden	In Memory of Lionel & Barbara Nossa
		Thurible & Boat (incense)	Charles D. & Lorraine Keryc
		Pews (2 reserved)	Fathers' Guild 2008
			Ravella Family
		Stations of the Cross (3 reserved)	In Thanksgiving James & Donna DeBois William & Phyllis DeSpagna
		Votive Candle Rack	Anthony & Gina Core Finnerty Family
		Altar Linens \$10,000	Albert, Anthony, Jr. & Rose Core God Bless the entire St. Anthony's Family With Love, from Krawczyk Family
		Saint Vincent DePaul Poorbox	In Thanksgiving to Saint Jude The Gambardella Family Santucci Family
		Gospel Books	In Memory of Mary Brennan Connell Family
		Asperges	Weiss Family
		Sanctuary Lamp	In Memory of Brother Neri Fulton, O.S.F.



CATEGORY	RESERVED BY	CATEGORY	RESERVED BY
<b>Patrons (1 reserved)</b>	Mr. & Mrs. Michael Piscetelli '01	<b>Angels (continued)</b>	Meredith Vanderveldt '09 Joseph A. Vanderveldt III '11
<b>Archangels (23 reserved)</b>	In Memory of Mr. & Mrs. Thomas DiMauro Robert & Tina Mannheimer Kevin & Jill Adler Salvato Family Brother Joshua DiMauro, O.S.F. Dolisi Family Reverend Francis X. Gaeta Samantha & Michele Impellizeri Sister Marilyn Pfriender, O.P. Dottie Ravella In Memory of Rudy Fiorvanti Salvatore Russo '88 In Memory of Brother Shane Burke, O.S.F. In Memory of Brother Donan Conrad, O.S.F. In Memory of Therese Herte Maria Giaccio-Williams Dr. Gail Schure In Memory of Mike Mangino In Memory of Christopher Perri Grecco Family In Memory of Madeline Vicich Migliore Family Lembo Family Dr. & Mrs. Raymond Mascolo Natalia Siegel '07 Mrs. Lucille Penza Mr. & Mrs. Matthew Moschitta '97/ Ms. Nicole Moschitta '02 Daniel Riebling '08 In Memory of Mr. & Mrs. Anthony Reitano In Memory of Mrs. Alice Listefski In Memory of Mr. Robert "Buddy" Listefski In Memory of Ms. Cassandra Iannuzzi In Memory of Mrs. Patricia Reitano In Memory of Mr. Richard Minto In Memory of Dominick Corrao In Memory of Frank & Dorothy DeSano In Memory of Nino & Lila Lombardi In Memory of Salvatore & Josephine Corrao	In Memory of Miss Pauline O'Connor In Memory of James Carey In Memory of John & Phyllis Drago Brother Robert Gabriel, O.S.F. In Memory of Frank O'Connell In Memory of Michael McAlister '01 In Memory of Philip Fabricatore Ryan W. Goett '09 Lisa A. Goett '12 Desmond O'Sullivan '93 In Memory of John & Marie Gabriel In Memory of Matthew Giannuzzi '02 In Honor of Laura Giannuzzi '00 Schillig Family In Memory of Liboria Galante In Memory of Lucia P. Cellini In Memory of Mike Mangino In Memory of Charles J. Lucido Arturo L. Fernandez Rivero '20 In Memory of Lucia P. Cellini Peter C. Tracy '79 - Liam C. Tracy '07 Ryann E. Tracy '19 Carillo Family Frain Family In Honor of Ted & Karen Beal (Piscetelli Family) In Honor of Brother Antonio Montera, OSF (Piscetelli Family) In Memory of Jane Burke (Burke Family) In Memory of Jim Young, Sr. Cipriano Family Marx Family DeNapoli Family Brennan O'Neill '20 Annmarie Fabricatore Saint Anthony's High School Chorus 2019 In Honor of Lisa Calla Mrs. Marie Abercromby In Loving Memory of Michael Savio McQuade/Twist Family	
<b>Angels (50 reserved)</b>	Presepio Statue #387 Herdsman Presepio Archangel		

# This All Souls Day, We Send Them Love and Remembrance



On November 3rd at 10 a.m. in The Our Lady of Angels Chapel, Father Michael Plona, our School Chaplain, celebrated our Annual Alumni All Souls Mass. Families from as far back as the 1970's and as recent as 2019 joined us in prayer to remember their loved ones who have gone before us. Thank you so much to Brother Joshua and Mr. Christopher Farrell who planned out the Covid regulation seating so that we could all be together safely. Thank you also to our Schola for coming to enhance the liturgy with their beautiful voices. We will never forget our Friar Family members and are so happy their families return to Saint Anthony's for some solace. ■



## 1980

Friar Alum **John Sparling '80** made it to the top of Mount Kilimanjaro in September! Way to go, Friar!



## 1986

**David Feather '86** of Feather Law Firm, P.C. has been selected to the 2020 New York Metro Super Lawyers List. The selection process for this honor combines peer nominations, peer review and in-house independent research, and only 5% of attorneys are selected as "Super Lawyers". This was the second consecutive year Mr. Feather has been bestowed this honor. Feather Law Firm, P.C. is a Garden City, New York-based boutique law firm focused exclusively in the areas of employment and labor law, as well as commercial litigation.

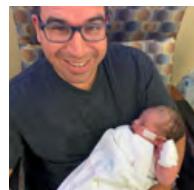
## 1991

**Craig Winters '98** and his brother in law, **Brian Athan '91** are business partners. They are realtors with Keller Williams and they also purchase and renovate homes here on Long Island. (Their latest project just hit the market the other day in Stony Brook!) Their other partner, Frank Sparacino, happens to also be married to a Friar Alum.... **Jessica Berrios '99**. They have been in business together since 2016. Together, Brian, Frank and Craig are Team Esquire at Keller Williams Points North (find them on Facebook under that name). The three joined Keller Williams as a team last December. Prior to that they were Esquire Realty, which was owned by Frank.



## 1995

Welcome to the Friar Family, Nellie Elizabeth Roaldsen! Parents Friar Alum **Ronald '95** and his wife Brittany are in love!



## 1999

Introducing Brady James Gillies destroying family weight records at 10 lbs, 10 oz and 22 inches. Friar **Ryan '99** and his wife Kirstyn, son Duncan(3), welcomed him to this world on Wednesday, August 19, 2020 at 8:07am!

## 2000

Congratulations to Friar Alum **Dr. Thomas Vigilante '00** and his wife Christine on the July birth of their beautiful daughter Grace Marie Vigilante. Such a happy Dad!

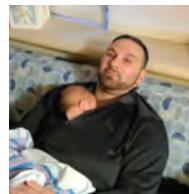
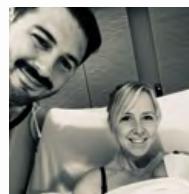
# Alumni News

## 2006

Great news to report! Henry James Hogan was born on October 5th 2020. He is a true Friar baby. **Brian Hogan '06** and **Jen Hensch '06** met at Saint Anthony's in 2002. They began dating in 2006 and later married in 2015. Baby Henry would not be here without Saint Anthony's and The Hogans are forever grateful!



Cian Lukins Fraccalvieri, son of **Ashley Rowell '06** and her husband Michael, made a bit of an early debut on November 17, 2020 at 8:54 pm, weighing in at 6 lbs, 14 oz and 19" long. Little man is doing great and Rory is adjusting to his new role as big brother. Mom is looking forward to all the shenanigans these two are going to pull.



Congratulations to **Anthony Alvino '06** and his wife Katie on the arrival of Anthony William into this world! Born on November 17th at 7:29 pm, 8 lbs, 8 oz and 19.5 inches. Mom and Dad agree he is absolutely perfect!

## 2008

Congratulations to **Mike Cornelius '08** and his wife Jillian on the birth of their son Rocco Robert September, 28, 2020 at Huntington Hospital.



Congratulations to the new Mr. and Mrs. Tessar! We are so happy for **Greg '09** and his bride, Emily who were married in September! We wish you years of happiness!

## 2011

Gianne Falvo '11 recently became a Real Estate Broker with Lucky to Live Here Realty in Cold Spring Harbor.



LUCKY  
TO LIVE HERE  
REALTY

Way to go, Friar! 2020 Jackhammer Promotions "Best Up & Comer Fighter" Award was given to Friar Alum **Kelly Boyle '11** on Thursday October 29th at the Hall of Fame/ Awards Dinner



## 2002

Congrats to **Dr. Jason-Flor Sisante '02** who is now a Solar System Ambassador for NASA. This guy is awesome! <https://solarsystem.nasa.gov/ambassadors/1784/>



## 2003

Friar Alum **Margaret Brown '03** says "Howdy from Texas! In her position with the Coast Guard, **Brian Brown '02** and she frequently cross paths. He's a highly respected towing vessel captain and a great friend from the Friar Track Team. On July 25th, Hurricane Hanna made landfall south of Corpus Christi, moving sand and mud that reduced the depth of the Intracoastal Waterway. Brian's vessel and many others were stuck in Brownsville as the navigability of the major South Texas commercial waterway was unknown. They were faced with a dilemma as emergency dredging was days away, and there was an economic need to keep vessels and products moving. They needed a captain to attempt to navigate the area—enter Capt. Brian Brown—a source for expert maritime advice. Brian bravely charted a path through the Intracoastal Waterway, providing feedback to the Coast Guard, Army Corps of Engineers, and maritime community. He kept the economy running when they so needed it. Since the two are both Browns from New York, a few people have asked if Brian is Margaret's brother—nope—but he is a fellow Friar! Thank you Brian!

Welcome to the newest Espinosa! Congrats to two wonderful Friar parents—**Lauren (Capizzi) '03** and **Phil Espinosa '03**!



## 2005

Welcome to the world Miss Scarlett Anne Scappaticci, the newborn daughter of Friars **Frank and Katie (Pace)** from The Class of 2005. A true Friar!

## 2013

**Annie Levinson '13 and Phil Sweeney '13** have been dating since Junior year at SAHS. They are currently living in Upper West Side Manhattan. Annie is working at New York Presbyterian Children's Hospital as a Child Life Specialist, and Phil is working at an AI startup called Vic.ai. Much happiness to this Friar couple.



Friars making us proud: Here is **Vince Lamonte '13** who was promoted to 1st Lt Vince LaMonte of The United States Marine Corps making us all proud. Thank you for your service, Vince!



## 2014

**Jessica Sabourin '14** was recently promoted to Senior Associate of Integrated Marketing at Bed Bath & Beyond.

## 2016

Very proud of Friar **Evan Landau '16** who was promoted to 2nd Lt. Evan Landau of the United States Marine Corps. Your Friar Family is very proud and we thank you for your service!



## 2017-2019

Brother James, Brother Gary and Brother Vincent helped welcome three of our Alumni into the Catholic faith. Pictured: **Reuben Phillip '19, Ruoyan Moses Miao '18** and guest **Congzho Matthias Wu '18**. God bless Reuben, Moses and Matthias!

Congratulations to two of our Alumni who received honors at Colgate, November 20, 2020. Students who receive a term grade point average of 3.6 or higher while completing at least three courses for a conventional letter grade during the spring 2020 semester earn the Dean's Award with Distinction:  
**Beth Caruana '17** majoring in Economics  
Colgate University, Class of 2021  
**Emanuele DiRubba '19** majoring in Political Science, Colgate University, Class of 2023



## 2020

Friar **Kevin Ciccarello '04** and his wife Melissa are thrilled to announce the October 9th arrival of their son Austin Vincent Ciccarello! Welcome to the Friar Family, Austin!

Welcome to Mary Margaret Garbarino, the daughter of **Friar Kristen (Rowsell) '01** and her husband Chris Garbarino. She arrived late last night 21 inches long, weighing 7 lbs, 6 oz. Big Sister Annie, Big Bro Evan and new Big Sister Shea can't wait to meet Mary Margaret! Congratulations!



# Environmentally Speaking

Dr. Dan Sulmasy '74

Recently, Dr. Dan Sulmasy '74 agreed to speak with us about a little known club on the San Remo campus. In the early 1970's, a young group of Friars were very concerned about the environment and, in particular, the state of the Nissequogue River which ran throughout San Remo and into the Long Island Sound. Keith Duncan from the Class of 1973 founded the Nissequogue Environmental Committee. The group was a small one of 8-10 Friars, headed by Dr. Di Martino and Mr. Ed Vilbig. The committee did a study to see if the Nissequogue could sustain itself – its fish, wildlife and marshland – in light of existing pollution.

Along with Keith Duncan (who later attended the University of Maine and studied Marine Biology), Jay Jarvis (who went on to receive his Master's in Forensic Chemistry from the University of Pittsburgh) Scott McNamara (who studied Marine Biology at Cornell) and Dan Sulmasy were the core members of the Nissequogue Environmental Committee.

Dr. Sulmasy, who went on to receive an MD from Cornell and a PhD from Georgetown, currently serves as the Senior Research Scholar for the Kennedy Institute of Ethics. Dr. Sulmasy has also published six books and he also serves as editor-in-chief of the journal Theoretical Medicine and Bioethics. Despite his very busy schedule, Dan was willing to talk to me about this wonderful experience that fueled his, and many others' love of Science.

According to Dan, the Nissequogue Environmental Commission was truly a "child of Earth Day." He went on to explain, "In the '70s, Catholic schools were not typically thought of to be a place to get an excellent science education, but Saint Anthony's was at the forefront of it all." He and his classmates were "environmental activists and we didn't even know it."

The focus of the NEC was to study the river, find the sources of pollution and look at the encroachment of European reed overtaking cattails. They also studied the environmental impact of widening the very narrow Landing Avenue Bridge on marsh life. They determined the chloroform bacteria counts and classified plant and animal life in the river for further research. The group gained recognition and respect from the Town's Conservation and Environmental Council. They published various papers and the Nissequogue Garden Club hosted



a slideshow of the great work these teenagers were doing. Some of the attendees made donations so the NEC could continue their work.

Unfortunately, when the NEC determined that a local restaurant was responsible for a significant amount of the pollution because they placed a cesspool in a marsh directly pouring sewage into the river, the group got much pushback from community businesses. Brother Bruce, the Principal at the time, ultimately asked the NEC to stop their studies. Reluctantly, they did so but each

of the young Friars in the NEC went on to further study different aspects of science.

Today, Saint Anthony's continues to be at the forefront of STEM education. Our students have consistently placed in national competitions for their research projects. The Innovation Center and Saint Francis Medical Lab are just the beginning of our quest to keep the Friars on the cutting edge! The Nissequogue Environmental Committee was the beginning of a decades long excellence in Science education and research. ■



# Lessons Learned

Dr. Brian Doelger '98

**W**hile Dr. Brian Doelger was at Saint Anthony's as a student from 1994-1998, he was a decent student but he was known for his infectious laugh, his harmless pranks and his prowess on the basketball court. Brian was the Captain of the 1997-98 Varsity Basketball Team where he demonstrated incredible leadership skills which he continues to develop throughout his life.

Although Brian made lifelong friendships on the team, his fondest memories were of his time in chorus. Brian reflected, "The most impactful group I was involved with was the chorus led by Brother Joshua. I vividly remember attending night practices as a freshman and singing in the concerts through my senior year. They were times of great camaraderie with our fellow students, the faculty, and also with many of the brothers."

Brian truly enjoyed the academic programs at Saint Anthony's and enthusiastically stated that all of his teachers were excellent. Two of his teachers, however, would have a most profound influence on Brian's future – Brother Shane Burke and Brother Joshua DiMauro. Brian stated, "Brother Shane was the first teacher that I ever had at Saint Anthony's. I had him in the first period of my freshman year for Sequential II Math. I was struck by his dynamic teaching style. He was one of the most brilliant men and also so funny. I really remember looking forward to going to his class every day to learn and also to see what fun thing would happen next. He had a wonderful ability to make every student in his class feel like they were tremendously important." Brother Joshua, who Brian considers one of his closest friends today, "...started out as someone all Freshman were very afraid of, including myself. Even though I was afraid at first, I still really enjoyed going to class. As the years progress, and as many Saint Anthony's students find out, Brother Joshua becomes more and more friendly as you learn the Saint Anthony's rules and go on in your years at Saint Anthony's. I look back at the time in chorus with great fondness. I can recite almost every prayer and song in Latin because of my time in the chorus. I also can still sing almost every song that we ever sang in chorus."

One of the things that most impressed Brian about Brother Shane and Brother Joshua was their administrative skills leading to Brian deciding to go into education and ultimately administration. "They both taught me that to be a good administrator, you had to be a great teacher. Essentially, in my view, the Franciscan administrators are sort of the lead teachers of the school. I have tried to emulate my own teaching and administrative careers in the style of both of these amazing men. Beyond my own parents, I do not have bigger influences on my life."

Brian received a BA in History and Secondary Ed at Dowling, then received a Master's in Secondary Ed. He has his administration license from Stony Brook and his doctorate in educational leadership from Dowling. Brian has served as Patchogue Medford School District's Middle School Assistant Principal Interim Middle School Principal, Middle Country School District's Elementary Principal/Riverhead School District's Executive Director of Personnel and is currently Shelter Island School District's Superintendent. He has also served as an Adjunct Professor at Stony Brook University.

As Superintendent at Shelter Island, Dr. Doelger is much respected and loved by those he serves. His philosophy is simple: "Even as superintendent, I really am able to know everyone from the students to the staff personally. We try to run the district as sort of the heart of the island. Yes, we are an educational institution, but we try to really be more than that – we try to be the center of the community and help our community members far beyond our educational objectives."

Dr. Doelger feels much of his success can be traced back to what he learned at Saint Anthony's. For Brian, those lessons included: the importance of God in his life, the importance of hard work yielding rewards, the importance of doing good for others, how culture can really define an institution and how a school can really be a place that is transformative for people. Each of these lessons are with him as he serves as a leader in education.

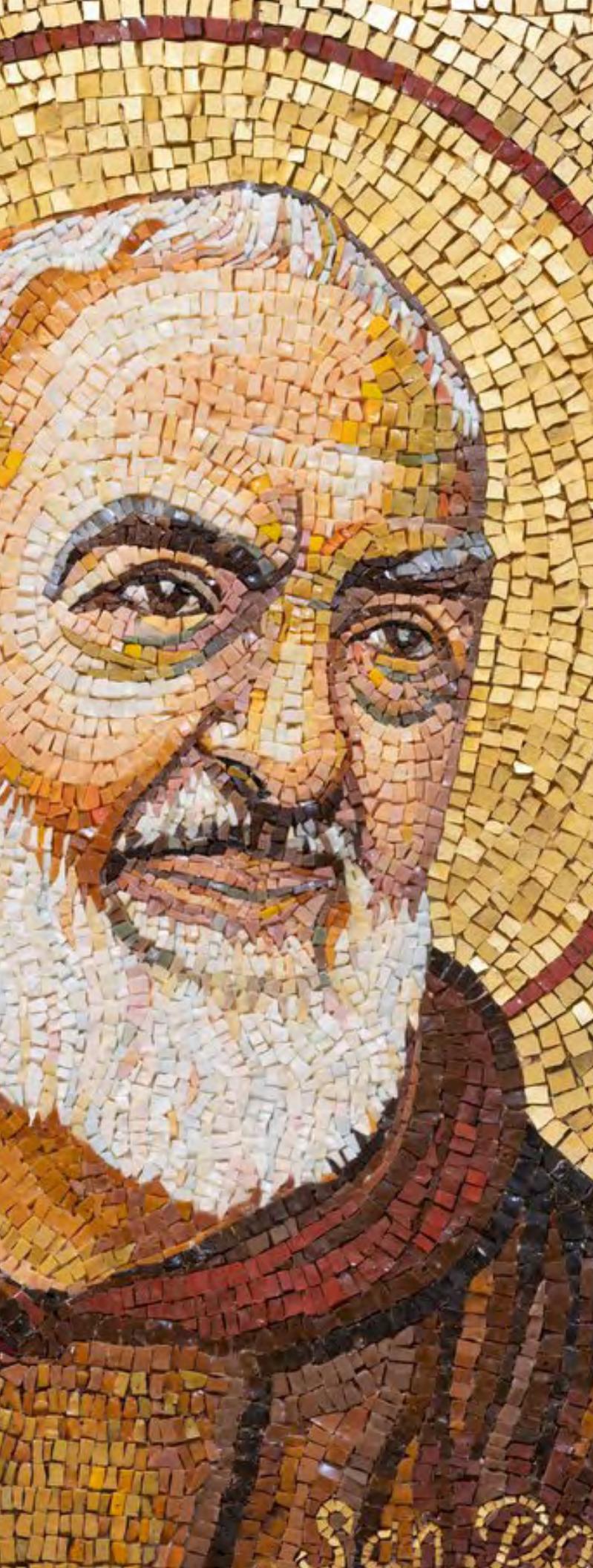
Although very accomplished, Brian views his family and friends as his greatest treasures.



His friendships with fellow Friars Rich Carosella, Geoff Donaldson, Dennis Terry, Brian Schiele, Ralph DiDomenico, Eric Margiore, Anthony Clemenza, Devin Tomlinson, Chris Farrell and so many others bring him great happiness. Most importantly, Brian feels blessed to have his wife Meghan, a Neuro ICU clinical specialist at Stony Brook University Hospital who will graduate as a Doctor of Nurse Practitioner from George Washington University in May, by his side.

The Saint Anthony's community is so proud to call Dr. Brian Doelger one of our own! ■





# SAINT ANTHONY'S TUITION ASSISTANCE PROGRAM PADRE PIO FUND

Pope Francis recently said, "Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is... Life is good when you are happy; but much better when others are happy because of you."

For Saint Anthony's, and specifically for many students and their families, the effects of this pandemic are far reaching and have placed an unexpected financial burden on them. Accordingly, the Padre Pio Fund was expanded to assist students and their families who are in need of tuition assistance.

If you are in a position to help, please consider becoming a Guardian Angel by making your gift of:

**\$25 – \$100+**  
**\$250 – \$1000+**  
**\$2,500 – \$5,000**

You can make your gift online by visiting [www.saintanthonyshs.org/make-a-gift/](http://www.saintanthonyshs.org/make-a-gift/) or should you have any questions or would like to discuss making your donation to the Padre Pio Fund, please contact Mr. Don Corrao, Director of Development at [dcorrao@santhonyshs.org](mailto:dcorrao@santhonyshs.org) or call him at 631-271-2020 extension 284. If you would like to make your gift by check, please mail it to: Saint Anthony's High School | Development Office | 275 Wolf Hill Road | South Huntington, NY 11747.

*"During these challenging times, I am praying every day for our Saint Anthony's family – students, alumni, parents, grandparents, friends, trustees, faculty and staff, that they are able to renew their bonds of love, care, and friendship and, in doing so, be called upon to demonstrate their concern for each other and their families."*

– Brother David Anthony Migliorino, OSF Principal

JOIN US FOR OUR LARGEST EVENT  
OF THE YEAR!

# BLACK & GOLD GALA

SATURDAY, OCTOBER 16, 2021 | 6PM  
CREST HOLLOW COUNTRY CLUB

COCKTAIL HOUR | PREMIUM OPEN BAR | 3-COURSE DINNER  
LIVE ENTERTAINMENT | SILENT AUCTION



# Friar Thru & Thru

Mary Kellaigh Malangone '99

Mary Kellaigh Malangone was the first of her family to come to Saint Anthony's High School. Because of her love for the school her siblings – Abbey '00, Paul '01, Caitlin '03, Terence '05 and Conor '07 – followed right behind her.

As a student here, Mary was very involved with nearly every aspect of the school. She was involved with NHS, Campus Ministry, Legion of Mary, Tau, and she was an incredible lacrosse player for all four years. However, her freshman year was a little shaky. Mary Kellaigh had lost her dad in January and was a little nervous about being in such a large school.

Like so many Friars before her and after her, Mary found her place at Saint Anthony's. The sense of community and concern was obvious to her from the first day she came into school. Mary Kellaigh credits much of her successes to the wonderful teachers she had. Mary said "I had many great teachers and of course my English teachers were women I especially respected and admired - Mrs. Ryan, Mrs. Buser, Ms. Fabricatore, and Mrs. Clement. I currently teach in Room 217, so Fabs is with me every day! I also owe so much to Brother Vincent and Brother Phil. They taught me many valuable lessons about faith, kindness, and the importance of having a sense of humor."

Mary also learned some amazing life lessons as a student here. "I learned that people are inherently good. Moments that I witnessed during my time here and acts of kindness I learned about many years later have shown me how generous and caring others can be and how I need to follow those examples. It also has solidified how important it is to always have faith."

Her memories of Saint Anthony's revolved around, "...any aspect that allowed for camaraderie – whether through participating or watching sporting events or contributing to service projects, I enjoyed the time spent with people I cared about. I also loved that I got to be at school with two of my siblings and two of my cousins as well as the wonderful friendships formed with classmates, especially through lacrosse, which are relationships that I still cherish."

When Mary graduated from Saint Anthony's, she went on to The College of the Holy Cross where she was an English major and where she played Lacrosse for four years. Mary Kellaigh felt she had learned discipline and confidence at Saint Anthony's which allowed her to play sports, keep her grades up and never hesitate to approach her professors with questions

In her second semester of her Senior year, Mary made the decision that she wanted to teach. In her mind, she pictured herself teaching 4th graders! She went on to graduate school and got her certification. However, when she put her resumes out there she sent one to Saint Anthony's and she was hired immediately!

Since her arrival, Mary Kellaigh has once again thrown herself into life at Saint Anthony's. Mary said, "I am so thankful for the students I have met through the variety of classes and grade levels I have taught; I primarily teach freshman English and I love them and the curriculum. I also moderate several clubs (C.A.R.E., Friar Faithful, Irish Step Dancing, NASCAR) and have traveled on many February break trips with the Chorus and Band to Italy and Spain. My recent additional role in the Admissions Office has provided new opportunities to serve this school community and meet so many wonderful people."

As far as advice to incoming freshmen, Mary said, "Get involved! Try out for sports, join clubs, participate in class. And always keep your faith and a sense of humor – you'll be able to handle any hardships you face and just as importantly, appreciate all of your blessings." ■



# Star Studded

Faith Gillen '13

**O**n the weekend of November 14th, the Saint Anthony' Theatre Company put on a revival of *Curtain Call for Clifford*, a comedy from the 1950's which was first performed at Saint Anthony's in 2013. Unlike most theatrical pieces, *Curtain Call* did not have any artwork. The directors, Mr. Lew Cordina and Mr. Rob Cordina, turned to then Senior Faith Gillen to create original artwork for the posters, t-shirts and outdoor signage. Faith rose to the occasion as a Senior and has returned to create new artwork for this latest production.

While here, Faith was very involved. She always worked stage crew and as a Senior she and fellow Senior Nick Graci were named co-chiefs. Nick was primarily in charge of lighting and sound while Faith was in charge of construction and set. Faith was also a member of Schola and she was an integral member of the Friar Show Choir. Faith is also known for creating a painting of the entire Chorus complete with each student's actual face as a gift for Brother Joshua. That painting now hangs in the Chorus Room and Brother Joshua cherishes it!

Faith was positively influenced by many of her teachers, however, Mr. Lew Cordina went above and beyond to mentor Faith. She explained, "Mr. Lew Cordina played a huge part in shaping me into who I am. He taught me to fight for things I believe in and to help others do the same whenever I can. He let me know when I was being a teenage fool and he set me straight, without ever being condescending or hurtful. He reminded me not to let other people live rent-free in my mind and that the only opinion of me that matters is my own. He encouraged me to be the leader I am today. I can never thank him enough for that." Mr. Cordina speaks very highly of Faith: "She was a leader, always someone we could rely on. More importantly, as the Crew Chief,



Faith was someone her peers looked up to and were able to take direction from. This made our job much easier!"

After receiving her BA in Psychology at SUNY New Paltz in 2017, Faith considered attending graduate school. After much contemplation, Faith decided that psychology was not her passion nor would it make her happy to pursue a graduate degree. What made Faith happy was music and she opted for a career in the entertainment field. Faith's parents owned, operated and performed in a wedding band /services company. The company provides DJs, photobooths, videographers and a choice of three bands. When Faith's mom was ready to retire, Faith stepped into her role as partner and performer for the company Skyline Orchestra and the band Code Bleu. She found her passion and looks forward to a return to weddings and parties in the near future.

We are thrilled that Faith is maintaining her connection with Saint Anthony's and the theater company. Faith recalls, "Saint Anthony's was a real community. None of my friends had the same feeling for their high schools as I had for mine." When asked for a specific favorite memory Faith replied, "I could think of a thousand memories Saint Anthony's has given me to look back on and smile. What I remember most are the people. Whether it was pep rallies, school plays, field trips or just free-period, you were always surrounded by a strong sense of community. It was like having an extended family for four years between teachers and students alike. I made life-long friends and wouldn't trade my experience there for the world."

We are all grateful that Faith is still pursuing her artistic talents to help her alma mater. Faith Gillen is truly a Friar Forever! ■

# Saint Anthony's High School Future Business Leaders Program

## Collaborations

### WORKING IN SUPPORT OF EDUCATION (W!SE PROGRAM)

Saint Anthony's is the first Catholic High School on Long Island to offer its students this special opportunity.

In September 2020, the Saint Anthony's Future Business Leaders Program in conjunction with the Social Studies Department, began working with the **W!SE** Program to give students the opportunity to obtain a Certificate of Financial Literacy. This one-of-a-kind opportunity will allow students to signal to colleges and employers that our students have the skills to be financially savvy.

After completing the rigorous curriculum that will be added into AP Economics and Honors Economics / Government courses, seniors will have the opportunity to complete a national, standardized Financial Literacy Exam. The goal of this Program is to enhance the education of our students and guide them towards becoming financially capable young adults. It is our goal to expand this opportunity by providing additional courses and opening up course offerings to juniors in the future as we continue pursuing the establishment of the Saint Anthony's Business & Entrepreneurship Center in 2021.

### Did You Know That:

**93%** of high school students are considered financially illiterate?

**83%** of college students graded themselves a "C, D or F" in their money management skills?

### BARRON'S & SAINT ANTHONY'S HIGH SCHOOL

Saint Anthony's was the first high school in New York State to partner with Barron's Financial Literacy Program joining many of our nation's leading colleges and universities in this experiential learning program. Thanks to the continued generosity of Mr. Michael Stern, Managing Principal / Senior Financial Advisor at Wells Fargo for underwriting this unique opportunity for our students for the second straight year.

#### Barron's Vision

- Better prepare the NextGen of business leaders
- Connect business universities, colleges, and high schools
- Promote financial proficiency and education

#### Saint Anthony's Future Business Leaders' Student Benefits

- Barron's digital licenses for select students and faculty
- Distribution of Barron's "Weekly Review" for Saint Anthony's faculty
- Future Business Leaders' students and faculty to visit the Dow Jones Headquarters in NYC

## Connectivity



**FRANK FERRARA**, a member of the 2006 graduating class of Saint Anthony's High School, works for the Maitland Group, a global hedge and private equity fund administrator.

Frank oversees Maitland's North American hedge and private equity fund client relationships, managing teams to ensure operational adherence to agreements and orchestrate strategies to manage client's evolving needs.

Frank holds an M.S. in Taxation and a B.S. in Accounting with a specialization in Global Business from Fordham University's Graduate and Gabelli Schools of Business.



**WALLY BISHOP** served as Managing Director within Deutsche Bank's USA Regional Management Team responsible for several key roles within DB's U.S. operations including, Chief Operating Officer for DB's U.S. Bank, Chairman of the Board for DB Trust Company Delaware, Board of Directors and Branch Manager for DB Cayman Islands Branch and Head of Governance for Capital Management and Stress Testing until his retirement in June 2019.

Bishop currently serves on the Highline Management Inc. Board of Directors and Chairman of the Audit Committee for this alternative asset management company. Bishop is also a Senior Advisor to Thunder Bridge Capital Acquisition II.

Wally and his wife, Lisa, have three children, Walter, Tom and Katie '19, and reside in Westbury, New York.

# Saint Anthony's High School Means Business



## Check out our new online **Business Directory**

featuring Saint Anthony's Alumni and their businesses. If you would like to market your business to Friar Nation – 20,000+ alumni, families and friends – contact Don Corrao or Denise Creighton.

DON CORRAO  
[dcorrao@stanthonyshs.org](mailto:dcorrao@stanthonyshs.org)  
631.271.2020 ext. 284

DENISE CREIGHTON  
[dcreighton@stanthonyshs.org](mailto:dcreighton@stanthonyshs.org)  
631.271.2020 ext. 310



SAINT ANTHONY'S HIGH SCHOOL PRESENTS

# 2021 HALL OF FAME ATHLETIC AWARDS

Tuesday, June 15, 2021 at the Crest Hollow Country Club,  
8325 Jericho Turnpike, Woodbury, New York | 7:00 - 10:30 p.m.

## CLASS OF 2021 INDUCTEES

- Christopher Algieri '02 | Wrestling  
Ken Atkinson '86 | Basketball  
Nicholas Bedward '99 | Swimming  
Elizabeth Brennan '95 | Track  
Alison Brown Teehan '00 | Softball\*  
James Coleman '75 | Soccer  
Conforti Family | Lacrosse  
Tim Dearie '79 | Cross Country/Track Coach  
Kathleen Feeney Auer '89 | Basketball  
Meaghan Fitzpatrick '03 | Lacrosse  
Jennifer Gibbons '89 | Soccer\*  
Thomas Gilmartin '87 | Football  
Thomas Greis '86 | Basketball\*  
Brother Philip Herte, OSF | Moderator  
Kerry Johnson Abernethy '89 | Softball  
Kelly Kempton '89 | Volleyball  
Kirwan Family | Multi-Sport  
Langtry Family | Lacrosse  
Michael Lombardi '00 | Baseball  
Michael Lopez '80 | Baseball\*  
Lucas Magnani '02 | Wrestling\*  
Charles Millioen '01 | Cross Country/Track  
Kerry Moran (Posthumous) | Cross Country/Track Coach  
Paul Moser '00 | Cross Country/Track  
Mark Mullady '75 | Multi-Sport  
John Murphy '76 | Soccer  
Caitlin Napoli '06 | Swimming  
Don Napp '73 | Soccer\*  
O'Sullivan Family | Soccer  
Tom Pfingst '71 | Basketball  
Danielle Ryan Davi '89 | Soccer  
Ken Scuderi '98 | Hockey  
Kevin Smith | Wrestling Coach

## SAVE THE DATE

\*Please contact the Development Office – dcorrao@stanthonyshs.org, 631-271-2020x284

# SA Sports Makes Morning News

December 8, 2020. Our very own Friar Alum and Athletic Director Joe Minucci and Scholar Athlete Chiara Greco were guests on Fox News' very popular morning show, Fox and Friends. Joe Minucci explained to host Brian Kilmeade how Saint Anthony's High School was determined to overcome COVID-19 challenges so that students could remain on the field—a feat not achieved by most Long Island schools. We are very proud of our two extraordinary representatives of SA Sports! ■





#### SPORT

Boys Cross Country  
Girls Cross Country  
Flag Football  
Boys Soccer  
Girls Soccer  
Girls Swimming  
Girls Tennis

#### MVP

Robert Doherty  
Kelly Parker  
Kenyon Miles  
Logan D'Aoust  
Ava Nielsen  
Arabella Pompay  
Nicolina Giannola

# MVP AWARDS

# Bright Futures Ahead



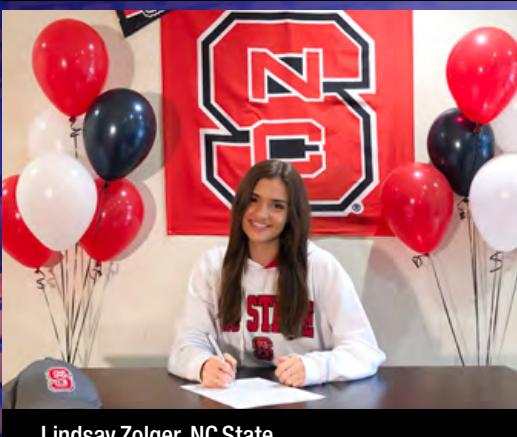
Jalen Seymour, Notre Dame



Joseph Houlihan, Loyola



Josephine Kogler, University of Maryland



Lindsay Zolger, NC State



Julia Ostermann, Merrimack College



Victoria Goldrick, Rutgers University



Erin O'Grady, University of Michigan

Our students continue the Friar tradition of success both on and off the field. Pictured are just a few of those student-athletes as they sign with the college or university they will be attending in September. ■

# 2020 Championship Teams

Congratulations to the following varsity teams on their championships!  
Go Friars! ■



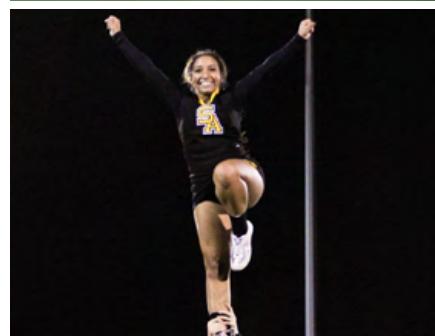
From top: Girls Track - League Champions, Girls Soccer - League Champions.

# Athletic Sponsorship Program

As an Athletic Sponsor, you would be investing in the student athletes of Saint Anthony's High School. Our student athletes continue to achieve great team and individual accolades on and off the field of competition. Saint Anthony's has been selected by Sports Illustrated as one of the nation's Top 50 athletic programs and the #1 athletic program in New York State. Congratulations to all the student athletes and coaches!

Adipietro Family  
Adler Family  
Alter Family  
Altobelli Family  
Amante Family  
Barnett Family  
Belli Construction  
Blizzard Fence  
Brother Xavier Castaldo, OSF  
Buonaiuto Family  
Carillo Family  
Catalina Family  
Cipriano Family  
Cirocco Family  
Corrao Family  
Creighton Family  
Cronin Family  
D'Alonzo Family  
Deer Park Ready Mix Concrete/Ciardullo Family  
Desmond O'Sullivan  
East Northport Physical Therapy  
Efstathiou Family  
Fregara Family  
Garvey Family  
Giannola Family  
Hall Family  
Hatch Brunch  
Heagerty Family  
Hogan Family  
In Loving Memory of Bob Higgins '79

Kirshner Family  
Kneessy Family  
Kohlroser Family  
Licata Family Foundation  
Lyons Family  
Mangino Family  
Mannino's /  
Commack-Oakdale- Smithtown  
Maspeth Federal Savings  
Momentum Advisors  
Nautilus Diner  
Nautilus Enterprises Corp.  
Olsen Family  
Opal Paving & Site Work  
Ottimo Family  
Pepsi  
Pirtle Winery  
Poppy Mangino  
Ray O'Connor Photography  
Raymond Mascolo, DDS/Thomas Mascolo DMD  
Roberts Family  
Rossiter Family  
Ruttura & Sons Construction  
Schretzmayer Family  
Seeberger Family  
Shore Office Systems  
Steamfitters Local 638  
Steve & Teddy Diner Corp.  
State Farm - Simeone  
TomCon Industries, Inc.



# In Memoriam

**Hannah Gilmurray**, mother of Ed '71

**Ann Marie Mangiaracina Decker**'92, mother of Julianna '21 and Sierra '24

**Abraham "Abe" Geevarughese**, husband of Jess Chirayil '04

**David Cherkes**, father of Sydney '15 and Riley '20

**Patricia Doughtery**, mother of Jeanne Doughtery Brancaccio '89 and Tricia Doughtery '92

**Dolores Gordon**, mother of Kelly Gordon Smith '97

**William Schoepfer**, brother of Elisabeth '03

**Karen McCarty**, sister of Gayle Leonard Halter '91

**John Whaley**, husband of longtime secretary Pat and father of Joe '93, John '90, Steve '98, Maryann '88 and Ellen '94

**Loretto DiNardo**, mother of Danielle '99

**Steven Moll** '86

**David Tuttle** '68

**Kathleen Dandrew Buscemi**, mother of Salvatore '93 and Thomas '95

**Rosemarie Zgrombick**, grandmother of Kim '96, Kathryn '00 and Christopher Raab '01

**Ed Fey**, grandfather of Jillian '20 and Kaitlyn '17 Radesca

**Vincent Cervone**, grandfather of Jack Vallario '22

**Nivio Mesa**, grandfather of former Art Chair Christopher Lauto '05, Phillip Lauto '11, Brian '99 and Katelynn Ariss '04

**Anne Mariano**, grandmother of Lauren Heberer '21

**Jerry Meliso**, grandfather of Alexandra '13, Gianna '16 and Samantha

**Christine Entemann**, grandmother John '06 and Kelly Padden '07

**Carol Ann Campanella**, mother of Audra Campanella Hokunson '87

**Mark Charvat**, father of Ryan '20 and Julia '23

*“God alone is my strength”*  
—St. Paul

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ON LONG ISLAND.**



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our school website! 



**SAINT ANTHONY'S  
HIGH SCHOOL**  
—  
**FRANCISCAN BROTHERS**

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